

MEDIA RELEASE

MWS Senior Care Centre – Eunost officially opens, catering to seniors who require day care and community rehabilitation services

Some 60-70% of the Centre's day care places caters to seniors with dementia



The Day Rehabilitation Centre at MWS Senior Care Centre – Eunost provides outpatient rehabilitation services to improve or maximise the functional ability of older adults

Singapore 3 November 2022 – Methodist Welfare Services (MWS) has officially opened a new Senior Care Centre at Eunost, offering day care and community rehabilitation services that support seniors in the community to age in place.

MWS Senior Care Centre – Eunost serves frailer older adults, including those with dementia, with 60-70% of the day care slots catered to those with mild to severe dementia.

Day care clients are engaged in a range of social and recreational activities, such as arts and crafts, adaptive sports and reminiscence therapy in a home-like environment. Such engagement helps to reduce the seniors' risk of cognitive decline and dementia.

Facilities include a therapy room, reminiscence corner and a green living room for seniors to socialise and partake in activities. The trained and caring staff also provide caregivers respite and peace of mind.

The Centre's active rehabilitation services are tailored to individual needs, and aimed at maximising the functional independence of seniors following a serious injury or illness. These services include physiotherapy, occupational therapy and speech therapy.

MWS Senior Care Centre – Eunos adopts a person-centred care approach, where seniors may exercise some choice over their schedules and participation in programmes. This empowers clients to make autonomous decisions, enhancing their sense of dignity and supporting their independence.

The Centre is co-located with Eunos Polyclinic, and the future Eunos Nursing Home, which will be operated by MWS and is slated to be ready in 2024. This trio of facilities aims to be a one-stop destination to meet the holistic healthcare needs of frailer seniors in the community, and delay or prevent the need for admission into restructured healthcare facilities.

Please refer to the Fact Sheet for more information.

ABOUT METHODIST WELFARE SERVICES

Methodist Welfare Services (MWS) is all about empowering people to have life to the full.

The people we serve may experience poverty in different ways – weak social support or fractured relationships, poor health, a sense of hopelessness, or a lack of means. We journey alongside them to uncover their inherent strengths, affirm them and support them holistically towards a better life.

Our island-wide suite of 22 centres and outreach programmes include casework, counselling and therapy; medical and rehabilitative care; home-based, community-based and residential care; a debt clearance and asset building scheme; and other services.

Founded in 1981, MWS is an Institution of a Public Character and a Christian non-profit organisation that serves people across all ethnicities and religions. Today, we serve over 9,000 low-income and distressed families, disadvantaged children, at-risk youth, the chronically ill, frail and destitute, and the socially isolated.

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