

MEDIA RELEASE

MWS Takes Integrated Care One Step Further

New MWS Nursing Home – Eunus is the first facility in the eastern region of Singapore that is co-located with a polyclinic and senior care centre for greater convenience and integration of care



From left: Mr Ronnie Gan, Vice-Chairperson, MWS Board of Governance; Mr Eugene Toh, Chairperson, MWS Board of Governance; Mr Dinesh Vasu Dash, Minister of State for Culture, Community & Youth and Manpower, and Mayor of South East District; Reverend Philip Lim, Bishop of The Methodist Church in Singapore; Mr Calvin Ngo, CEO of MWS at the official opening of MWS Nursing Home – Eunus

Singapore, 19 November 2025 – Methodist Welfare Services (MWS) today officially opened MWS Nursing Home – Eunus, the first facility in Singapore’s eastern region to be co-located with a polyclinic and senior care centre. The 171-bed nursing home, which began operations in March 2025, meets growing demand for residential and healthcare services amid Singapore’s ageing population and increasing dementia cases. Mr Dinesh Vasu Dash, Minister of State for Culture, Community & Youth and Manpower, and Mayor of South East District, officiated the opening ceremony.

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Acknowledging the work of healthcare providers like MWS and MWS Nursing Home – Eunos, Mr Dinesh said, “It is not, in my mind, just a facility... from a national perspective, it enables us to meet the demand of increasing number of seniors that we have in our midst. And how we, as a community, can come together to help the nation, particularly those who might need nursing home spaces.”

He added, “Beyond that, it’s about building trust and having that human touch in making sure that your residents who are here live dignified and happy lives.”



Mr Dinesh Vasu Dash speaking to a resident during a facility tour at the official opening of MWS Nursing Home – Eunos

Seamless, Community-Based Care

MWS Nursing Home – Eunos is co-located with SingHealth Polyclinic (Eunos) and MWS Senior Care Centre – Eunos, laying the foundation for more seamless, coordinated access to primary healthcare, rehabilitation and palliative care. This arrangement enables care teams to collaborate more closely over time, supporting the development of a coordinated care experience for seniors in this eastern region.

Technology-Enabled, Person-Centred Care

MWS Nursing Home – Eunos leverages next-generation care technologies to enhance both safety and efficiency. Assisted showering systems help residents maintain personal hygiene comfortably, while autonomous mobile

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robots manage food and laundry delivery. SMART access and monitoring systems further ensure security and streamlined operations. Together, these innovations allow staff to focus on providing quality, person-centred care.

Community, Home-Like Environment

The six-storey nursing home includes a rehabilitation gym, multi-purpose hall, and communal spaces. Each ward is divided into “family units” with shared living rooms, encouraging social interaction and a home-like atmosphere.

Volunteers, churches, and other community partners run enrichment programmes, including intergenerational activities, music sessions, and pet therapy, fostering strong social connections for residents.

Part of a Regional Care Network

As the Integrated Community Care Provider (ICCP) for Bedok sub-region 3 that comprises Frankel Estate and parts of Eunos, MWS coordinates services with other community partners that support seniors to live well in the community – from day care and rehab to home-based therapy and other eldercare services. MWS Nursing Home – Eunos complements these community services by providing a trusted, familiar pathway for those seniors who need more intensive care, ensuring a continuity of care across a senior’s ageing journey.

This community-based, multi-partner approach reflects the aims of Singapore’s 2023 Action Plan for Successful Ageing, which focuses on enabling seniors to care for their health, contribute through learning and volunteerism, and stay socially connected within their communities.

“Co-location means that the facilities do not have to run on their own. Whenever MWS opens a new centre, we ensure that it is embedded into our range of services, so that there is a continuity of care. As the ICCP for the Bedok sub-region 3, it also means we have a lot more freedom to work with partners beyond MWS, to provide support for seniors, regardless of where they are on their journey,” said Eugene Toh, Chairperson, MWS Board of Governance.

MWS Nursing Home – Eunos represents a new benchmark in community-based eldercare, offering a co-located environment where residential support, healthcare, and rehabilitation can work more closely together to help seniors age well in familiar, supportive surroundings.

RESIDENTS' PROFILES

#1: Mr Yong Kok Fook



Mr Yong Kok Fook during a physiotherapy session at MWS Nursing Home – Eunost

One resident who has greatly benefitted from MWS ENH's proximity to MWS' Senior Care Centre (SCC) is 64-year-old Mr Yong Kok Fook. He was admitted to the nursing home in July after his fourth stroke, which left him partially paralysed. With no caregiver support at home and needing round-the-clock assistance for daily living, he opted for residential care.

At ENH, he is cared for by a multidisciplinary team of doctors, nurses, therapists, social workers, and allied health professionals. The Nursing Home's co-location and integration with the community rehabilitation and day care services at MWS' SCC enabled Mr Yong to receive physiotherapy more frequently and intensively, significantly accelerating his progress. His condition is jointly reviewed by the MWS care teams at SCC and ENH to ensure coordinated, personalised care.

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After two months of consistent rehabilitation, Mr Yong is now able to walk more than 50 metres with standby assistance and use of his walking stick. With continued therapy, along with counselling by the medical social work team, he has a positive chance of returning to community living.

#2: Mdm Yap Eng Hway



Mdm Yap Eng Hway, 86, enjoys quicker baths with the automated showering system at MWS Nursing Home – Eunost, ensuring hygiene, comfort and dignity are part of her daily care experience

Mdm Yap Eng Hway, 86, the first resident admitted to MWS ENH, had been cared for by her three adult children on a rotational basis for several years. As her dementia progressed, longstanding behavioural challenges intensified – such as tantrums during mealtimes, refusing food for days, laying awake through the night, and going without baths for weeks at times.

Balancing caregiving with work and family eventually became overwhelming for her children. Hiring a domestic helper was not an option due to their mother's deep mistrust and hostility towards strangers, while her worsening cognitive and behavioural symptoms made the situation unsustainable.



Since Mdm Yap's admission to MWS ENH, however, her family has observed remarkable change. "She's like a different person now – pleasant, cheerful, and socially engaged," said 64-year-old Mdm Koh Ah Hua, Mdm Yap's daughter. With the care and companionship of staff and fellow residents, Mdm Yap's mood, mental health, and behaviour have improved significantly. Even daily hygiene, once a major struggle, has been restored. With the automated showering system, she now showers willingly every day – a simple shift that has brought her greater comfort, dignity, and emotional well-being.

Please refer to the Fact Sheet for more information.

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ABOUT METHODIST WELFARE SERVICES

Methodist Welfare Services (MWS) is all about empowering people to have life to the full.

Our work is based on the perspective that poverty extends beyond financial hardship to include impoverishment in our well-being. We recognise that while everyone has strengths, some of us may need more support to overcome different forms of poverty which include poor health, fractured relationships, broken dignity, and financial distress.

Our island-wide suite of 24 centres and outreach programmes include casework, counselling and therapy; medical and rehabilitative care; home-based, community-based and residential care; a debt clearance and asset building scheme; and other services.

Founded in 1981, MWS is an Institution of a Public Character and a Christian non-profit organisation that serves people across all ethnicities and religions. In FY2024/25, we served over 22,000 individuals and families, children and youth, and seniors.

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