

Coming Together

ANNUAL
REPORT
2011 / 2012

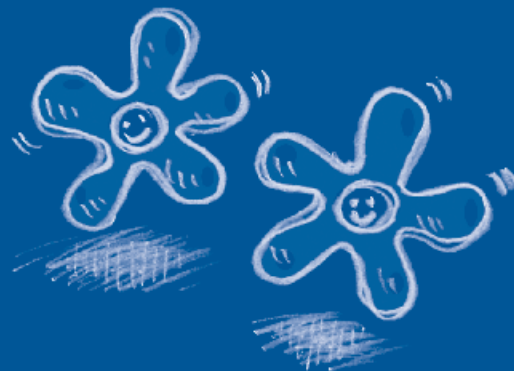


*Brightening up the lives of the
poor & needy*

THAT ALL MAY HAVE LIFE TO THE FULL



Methodist
Welfare
Services



COMING TOGETHER FOR THE POOR AND NEEDY

Every year, Methodist Welfare Services serves more than 5,000 beneficiaries. We provide a myriad of services that serve the diverse needs of the community. There are many people, both MWS staff and volunteers, who work steadfastly in helping the needy. Like the different parts of one body, we come together to render help, each playing a different but essential role.

THE PEOPLE BEHIND THE GOOD WORK

The Methodist Church in Singapore

Currently, eight MWS centres are a result of partnerships between MWS, and Methodist churches and agencies.

MWS centres

Professionals from the 14 MWS centres and outreach services attend to about 5,000 poor and needy every year.

Volunteers

Not shy of getting up close and personal, MWS volunteers tell those in need that they are precious and loved, at times even without words. Some serve on our various Committees, using their giftings to provide oversight and governance for our services.

Donors

MWS donors give generously to support MWS' work with the poor and needy.

Our Vision

To be a leading organisation that exemplifies God's love, enabling the poor and needy to have life to the full.

Our Mission

- Make the needs of the poor and needy known to all as enriched by our Methodist tradition
- Make services available including unexplored, under-served opportunities to the poor and needy
- Make resources available for Methodist churches to do social concerns

Our Values

Trust

Respect worth and dignity of people

Uncompromising Integrity

Service before Self

Teamwork

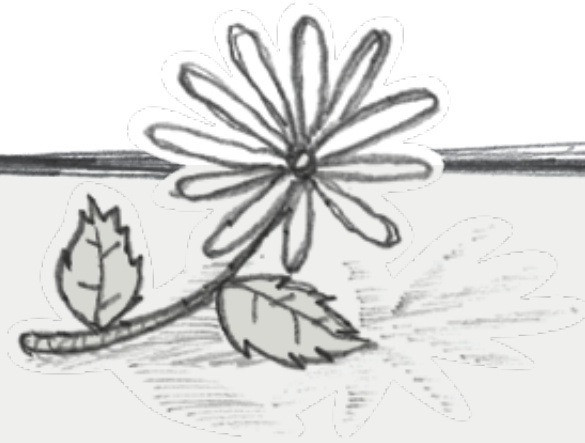
Sound Governance

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Our Patron Shares



As faithful followers of Jesus, John Wesley and the early Methodist communities sought to pursue the way of Christ. They saw their mission as “spreading scriptural holiness throughout the land”. They understood scriptural holiness as referring to both personal holiness as well as social holiness, in line with what Jesus taught and demonstrated.

But what is social holiness? Its root lies in God’s love for His creation. He cares for the poor, the orphans and the widows (Jam. 1:27). When we relate to God with personal piety and devotion, we will discover that we cannot love God without also loving others (1 Jn. 4:20-21). Our vertical devotions lead to horizontal duties. To be socially holy is to discover the justice and compassion of God. We cannot close our eyes to the plight and needs of our neighbours and hope to have a meaningful relationship with God (Ezek. 16:49). We cannot rest in private heavens while there is suffering and need all around us. We can only rest when God brings His peace and well-being (shalom) to the whole world in Christ.

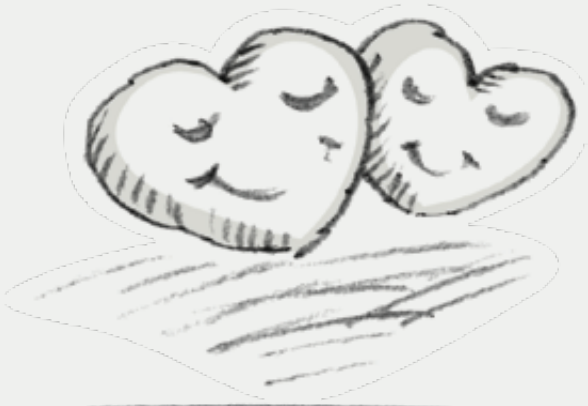
The early Methodists knew this and while seeking to deepen their personal piety sought also to grow in their social holiness. They visited prisoners, started schools for poor children, and established orphanages and clinics. They collected money, food, clothes, and medicine for the poor. They tried to understand the causes of poverty, encouraged hard work, challenged the rich to help the poor and to find

ways to eliminate poverty. They fought against the social injustices and ills of their day. From the beginning, Methodism focused on practical love for the poor and needy.

It is in this spirit that we as Methodists in Singapore seek to live out our faith in practical ways. We follow Christ when we combine deep personal piety with compassionate concern for the needy in our society. Christianity is not practised in a vacuum. We live as Christians in a world full of social ills and human needs. As Methodists, we must seek to do good as individuals, families, local churches, conferences and as a denomination.

At the denominational level, there are things we can do together as one connection that we otherwise cannot. The Methodist Welfare Services is one major channel through which we can practise our social holiness. To grow in this expression of practical love, we need the concern, support and involvement of every Methodist. We must also show our appreciation to all (local churches, staff, volunteers, donors and others) who bring together their faith, time and abilities to do good for the glory of God. May the Lord continue to be found in the midst of all the good that is being done.

Bishop Dr Robert Solomon



身为主耶稣的忠实门徒，卫斯理约翰以及早期的卫理公会会友致力追随基督的道。他们把“传播圣言所谓的圣洁直到全地”作为自己的使命。他们明白圣言所谓的圣洁是指个人的圣洁以及社会的圣洁，这就是主耶稣在世的所言所行。

何谓社会的圣洁呢？它源于神对受造物的爱。上帝看顾贫困者、孤儿及寡妇(雅1: 27)。当我们立志虔诚爱主和事奉祂的时候，我们会发现我们不能只爱上帝而不爱他人(约一 4:20-21)。我们直竖对上帝的虔敬必会引领我们去完成横向对他人的义务。要建立社会的圣洁就要发觉上帝的公义和慈悲。我们不能期望与上帝建立有意义的关系而闭目无视我们邻舍的困境与需要(以 16: 49)。在我们周遭还有许多贫困和痛苦环绕时，岂能独享平安。只有在上帝把在基督里的平安(沙龙)带给全世界的时候，我们才能歇息。

早期的卫理会友明白到这一点，因此他们在追求个人的虔敬时，也同时追求社会圣洁的增长。他们探访监狱里的人、为贫困的孩子开办学校及成立孤儿院和诊所。他们为贫困者收集捐款、粮食、衣物和药物。他们尝试找出贫困的原因；鼓励人们勤奋工作；挑战富有的人去帮助贫困者及设法消除贫困。从起初，卫理宗就专注于对贫苦人实际的爱。

新加坡的卫理会友正是本着这种精神，以实际的途径来活出我们的信仰。当我们把个人对上帝的虔敬与对社会贫困者的关怀结合在一起时，就是跟随基督。在真空中不能活出基督的信仰。我们基督徒活在一个充满社会问题及贫困的世界里。身为卫理会友，无论是在个人、家庭、地方教会、年议会及整个卫理宗派角度，我们都必须积极行善。

在宗派的层面，我们可以结合我们的力量，做很多我们单独不能完成的善事。卫理福利服务是一个让我们可以体现社会圣洁的一个主要管道。我们需要每一位卫理会友的关怀、支持及参与，才能以实际的行动表达这实际的爱。我们也很感激所有奉献忠诚、时间、才华的人士(本区教会、职员、志愿工作者、捐助者及个别人士)，为彰显上帝的荣耀而行善。愿上帝继续在所有善行中与我们同在。

苏诺铭会督



Chairman's Message

主席的话



My first term as Chairman of Methodist Welfare Services (MWS) has been much blessed and fulfilling. The organisation has over the past 12 months, worked hard to fulfill our vision of sharing God's love with the disadvantaged in our community, by helping them to live a better life.

While the economy continues to prosper, the needs of the disadvantaged in Singapore remain pressing, and in some areas, have become more urgent. In particular, the needs of the elderly who are vulnerable and poor have become critical. The increasing income gap in our modern society has exacerbated the plight of lower-income groups who are finding it harder to meet daily living needs.

Recognising these trends, MWS continues to expand and strengthen its range of services. More resources have been added to boost the delivery of our services in the elderly sector. For example, the professional team at Agape Methodist Hospice (Homecare) has been expanded and now includes two doctors, three nurses and a medical social worker.

As the Social Concerns Arm of the Methodist Church in Singapore, we cannot emphasise enough the strong and close collaboration we have with the Methodist community. The unstinting support from our partner churches enables us to strive for excellence in serving the needy.

This past year, we added another collaboration to the MWS fold, a partnership with General Conference – Women's Society for Christian Service (GC- WSCS). Residence @ St. George's, a hostel for girls-at-risk, aged 16 to 21, was launched. This residential facility will be a place where the lives of girls who have started life on the wrong foot, can be touched and restored.

MWS continues to engage our Methodist churches through our Walk-With-The-Poor (WWTP) Programme. Most of our 44 churches are involved in this programme, either through the donation of funds or through volunteers. The WWTP will be the platform upon which MWS serves the lower-income group by developing ways and channels to meet the needs of the chronically-poor.

I would like to thank Mr Chim Howe Lai, Mr Leow Kim Liat, Mrs Lauren Ong, and Mr Lam Wei Choong, who have stepped down from our Board. Each in their own way, has made significant and important contributions to the ministry of MWS. We also owe much to Ms Yip Moh Han for her 19 years of faithful service within our MWS family. Various as Executive Director and as Head of Bethany Methodist Nursing Home, she has been a tremendous blessing to countless people, including colleagues, volunteers, donors, our beneficiaries and their families.

We thank God for His faithful provision, for the people who are serving as well as the people we serve.

I really appreciate the commitment and contributions of all our staff, partners, donors, churches, volunteers and supporters, and of fellow Board and committee members, and members of our Centre Governance Committees. A big "THANK YOU" to all of you. I look forward to working alongside you to fulfill God's purpose for us in the coming years.

God Bless.

David Wong

“As the Social Concerns Arm of the Methodist Church in Singapore, we cannot emphasise enough the strong and close collaboration we have with the Methodist community. The unstinting support from our partner churches enables us to strive for excellence in serving the needy.”

我在卫理福利服务出任主席的第一个年头充满了祝福和满足。在过去的12个月里，卫理福利服务很努力去实践我们的理想，与社区内的弱势社群分享上帝的爱，改善他们的生活。

虽然经济继续欣欣向荣，但新加坡弱势社群的需要依然迫切，而在某些领域，情况显得更为紧急。贫弱年长者的需要尤其危急。对现代社会的收入差距扩大生活拮据的低收入群，更是雪上加霜。

面对这些趋势，卫理福利服务继续扩大及加强其服务范围。我们在乐龄服务方面增添了不少资源，比如爱加倍卫理慈怀的家居护理专业团队扩大为目前的两个医生、三个护士及一个医疗社工。

作为新加坡卫理公会的社会关怀机构，我们特别强调与卫理公会社群的紧密合作。我们的伙伴教会给予我们的慷慨支持让我们在为贫困者服务的事工上能精益求精。

在过去一年里，我们又增添了一项与总议会基督徒妇女服务会卫理的合作项目。新成立的Residence @ St. George's 是一家为16至21岁边缘少女而设的院舍。这个为误入歧途的年轻少女而设立的“家”，目的是希望她们的生命因被触动而能修复。

通过与贫困者同行计划，卫理福利服务继续与卫理公会联系。44家卫理堂大部分都以不同方式参与了这个计划，如捐款或当志愿工作者。贫困者同行计划是一个为低收入群服务的平台，让卫理福利服务可以开发不同的方法和渠道来解决长期贫困者的基本需要。

我想在此感谢从管治委员会退下来的詹孝礼先生、廖锦略先生、王月娘夫人及林慧忠先生。他/她们都各尽所能，为卫理福利服务的职务而作出很多很重要的贡献。我们也特别感激叶慕娴女士，她为卫理福利服务这个大家庭忠诚地服务了19年。她曾经出任伯大尼卫理疗养院的执行主任的院长，为包括同事、志愿工作者、捐助者、我们的受惠者及他们的家庭多人带来很多的祝福。

我们感谢上帝忠诚的给予，包括为他人服侍及接受我们服侍的人。

我十分感谢所有员工、伙伴、捐助者、教会、志愿工作者和支持者、管治会的成员和委员会成员、以及中心管治委员会的成员。在此要说“感激不尽”。我期待在未来的日子继续与你们并肩，完成上帝赋给我们的旨意。

愿上帝祝福你们。

黄昌福

Executive Summary from Group Executive Director

执行主任的执行纲要

“MWS is very grateful for the strong support of the Methodist community, loyal donors, committed volunteers and staff. I am personally thankful for those of you who believe in our work and who constantly encouraged us. In partnership with you, we look forward to another exciting year ahead.”

This has been another exciting year for MWS. With our determined focus to make services, including unexplored, under-served opportunities, available to the poor and needy, several new outreach services were launched.

FamilyWorks Community Services, a partnership with Changi Methodist Church, was set up in August 2011, to enrich the lives of families in Punggol through education, social programmes and intervention. It partners schools, grassroots organisations and the Community Development Council to reach out to families. As Punggol is a relatively new housing estate, we are glad to be one of the few agencies that have started work in meeting the needs of the community in that region.

Through consultation with the Ministry of Community Development, Youth and Sports, Residence @ St. George's (RSG), a girls' hostel for youth between 16 and 21 years of age, was set up in early 2012. The first of its kind in Singapore, the hostel caters to girls who are mandated by the courts after committing some misdemeanours, or they could be troubled teens in need of rehabilitation, referred by Voluntary Welfare Organisations. The General Conference-Women's Society of Christian Service (GC-WSCS) is our key partner in this service. The contributions from women, be it in the area of mentoring, skill training or fundraising, will certainly make a strong impact in our work with young girls.

In 2010, The MCS125 Community Outreach Project, administered by MWS for the Methodist Church in Singapore (MCS) served 1,025 families with financial aid and befriending support. While the Project has concluded, MWS set up a follow-up programme, Walk With The Poor (WWTP), which aims to provide more holistic assistance to chronically-poor families. The Programme is also cognizant

of the multiple causes of poverty and the need for varied interventions to bring about sustainable outcomes. After a series of assessment, 486 families were eligible for the WWTP Programme and matched with befrienders. A team of social workers has been recruited to oversee this Programme.

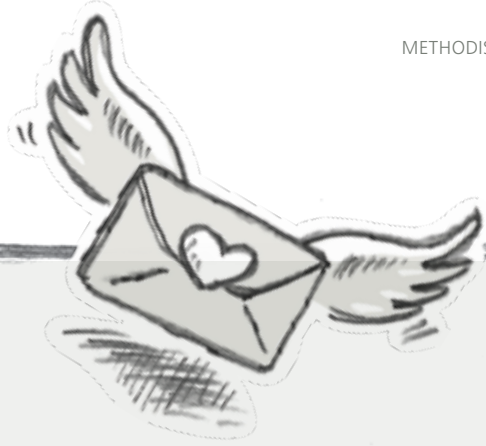
To prepare for the silver tsunami, we examined our current capacities to enlarge our services in the Intermediate and Long Term Care (ILTC) sector. Plans will be rolled out in the coming year. Coming alongside these plans are concrete actions to invest in our manpower through continuing education, training and talent development across all our services.

Our Family Service Centres continue to be on the frontline in meeting needs. In line with the government's emphasis, the salaries of our social workers were also reviewed. Our student care services were injected with new programmes aimed at developing our children in the social, emotional and mental spheres.

MWS also ventured into the world of social media, with a Facebook account. A new web portal was launched to facilitate the sharing of information, and the mobilisation of volunteers and resources. Continued efforts were made to encourage Methodists in their good work of serving the poor and needy and together with the Chinese Annual Conference, a Social Concerns Day was organised in the West district.

MWS is very grateful for the strong support of the Methodist community, loyal donors, committed volunteers and staff. I am personally thankful for those of you who believe in our work and who constantly encouraged us. In partnership with you, we look forward to another exciting year ahead.

Jenny Bong



对卫理福利服务而言，我们又度过了另一个精彩的年头。我们决心把焦点放在服务上，为贫困者的需要而还没有覆盖的层面及服务不足的领域，推出了多个新的外展服务。

与樟宜堂合作的家庭工程社区服务于2011年8月成立，它的目的是通过教育、社交计划及介入方法，让住在榜鹅21的家庭，生活更丰盛。家庭工程社区服务与学校、基层组织及社区发展理事會配搭，向家庭外展。由于榜鹅21是一个相当新的组屋区，我们乐意成为少数首先在该区服务的机构，为区内的需要提供服务之一。

通过与社区发展、青年及体育部的商议，Residence @ St. George's 于2012年初成立，它是新加坡第一所为年龄介于16至21岁少女而开设的院舍。院舍的女生可能是因为犯了轻罪，在法庭颁布的感化令下强制入住；她们也可能是需要恢复过正常生活、由志愿福利机构转介入住的问题少女。总议会基督徒妇女服务会是这项服务的主要合作伙伴。来自妇女们的贡献，无论是在辅导、技术训练或筹募经费方面，肯定都对我们对少女的事工上，带来强大的正面力量。

在2010年由卫理福利服务为新加坡卫理堂执行的卫理公会125周年社区外展计划，为1025个家庭提供经济援助及亲善员的支持。虽然这个计划已经完结，但卫理福利服务成立了一个延续计划，名为与贫困者同行计划，目的是为长期贫困的家庭提供更全面的援助。这个计划也考虑了导致贫穷的多方面因素，及多方面的介入的需要以带来持久的效果。在经过一连串的评估后，486个家庭合资格获得贫困者同行计划的帮助及获得分派亲善员。我们也招募了一队社会工作者来管理这个计划。

为准备银发海啸的到来，我们评估目前的服务能力，扩大中及长期护理服务。我们在未来一年将会推出多个计划。为配合这些计划的实践，我们将作出具体的行动，在我们所有服务上，通过持续教育、培训及才能发展，投资于人力资源。

我们的家庭服务中心继续为满足社区需要而提供前线服务。为配合政府的主张，我们也检讨了我们社工的薪酬。我们的学生托管服务增添了新的计划，目的是让孩子们在社交、情绪及精神方面得到全面发展。

卫理福利服务也迈入社交媒体，在面书(Facebook)开设了一个户口。我们也推出一个新的网站，以方便分享资讯及动员志愿工作者及资源。我们将会不断努力鼓励卫理公会友多行善工，为贫困者及有需要的人士服务。在与华人年议会合作下，我们在西区举办了一个社会关怀日。

卫理福利服务十分感激卫理公会会友、忠诚捐助者、永不言弃的志愿工作者及员工的大力支持。我个人很感谢那些肯定我们的工作及不断鼓励我们的人士。得到您们的合作与支持，我们渴望来年更令人鼓舞。

黄珍妮

Board of Governance



Back Row (Left to Right): Dr David Foo Chee Guan, Mr Eugene Toh Ming Hong, Rev Dr Daniel Koh, Mrs Jenny Bong, Mr Wendell Wong Hin Pkin, Mrs Fong Loo Fern, Mr Joseph Toh Guan Kiat, Mrs Loh Chay Leng

Front Row (Left to Right): Mr Chan Kum Kit, Mr David Wong, Mr Henry Soh Chee Seng, Mr Robin Cheong Chak Khiong, Mr Gan Kok Beng

Not in Picture: Mrs Tan Ee Leng, Dr Lee Wee Leong, Mr Albert Lim Song Khiang, Mr Aubeck Kam Tse Tsuen, Rev William Sam Kin Leong, Mr Ronnie Gan Seow Khaw, Ms Dorothy Lim, Mr David Alexander Ong Liang Bong

BOARD OF GOVERNANCE (FY2011-2012)

	1 Apr 2011 – 16 Sep 2011	Effective from 17 Sep 2011
CHAIRPERSON	Mr Albert Lim Song Khiang	Mr David Wong Cheong Fook, BBM, PPA, PBM
VICE-CHAIRPERSON	Rev William Sam Kin Leong	Rev Dr Daniel Koh Kah Soon
HONORARY SECRETARY	Mr Joseph Toh Guan Kiat	Mrs Tan Ee Leng
ASST HONORARY SECRETARY	Mrs Fong Loo Fern	Mr Gan Kok Beng
HONORARY TREASURER	Mr Chim Howe Lai	Mr Joseph Toh Guan Kiat
ASST HONORARY TREASURER	Mr Chay Kim Fun	Mrs Fong Loo Fern
BOARD MEMBERS	Mr Chan Kum Kit Mr David Wong Cheong Fook Mr Lam Wei Choong Mr Leow Kim Liat Mrs Loh Chay Leng	Mr Robin Cheong Chak Khiong Dr Lee Wee Leong Dr David Foo Chee Guan Mr Eugene Toh Ming Hong Mrs Loh Chay Leng
CO-OPTED BOARD MEMBERS	Mrs Tan Ee Leng Mr Robin Cheong Chak Khiong Rev Dr Daniel Koh Kah Soon Mrs Laureen Ong Mr Wendell Wong Hin Pkin Mr Aubeck Kam Tse Tsuen	Mr Ronnie Gan Seow Khaw Mr Chan Kum Kit Mr Albert Lim Song Khiang Mr Wendell Wong Hin Pkin Mr Aubeck Kam Tse Tsuen
CO-OPTED BOSC CHAIR, TRAC		Rev William Sam Kin Leong
CAC REPRESENTATIVE		Mr Henry Soh Chee Seng
CO-OPTED VICE-CHAIRPERSON, BOSC OF CAC, MCS	Mr Gan Kok Beng	
CO-OPTED PRESIDENT, GC-WSCS, MCS	Ms Dorothy Lim	Ms Dorothy Lim
CO-OPTED REPRESENTATIVE, BOSC OF ETAC, MCS	Mr Kulandaisamy Premkumar Sagayaraj	
DIRECTOR, FINANCE, ADMINISTRATION & PROGRAMMES (MCS)	Mr David Alexander Ong Liang Bong, JP, PBM	Mr David Alexander Ong Liang Bong, JP, PBM

CONFLICT OF INTEREST

- All Board of Governance (BOG) members and Centre Governance Committee (CGC) members are required to declare any business, commercial or financial interest where such interest might be construed as being in conflict with their official duties in MWS and/or Centre.
- A declaration document is to be completed by all BOG and CGC members upon election/appointment to the Board or CGC.
- The procedures for handling all conflicts of interest are documented in the MWS Policy on Conflict of Interest.
- Conflicts of Interest pertaining to employees are covered in the MWS Human Resource Policy.

DETAILS OF KEY OFFICE HOLDERS (FY 2011 – 2012) EFFECTIVE FROM 17 SEPTEMBER 2011

CHAIRPERSON

Mr David Wong Cheong Fook, BBM, PPA, PBM
Independent Director, OCBC & AREITS
Appointed 17/09/2011 as Chairperson
Appointed 08/09/2007 as Honorary Treasurer

VICE-CHAIRPERSON

Rev Dr Daniel Koh Kah Soon
Full-time lecturer, Trinity Theological College
Appointed 17/09/2011 as Vice-Chairperson

HONORARY SECRETARY

Mrs Tan Ee Leng
Managing Director, Craftmark (Singapore) Pte Ltd
Appointed 17/09/2011 as Honorary Secretary
Appointed 08/09/2007 as Chairperson
Appointed 30/07/2005 as Chairperson
Appointed 28/06/2003 as Vice-Chairperson
Appointed 23/06/2001 as Vice-Chairperson

1 APRIL 2011 – 16 SEPTEMBER 2011

CHAIRPERSON

Mr Albert Lim Song Khiang
General Manager, El-Shaddai Resources Pte Ltd
Appointed 12/09/2009 as Chairperson
Appointed 8/9/2007 as Vice-Chairperson
Appointed 7/30/2005 as Vice-Chairperson
Appointed 28/6/2003 as Hon Secretary
Appointed 23/6/2001 as Asst Hon Secretary

VICE-CHAIRPERSON

Rev William Sam Kin Leong
Pastor, Aldersgate Methodist Church
Appointed 12/9/2009 as Vice-Chairperson

HONORARY SECRETARY

Mr Joseph Toh Guan Kiat
Chief Financial Officer, Bata Shoe (Singapore)
Appointed 12/9/2009 as Honorary Secretary
Appointed 7/30/2005 as Hon Treasurer

PAST CHAIRPERSONS

1980-1981	Mr Richard Tambyah (Protem Committee)
1981-1982	Mr Richard Tambyah
1982-1983	Mr Lee Liat Cheng
1983-1984	Mr Lee Liat Cheng
1984-1985	Mr Richard Tambyah
1985-1986	Mr Richard Tambyah
1986-1987	Mr Khoo Hock Nam
1987-1988	Mr Khoo Hock Nam
1988-1989	Mr Richard Tambyah
1989-1990	Dr Patrick Kee Chin Wah
1990-1991	Dr Patrick Kee Chin Wah

ASST HONORARY SECRETARY

Mr Gan Kok Beng
Regional Manager, Drew Ameroid (S) Pte Ltd
Appointed 17/09/2011 as Asst Honorary Secretary

HONORARY TREASURER

Mr Joseph Toh Guan Kiat
Chief Financial Officer, Bata Shoe (Singapore) Pte Ltd
Appointed 17/09/2011 as Honorary Treasurer
Appointed 12/09/2009 as Honorary Secretary
Appointed 30/07/2005 as Honorary Treasurer

ASST HONORARY TREASURER

Mr Fong Loo Fern
Managing Director, CYC Shanghai Shirt Company Co Pte Ltd
Appointed 17/09/2011 as Asst Honorary Treasurer
Appointed 12/09/2009 as Asst Honorary Secretary

GROUP EXECUTIVE DIRECTOR

Mrs Jenny Bong
Appointed 2/6/2009 as Group Executive Director

ASST HONORARY SECRETARY

Mr Fong Loo Fern
Managing Director, CYC Shanghai Shirt Company Co Pte Ltd
Appointed 12/9/2009 as Asst Honorary Secretary

HONORARY TREASURER

Mr Chim Howe Lai
Self Employed
Appointed 12/9/2009 as Honorary Treasurer
Appointed 8/9/2007 as Asst Hon Treasurer

ASST HONORARY TREASURER

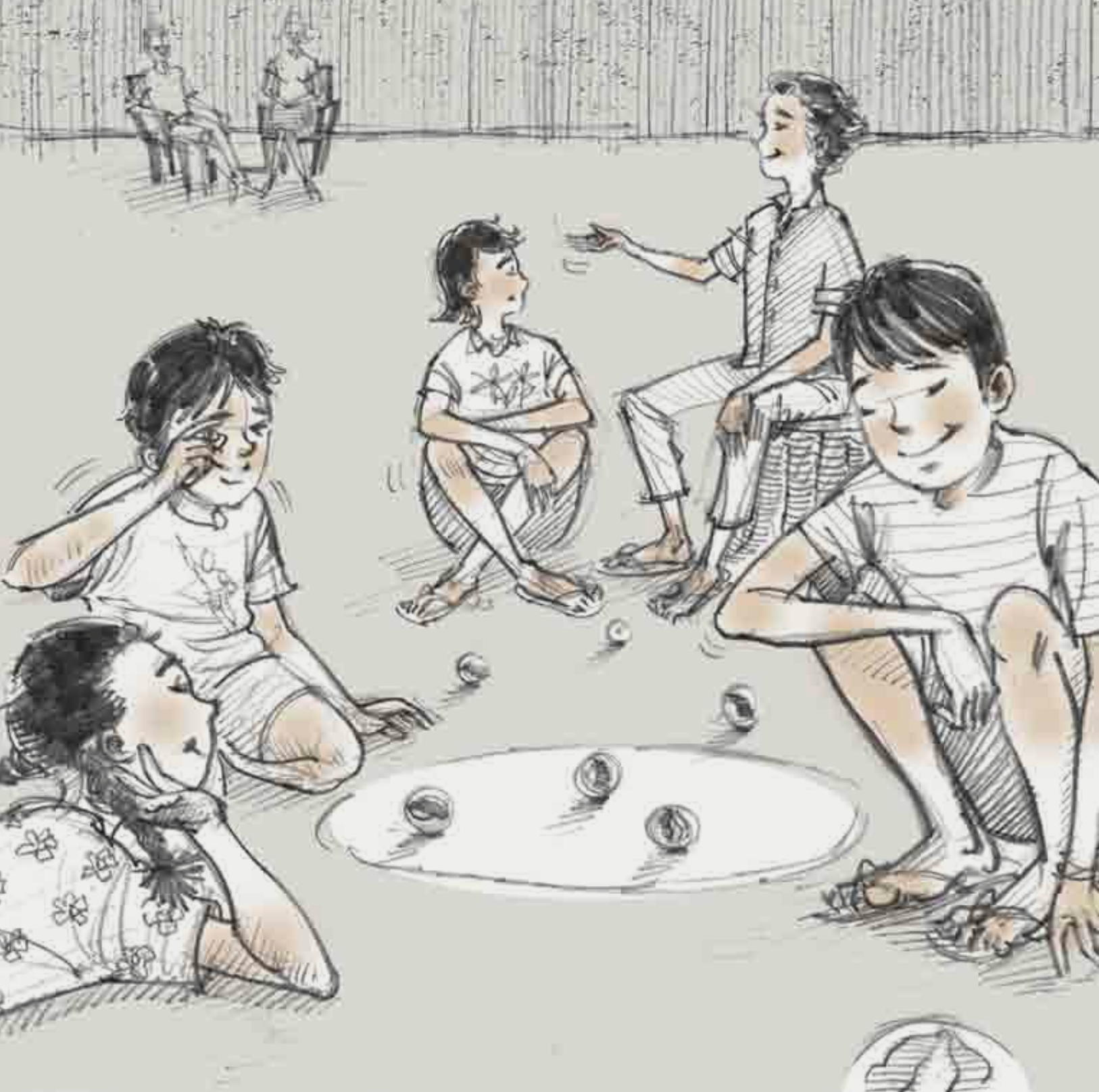
Mr Chay Kim Fun
Retired
Appointed 12/9/2009 as Asst Honorary Treasurer

GROUP EXECUTIVE DIRECTOR

Mrs Jenny Bong
Appointed 2/6/2009 as Group Executive Director

1991-1992	Mr David Alexander Ong Liang Bong, JP, PBM
1992-1993	Mr David Alexander Ong Liang Bong, JP, PBM
1993-1995	Dr Patrick Kee Chin Wah
1995-1997	Dr Patrick Kee Chin Wah
1997-1999	Mr John Cheong
1999-2001	Mr John Cheong
2001-2003	Mr Chan Kum Kit
2003-2005	Mr Chan Kum Kit
2005-2007	Mrs Tan Ee Leng
2007-2009	Mrs Tan Ee Leng
2009-2011	Mr Albert Lim

CHILDREN & YOUTH SERVICES



Helping them grow holistically

“MWS continues to enhance its children services to ensure children from low-income families are not left behind because of their family backgrounds.”



Methodist Welfare Services’ (MWS) Student Care Centres (SCCs) and Childcare Centre (CCC) offers school-going children, aged seven to 12 years of age, a safe and affordable place to rest and study before or after school hours while their parents are at work.

One of the ways to engage the students constructively is to ensure they are developed holistically, in their physical, emotional and academic needs.

To achieve that, MWS has rolled out a Performing Arts Programme to MWS SCCs and CCC, designed to expose students from lower-income families to drama and theatre. Consisting of sessions conducted by professional trainers over 25 weeks, the Programme culminated in a year-end performance in December 2011 at the Methodist Centre’s Wesley Hall.

The Performing Arts Programme comes in addition to the Tutoring Programme for the MWS SCC and CCC children. Started in early 2011, the Programme has expanded to include beneficiaries from Family Service Centres.

The Programme helps both tutees and tutors. It not only supports primary school children who need assistance in their studies, it also provides tertiary students, particularly those from lower-income families, an opportunity for extra income.

Since its launch, the Tutoring Programme has expanded the tutor base, from tertiary institutions, members of the Methodist churches, and the public, to 40 tutors. Fifty-two students from MWS SCCs receive weekly one-on-one tuition, and most have reported an improvement in their grades.

We are grateful for the support of SymAsia Foundation Limited towards this programme.

MWS continues to enhance its children services to ensure children from low-income families are not left behind because of their family backgrounds.



D'Joy Children's Centre

(A community outreach partnership of MWS and Hingwa Methodist Church)

天乐儿童中心

Larry has Asperger's Syndrome, a sleeping disorder and suffers from asthma. One year ago, he could not communicate well with his peers. It was tough for anyone to manage him.

拉里患有阿斯伯格综合症、睡眠障碍及哮喘。一年前，他不能够与同伴好好沟通，任何人都难以看管他。



Made up of two centres—D'Joy Childcare Centre and D'Joy Student Care Centre, the Centre is located in a housing block at Jalan Besar. About 15% of the children at D'Joy have special needs and 45% come from low-income families. The latter receive monthly government subsidies, with some families paying as little as \$3.10 a month for the services at D'Joy.

On top of providing affordable quality care, and academic guidance, children at D'Joy enjoy meaningful activities at the centres.

Highlights

At the Childcare

Funds were raised to help three single parent families, whose sole breadwinners were going through job transitions. This was done through a mini food fair held at the centre in June 2011.

On Valentine's Day 2012, the children were encouraged to show care and concern for others by making and giving out coral jelly seaweeds to our neighbours who reside in two-room flats.

At the Student Care

The children learnt to swim and gained water confidence in a specially designed series of life-skills programmes, comprising of six sessions of swimming lessons led by a team of Singapore Management University students.

Nine students received one-on-one tuition twice weekly under the MWS Tutoring Programme. The Tutoring Programme is aimed at helping Primary School children from low-income families in their school work by engaging tutors to give one-on-one tuition with the students. Most of the students reported an improvement in their grades since they joined the Tutoring Programme.

Through the MWS Performing Arts Programme, children learnt English speech and drama in a 25-week Performance Arts lessons and even put up a year-end showcase for their parents in December 2011.

"We arrange for parent-teacher sessions regularly. Sometimes, we also make home visits if the parents are missing-in-action."

- Janet Leong, Principal of D'Joy Children's Centre



天乐儿童中心由一所儿童托管中心及一所学生托管中心组成。中心位于惹兰勿刹的一个组屋区内。中心内的15%孩子有学习障碍，而45%是来自低收入家庭。后者每月获得政府的补贴，有些家庭只需要每个月缴交\$3.10便可以获得中心的托管服务。

中心除了为孩子提供实惠及优质的学科指导外，也为孩子在中心内举办有意义的活动。

主要活动

儿童托管中心

中心为三个单亲家庭筹款，他们唯一养家赚钱的支柱因更换工作需要帮助。为此，我们在2011年6月于中心举行一个小型食品义卖会。

在2012年情人节，为鼓励孩子对其他人表示关怀及爱护，大家预备了珊瑚草糖水送给住在附近两房式的邻居。

学生托管中心

孩子们学游泳及通过一个特别设计的救生课程，让他们在水中更有自信。6堂的游水课是由新加坡管理大学的学生负责教导。

在卫理福利服务补习计划下，9名学生每周两次获得1对1的补习。这个补习计划的目的是通过1对1的辅导来帮助低收入家庭小學生的功课。参加补习计划的大部分学生的学业成绩都获得进步。

在卫理福利服务表演艺术计划下，孩子们参加了一个为期25周的英语演讲及戏剧课程，并在2011年12月为家长们作出精彩的表演。

“我们经常举办家长会。对于无法联系的家长，我们提供家访服务，以确保每个家长对自己孩子的学习发展情况的了解及掌握。”

—梁瑞慧，天乐儿童中心校长

Today, through the student care teachers' dedication and perseverance, Larry is coping better. He will soon be enrolled into an integrated programme to better his social skills.

在经过学生托管中心老师的悉心照顾和努力下，拉里现在的表现已经有进步。他将会参加一个融合计划来让他更好的掌握社交技巧。

Daybreak Student Care Centre

晨光学生中心

A year ago, John played truant in school and at Daybreak Student Care Centre, lied to his parents and teachers, faked medical certificates and even watched pornography. He had no interest in studying.

一年前，约翰在学校及晨光学生中心逃学，对父母及老师讲大话，交出假的病假单，并偷看色情片。他对读书一点兴趣都没有。

Daybreak Student Care Centre (DSCC), based in Naval Base Primary School, had 56 students in the past financial year. About half of them are from low-income families, receiving fee subsidies from NorthWest Community Development Council.

On top of boosting students' academic capabilities, DSCC also develops their social skills, emotional well-being and physical health. The teachers coach children on teamwork and learning to accept one another, especially those with special needs.

Key programmes and events

Academically poor children from low-income families were helped by tutors from the MWS Tutoring Programme. The programme is aimed at helping Primary School children from low-income families in their school work by engaging paid tutors to give one-on-one tuition with the students. Most of the students reported an improvement in their grades since they joined the Tutoring Programme.

DSCC students from low-income families learnt speech and drama in MWS' Performing Arts Programme. After 25 weeks of sessions conducted by professional trainers, the students put up a year-end performance for their parents in December 2011.

The children learnt to care for those in greater need when they did community service at Christalite Methodist Home at Christmas in 2011, where they put up a choir presentation.

The students learnt about sexuality and the harmful effects of pornography, during Boys' Day and Girls' Day.

Through anger management workshops, the students learnt to better express their emotions.

The students also benefited from storytelling sessions, general knowledge quizzes and various outdoor activities, which includes educational outings to Sentosa, Bollywood Veggies and Sungei Buloh.

Single parents of DSCC students were supported by social workers and counsellors from Daybreak Family Service Centre, who conducted support groups for them, helping them with issues at home including financial and parenting concerns.

A parenting workshop for parents of Primary One pupils was held to coach parents on the development stages of children and effective methods of communication.

Staff and volunteers from Yishun Methodist Mission visit monthly to share character stories, through videos, songs and activities, and impart values to the children.

"Within a month, our children became more responsible and they would quote their teachers' phrases like 'keep trying and don't give up'. Placing them in Daybreak was indeed a good decision."

– Ms Angelica Lee, a parent

Giving John opportunities to lead in a dance group has empowered him to become more responsible and accountable in his work and actions. He clocks full attendance in school and at the DSCC, and even tries to be a good role model to his peers.

约翰有机会带领舞蹈组后，他变得更有责任感及懂得对自己的工作及行为负责。他每天都到学校及中心上课，再没有旷课，甚至致力成为其他同学的模范。



晨光学生中心 位于军港小学内, 在过去一个财政年度, 它为校内56名学生提供课后托管服务。其中一半学生是来自低收入家庭, 他们的学费获得西北区社理会的津贴。

除了加强学生的功课能力外, 中心也希望学生在社交、情绪及体能上得到全面发展。老师带领孩子通过团队合作增进社交技巧及学习接受别人, 尤其是对有特殊需要的人。

主要计划及活动

卫理福利服务补习计划帮助来自低收入家庭成绩欠佳的儿童。这个计划通过聘请导师来辅助低收入家庭的小学生, 给予他们1对1的功课辅导。大部分参与补习计划的学生在学业成绩上有进步。

中心内来自低收入家庭的学生在卫理福利服务表演艺术计划下参与演讲及戏剧课程。这个为期25周的课程是由专业导师带领。学生在2011年12月还为家长们作出精彩的表演。

孩子们在2011年圣诞节, 他们通过社区服务探访基督之光卫理关怀院的住院者, 并为他们献上美妙的歌声, 学习关心其他有需要的人。

在男孩日记及女孩日记, 学生学习性知识及色情片的坏处。

通过控制愤怒的工作坊, 学生们学习如何更好地表达自己的情绪。

学生也从其他活动中获益良多, 项目包括讲故事、常识问答比赛及畅游圣淘沙、宝来坞菜园及双溪布洛沼泽自然公园等教育性户外活动。

中心学生的单亲家长获得晨光家庭服务中心的社工和辅导员的支援。社工们为他们组织支援小组, 并在经济及教导孩子方面帮助他们。

中心为小学一年级的家长举办如何管教孩子的工作坊, 帮助家长认识孩子的不同成长阶段及有效的沟通方法。

来自卫理北宣站的职员及志愿工作者每月会来探访中心, 通过录像、歌曲及活动, 与孩子们分享德育故事及授予他们正确的价值观。

“在短短的一个月内, 我们的孩子变得更有责任感, 他们常常会重复老师说过的话, 如‘再接再厉, 不言放弃’, 让孩子进入晨光学生中心是明智的选择。”

- 李女士, 家长

iConnect Student Care

(A community outreach partnership of MWS and Toa Payoh Methodist Church)

爱联学生中心



iConnect Student Care (iCSC) served First Toa Payoh Primary School students since 2000. It was a joint community outreach of Methodist Welfare Services and Toa Payoh Methodist Church, until it ceased operations on 31 October 2011.

About 40% of the students at the iCSC came from low-income and single-parent families. On average, iCSC serves 53 children every year.

iCSC students benefitted from affordable services, quality care, tuition and guidance. And during school holidays, a wide range of meaningful and fun-filled indoor and outdoor programmes were organised to enhance the children's learning experiences.

Parents were assured that their children were well-taken care of after school and need not worry while they were at work.

In addition, some of the students were helped in their studies with weekly tuition and their confidence in themselves was boosted. Speech and drama lessons were also conducted to aid them in better communication and enhance their creativity.

"[Our son] was very well-taken care of at iConnect and he has learnt to be more independent. He especially loved the school holiday programmes as he was able to learn beyond the classroom."

– Mdm Tunziah Binte Sono, a parent

爱联学生中心自2000年起便为大智小学的学生服务。它是由卫理福利服务及大巴窑卫理堂合作的社区外展服务，到2011年10月31日为止。

爱联学生中心有大约40%的学生是来自低收入及单亲家庭。它每年平均为53个孩子服务。

爱联学生中心学生可受惠于费用合理的服务、高水准的照顾、补习及指导。在学校假期里，中心为学生安排了各式各样的有意义及有趣的户内及户外活动，让孩子有更多的学习经验。

孩子们在放学后得到适当的照顾，让家长放心的工作。

此外，部分学生每周有导师指导他们的功课，让他们的信心大大提高。他们也接受演讲及戏剧训练，增强沟通技巧及创意。

"[我们的儿子]在爱联学生中心得到关怀备至的照顾，他也变得更加独立。他特别喜欢中心为他们安排的学校假期活动，因为他可以学习课堂以外的知识。"

– Tunziah Binte Sono 女士, 学生家长

Sembawang FSC Student Care Centre

METHODIST WELFARE SERVICES 2012

(A community outreach partnership of MWS and Covenant Community Methodist Church)

三巴旺家庭服务中心的学生中心



Sembawang Family Service Centre Student Care Centre (SFSC SCC) had an average enrollment of 54 children the past financial year. It was a community outreach of Methodist Welfare Services and Covenant Community Methodist Church, until it went independent in September 2011.

Almost 20% of the students are from low-income families and received Student Centre Financial Assistance.

SFSC SCC has a very strong alumni and it officially formed The Alumni Club four years ago. The club Exco and members would often come back to volunteer at the Centre during school holidays. They also organised an overnight camp in June 2011, which 45 children attended.

SFSC SCC students were coached in their school work and enjoyed games like chess and soccer led by Anglo-Chinese (Barker Road) School's secondary school students. These older buddies for the SFSC SCC students are volunteers at the SCC for their second year of Community Involvement Programme.

三巴旺家庭服务中心的学生中心在过去的财政年度里每月平均有54名学生。它是由卫理福利服务及Covenant Community Methodist Church合作的社区外展服务，直至2011年9月30日，它开始独立运作。

中心大约有20%的学生是来自低收入家庭，并获得学生中心的经济支助。

三巴旺家庭服务中心的学生中心拥有很多校友，因此它在4年前正式成立了校友会。校友会的执行委员及会员在学校假期里经常回来中心做义工。他们在2011年6月为45名孩子组织了一个住宿一晚的露营。

三巴旺家庭服务中心的学生中心的学生除了在功课上获得辅导外，也参与很多游戏活动，如下棋及参加由英华(巴克路)中学学生带领的足球队。这些来自三巴旺家庭服务中心的学生中心的校友已经在社区服务计划下，第二年在学生中心当义工。

Residence @ St. George's

(A community outreach partnership of MWS and General Conference – Women's Society of Christian Service)



The first of its kind in Singapore, Residence @ St. George's (RSG) is a girls' hostel for youth between 16 and 21 years of age.

Newly-established in early 2012 as a joint community outreach of Methodist Welfare Services (MWS) and the General Conference Women's Society of Christian Service (GC-WSCS), RSG can house up to 30 girls. These girls can either be mandated by the courts after committing some misdemeanours, or they could be troubled teens in need of rehabilitation, referred by the Ministry of Community Development, Youth & Sports or other Voluntary Welfare Organisations.

Specially-catered programmes and activities aim to help the girls journey towards emotional and psychological healing. The hostel will also strengthen the relationship between residents and their families, and facilitate successful re-integration and engagement in society.

Effective conflict resolution, learning to make better choices, anger management and goal setting are some of the social and life skills imparted to harness their strengths and develop their inner potential. Skills-based training will also give them opportunities for gainful employment.

RSG has garnered the support of mature women volunteers to help bring about transformation in its residents. Acting as role models, they transfer their skills, knowledge and experience to the younger residents, helping them in their rehabilitation process.

RSG and GC-WSCS are working closely together to harness the existing strengths of the Christian community of women in the Methodist churches, in the provision of mentoring, tuition and skills-based volunteering support. Various professionals have also come forward to contribute their time, effort and skills to develop the potential of RSG and its residents.

"We'll be focusing on rebuilding bonds and bridging the gap between the girls and their families. For example, we intend to get their parents down to the hostel to cook with them."

– Sujeeta Menon, Acting Head of RSG

Residence @ St. George's (RSG)是新加坡第一所为年龄介于16至21岁少女而开设的院舍。

RSG在2012年初落成，是由卫理福利服务及总议会基督徒妇女服务会合作的社区外展服务。RSG可容纳30名女孩子。这些女生可能是因为犯了轻罪，在法庭颁布的感化令下强制入住；她们也可能是需要恢复过正常生活、由社区发展、青年及体育部或其他志愿福利机构转介入住的问题少女。

院中特别设计的课程和活动为帮助院内少女在情感和心灵上能一步一步康复而设。院舍也会帮助少女重建与家人的关系，并重新融入社会及获得雇用。

有效解决冲突、学习作出更好的选择、控制愤怒情绪及设定目标都是一些授予少女的社会及生活技巧，好让她们能运用自身的能力及发展内在的潜质。她们也会学一些实用的技能，好让她们日后能找到合适的工作。

很多成熟妇女愿意成为RSG的志愿工作者，帮助住院少女改过自新。身为少女的榜样，她们乐意把自己的技巧、知识和经验转授给这些年轻的住院者，帮助她们能恢复正常的生活。

RSG及总议会基督徒妇女服务会密切合作，利用卫理堂内妇女基督徒团体的力量，作出奉献，领导她们、替她们补习及传授技巧。多位专业人士也愿意奉献她们的时间、知识及技巧，来帮助RSG及住院少女发挥其潜能。

"我们的重点将会放在重建关系及把少女与其家庭间的缺口缩小。举个例子，我们计划邀请他们的父母前来院舍，与她们一起准备晚餐。"

– Sujeeta Menon, RSG 代理主管

MWS Bursary Programme

METHODIST WELFARE SERVICES 2012

卫理福利服务助学金计划



The MWS Bursary Programme has been providing financial assistance to needy children since 1986.

The bursaries help students with their school-related expenses like textbooks, uniforms and stationery supplies.

A total of \$149,500 was disbursed to students, comprising 213 primary school students (\$300 each) and 214 secondary school students (\$400 each).

Ten churches partnered with MWS to present the bursaries to the needy students: Grace MC, Kampong Kapor MC, Methodist Church of the Incarnation, Telok Ayer MC, Toa Payoh MC, Christ MC, Pasir Panjang Tamil MC, Trinity MC, Bukit Batok MC, and Living Hope MC.

“This is the first bursary programme I’ve supported to encourage low-income children in their studies. Education is a means through which all children will have the opportunity to improve their standard of living.”

– Mrs Janie Tan, donor to 20 secondary school students’ bursaries

卫理福利服务助学金计划自1986年以来，不断为有需要的孩子提供经济援助。

这些助学金帮助孩子支付一些与学校相关的费用，如课本、校服及文具等。

我们总共分配了\$149,500给学生，包括213名小学生(每名\$300)及214名中学生(每名\$400)。

协助 颁发助学金给贫困学生的10个教堂为：恩典堂、甘榜加卜卫理堂、道生堂、直落亚逸堂、大巴窑卫理堂、基督卫理堂、巴西班让泰米尔卫理堂、三一卫理公会教堂、武吉巴督卫理堂及生命活望堂。

“这是我第一次支持助学金计划，目的是帮助来自低收入家庭的孩子努力读书。教育是让所有孩子有机会改善生活水平的一个途径。”

– 刘珍妮，捐献助学金给20名中学生的捐助者



**FAMILY
SERVICES**

Helping Them Restore Relationships

With the demands of modern living, families today continue to face challenges and stress. Many are facing financial difficulties and are finding it difficult to keep relationships functional and healthy. MWS continues to support distressed families through a suite of services.



Family Services

MWS' four Family Services continue to be the channel through which families in need can gain access to assistance and support in building resilience. In the past year, a total of over 3,000 clients, received both counselling and referral services. We saw a marked increase in families seeking support for the parenting of children, and for the repairing and strengthening of marital relationships.

The top three presenting problems were: Financial Assistance 30%, Parenting and Marital at 25%. Almost 10% of the cases were housing-related.

Two new services were launched by the Family Service Centres (FSCs) in the last financial year, Rekindle 2 and the mandated Marriage Preparation Programme for minors (18 to 21 years old).

Rekindle 2

To further reach the vulnerable within the community, MWS FSCs started to work with young adults aged 18 to 25 years old, who were incarcerated for a criminal offence but given an early release because of good behaviour. Rekindle 2, a joint collaboration with Prisons and North East Community Development Council, is an intensive two months counselling programme for the 'trainee' before his release. After his release, the FSC will continue to work with the 'trainee' and their family members for another six months. The purpose for this intensive casework and counselling programme is to enable the 'trainee' to adjust back to society without the risk or temptation of reverting to a life of crime and to rebuild broken family bonds. To date, the FSCs have seen about 30 young adults. Many were able to find meaningful employment or return to school.



Marriage Preparation for Minors

With the rising number of divorces among individuals who marry young, MWS FSCs collaborated with the Ministry of Community Development, Youth and Sports (MCYS) to conduct the mandated marriage preparation programme (MPP for minors) for couples below the age of 21. To be relevant to this group of young couples, the MPP for minor's programme was modified to include more emphasis on communication, financial management and the significance of difference between sex and sexuality. Upon successful completion of the MPP, the couples were issued a certificate which would enable them to register with the Registrar of Marriages.

Serving Young Families in Punggol

FamilyWorks Community Services, a partnership with Changi Methodist Church, was set up in August 2011, to meet the family life needs of young families in Punggol. The programmes which include Family Life Education, seminars and camps are held at Grendale Primary and Secondary Schools.

Helping Chronically-Poor Families

With the conclusion of the MCS125 Community Outreach Project, MWS is continuing to support chronically-poor families with the **MWS Walk With The Poor Programme**. The programme aims to help up to 500 families with monthly financial assistance as well as befriending support, mainly by volunteers from the Methodist churches.

Covenant Family Service Centre

(A community outreach partnership of MWS and Paya Lebar Methodist Church)

誓约家庭服务中心

With her husband (Mr Tan*) incarcerated, Mdm Ang* struggled to pay rental fees for a room she shared with her six-year-old daughter. When Mr Tan was released from prison, he was penniless and his family had to move out of the rented room. He was subsequently hospitalised due to stress from the burden of supporting his family.

当丈夫(陈先生*)被监禁后,洪女士*几经辛苦才够钱支付她与她的6岁女儿同住的房间的房租。当陈先生出狱后,他身无分文,而他的家庭也要从租来的房间搬出。他后来因为家庭重担所带来的压力而病倒需入院治疗。

Established in August 1987, Covenant Family Service Centre (CFSC) is a joint community outreach of Methodist Welfare Services and Paya Lebar Methodist Church (PLMC).

CFSC served a total of 590 clients for Casework & Counselling. Close to 70% of them had a household income of below \$2,000 and 12% resided in rental flats. The top four issues handled were financial, marital, youth management and family issues. There were 65 mandatory counselling cases.

More than 1,800 clients were successfully assessed and linked with social services or provided with consultation and given relevant information.

Fifteen couples attended the Marriage Preparation Course and Individual Couple Programme. The Parent Helpline received 211 calls, seeking advice for mostly child management and marital issues.

Community collaborations

- North East CDC, Singapore Prison Service and Yellow Ribbon: Case management for 16 reformative trainees and their families for better reintegration
- Central and North East CDC: SMRT Gift of Mobility to provide assistance with transport for needy families
- Central CDC: FSC Discretionary Fund to provide financial assistance to needy families
- PLMC: Financial aid, food rations, NTUC vouchers and sponsored family bonding activities for low-income families

- Xinmin Secondary School: Delivered hampers to 43 needy families
- Institute of Mental Health: Workshops organised for 23 children whose parents have psychiatric illness
- Nurses Initiative For Community Engagement: Identified and referred vulnerable elderly for psycho-social and health screening

Guiding Individual Families Towards Self Reliance (GIFTS) Programme

This Programme assists low-income families with their financial situation and to achieve economic independence. CFSC helped 48 parents, and 73 children and youth.

Activities

- Family education workshops on parenting, healthy living and financial management
- Parent discussion groups on roles in the family and planning for children's education
- Literacy and life skill activities
- Family Fun Camp at Aloha Changi Chalet for 14 families

"I am very grateful to CFSC and its social workers for their constant support they have shown to my family, especially during our darkest moments."

– Mr Tan

CFSC provided Mdm Ang and Mr Tan with living expenses, food rations and vouchers. They were also referred to a temporary shelter. A social worker counselled and gave them emotional support through their difficult times. The social worker also appealed to HDB and the family's rental flat application was approved. They are waiting to move in to their flat soon.

誓约家庭服务中心为洪女士及陈先生提供生活费、粮食配给及优惠券。他们也会被转介到一个临时收容所。在他们困难时期,社工给予他们辅导及精神上的支持。社工也向建屋发展局上诉,而他们的租赁单位申请已经获得批准。他们就快可以搬入新居了。



誓约家庭服务中心在1987年8月成立，它是卫理福利服务及巴耶利峇卫理堂合作的社区外展计划。

接受誓约家庭服务中心个案辅导的总人数达到590人，其中接近70%的每月家庭收入是在\$2,000之下，而12%是住在租赁单位。需要处理最多的4个议题是经济、婚姻关系、青少年管教及家庭。强制性辅导个案有65宗。

超过1,800人成功接受评估，并获得社会服务或辅导，他们也得到所需要的资料。

15对情侣参加了婚前预备课程及个别情侣计划。家长热线接获211通电话，多数来电是为管教孩子及婚姻问题而寻求意见和辅导。

社区合作

- 东北区社理会、新加坡监狱服务及黄丝带计划：辅导16个受感化的青少年及他们的家庭，让他们能更容易重新融入社会
- 中区及东北社理会：新加坡地铁通过爱心代步关怀计划为有需要的家庭提供接送服务
- 中区社理会：家庭服务中心的独立基金可以为有需要的家庭提供财务帮助
- 巴耶利峇卫理堂：经济援助、分派粮食、职总超市优惠券及赞助低收入家庭参与巩固家庭凝聚力的活动
- 新民中学：把礼篮送给43个贫困家庭
- 心理卫生学院：为23名父母患有精神病的孩子举办工作坊
- 发起护士护理为社区交流项目：评估及转介老弱人士接受心理及健康检查

引导个别家庭自力更生计划 (GIFTS)

这个计划是帮助低收入家庭应对他们的经济困境，从而帮助他们取得经济独立。誓约家庭服务中心帮助了48名父母及73名儿童与青少年。

活动

举办家庭教育工作坊，以传授管教孩子、健康生活和理财知识
家长讨论小组，议题包括家庭角色扮演及如何计划孩子的教育
改善读写能力及生活技能活动

- 为14个家庭在Aloha Changi Chalet举办家庭欢乐营

“我很感激誓约家庭服务中心及社工的热心帮助，让我的家庭能够度过最黑暗的岁月。”

- 陈先生

Daybreak Family Service Centre

晨光家庭服务中心



Mrs Ng* was mentally and emotionally abused by her mother-in-law and unfaithful husband. But she tolerated for the sake of her three sons. Two years ago, Mr Ng* died unexpectedly of a heart attack. Her second son was also imprisoned for a drug offence. Mrs Ng blamed herself, and her physical and mental health gradually deteriorated.

吴太太受到婆婆及不忠的丈夫在精神及情绪上的虐待，但她为了3个儿子而忍受下来。两年前，吴先生* 突然死于心脏病，而她的第二个儿子也因为毒品而被监禁。吴太太很责备自己，而她的体能及精神健康也同时渐渐衰弱。

Daybreak Family Service Centre (DFSC) primarily delivers Casework & Counselling (C&C) and Information & Referral (I&R) services to the community in Yishun.

For C&C, DFSC served 513 clients with various issues like financial, family violence, parenting, marital and housing/shelter. As for I&R, the Centre attended to 922 enquiries.

Sixteen couples attended the Marriage Preparation Programme, with nine couples who were minors. From September 2011, DFSC started seeing minor couples aged 18 to 21 years for the Mandatory Marriage Preparation Programme, as part of MCYS' new initiative.

Community partnerships

- Raffles Institution: Students raised funds for DFSC through push cart sales at SCAPE for three weeks in October 2011
- Sembawang Tamil Methodist Church: Conducted a supervised homework programme for needy children for three months, which ended with a Children's Day party
- Conducted a stress management workshop to help childcare teachers from D'Joy Children's Centre

"Life can get rather challenging here. But it's a reassuring feeling to know that our clients have been positively impacted by the work we do."

– Ephraim Pan, Senior Social Worker at DFSC



晨光家庭服务中心的主要工作包括为义顺社区提供个案辅导及提供资讯与转介服务。

个案辅导方面，晨光家庭服务中心为513人提供服务，主要是围绕着经济、家庭暴力、亲子关系、婚姻关系及住宿问题。至于提供资讯与转介服务方面，中心回应了922个查询。

16对情侣参加了婚姻预备课程，其中有9对是法律上未成年的情侣。从2011年9月起，在社区发展、青年及体育部的计划下，晨光家庭服务中心开始接受18至21岁的情侣参与这项强制性的婚姻预备课程。

社区合作

- 莱佛士书院：在2011年10月为期三周内，学生为晨光家庭服务中心筹款而于SCAPE主题乐园摆设手推车售卖货物
- 三巴旺淡米尔卫理堂：为贫困家庭的孩子监督功课，为期三个月，在结束前还举办了儿童节欢庆会
- 为天乐儿童中心的教师举办处理压力工作坊

“我们的工作时常会有许多挑战。虽然如此，当我们能够帮到我们的个案改善他们的生活或状况，我们感到很安慰。”

— Ephraim Pan, 晨光家庭服务中心高级社工

Today, Mrs Ng enjoys a better relationship with her mother-in-law, after undergoing counselling at DFSC. She also received financial assistance from various resources like the MCS125 Community Outreach Project. Her second son has since been discharged from prison and is working to support the family. Mrs Ng is stronger and optimistic about her future now.

在接受晨光家庭服务中心的辅导后，吴太太现在与婆婆的关系已经有所改善。她也从不同资源获得经济援助，如卫理公会 125周年纪念社区外展计划。她的第二个儿子已经出狱并找到工作可以帮助家计。吴太太现在变得更坚强及对未来更乐观。

FamilyWorks Community Services

(A community outreach partnership of MWS and Changi Methodist Church)

家庭工程社区服务



"The camp was very enriching and not only did I learn new things about parenting, I got to know my son better too. Now I know what he likes and dislikes, and what he enjoys doing, so I can further develop his interests."

– Daniel*, father of a Greendale Primary School student

家庭工程社区服务是一个由卫理福利服务与樟宜堂合作的社区外展计划。它的目的是通过教育、社交计划及介入方法，让住在榜鹅21的家庭，活得更多姿多彩。家庭工程经常与学校、基层组织及东北区社理会合作，深入接触更多的家庭。

核心服务

- 在绿苑小学举办学校家庭教育服务
- 为绿苑小学及中学单亲家庭的孩子举办彩虹

过去一年的主要活动

- 在六月学校假期举办了一个父亲-孩子大露营，作为‘爱心爸爸’行动的一部分，这是一个巩固凝聚力的好时光。40对父亲及孩子参加了这个活动，他们住在亲自架起的帐幕内。
- 为20个家长举办了一个管教孩子讲座，题目为：“不会令血压升高的教子方法”
- 为孩子准备入读小学一年级的家长举办一个亲子讲座：“为小一孩子做好准备”
- 家庭工程与绿苑小学的家长支援小组为学生、家长及学校员工筹办家庭教育计划。到目前为止这计划的反应不错。

“这次露营很有意义，我不单只学会管教孩子的新方法，我对孩子有更多的认识。现在我知道他喜欢及不喜欢什么。在知道他的兴趣后，我知道怎样帮他培养他的兴趣。”

– 丹尼尔*，一名绿苑小学学生的爸爸

Nora* lost her mother in the beginning of 2012. She found it very hard to cope and was very quiet. Whenever she was asked about her feelings, she would reply "I'm lonely".

诺娜*的妈妈在2012年初过世。她觉得很难接受这个事实，并且变得沉默寡言。当别人每次问及她的感受时，她的回应是“我很孤独”。

FamilyWorks Community Services (FamilyWorks), a joint community outreach of Methodist Welfare Services and Changi Methodist Church, aims to enrich the lives of Punggol families through education, social programmes and intervention. FamilyWorks partners with schools, grassroots organisations and Northeast CDC to reach out to families.

Core services

- School Family Education (SFE) Service Provider at Greendale Primary School
- RAINBOWS programme for children from single parent families at both Greendale Primary and Secondary Schools

Past year's highlights

- Organised a father-child camp as part of the Dads-for-Life movement during the June holidays, and it was a time of reflection and bonding. Forty pairs of father and child attended and stayed in their self-erected tents.
- A parenting seminar, "Raising your child without raising your blood pressure", was conducted for 20 parents
- Parents of Primary One students attended a parenting talk, "Preparing your child for P1"
- FamilyWorks works with Greendale Primary's Parent Support Group to plan family education programmes for students, parents and school staff. Programmes have been well-received so far.

Nora started to attend the RAINBOWS programme. After numerous sessions, she began to interact better and share more with her peers and facilitators. Since she was taught the importance of forgiveness and letting go, she has stopped living in denial and has accepted her mother's death.

诺娜开始参加彩虹计划。在经过很多次活动后，她开始与别人有较多的互动，并与她的朋友及辅导员有更多的分享。自从她学会原谅和释放的重要性后，她不再活在否定中，并开始接受妈妈已经过世的事实。

Sembawang Family Service Centre

METHODIST WELFARE SERVICES 2012

(A community outreach partnership of MWS and Covenant Community Methodist Church)

三巴旺家庭服务中心



Ms Wee* married after she completed her studies. However, the marriage was not a blissful one. There were a lot of misunderstandings and mistrust, and she did not receive support from her in-laws.

黄女士*在毕业后便结婚,但婚姻生活并不幸福快乐。双方之间产生很多误会及不信任,而她也没有获得姻亲的支持。

Sembawang Family Service Centre (SFSC) serves Sembawang and Chong Pang residents. It was a joint community outreach of Methodist Welfare Services and Covenant Community Methodist Church (CCMC), until it went independent in 30 September 2011.

From 1 April 2011 to 30 September 2011, SFSC served more than 850 clients—464 for Enhanced Information & Referral services and 386 for Casework & Counselling. For the latter, the top five issues surfaced were financial, family violence, marital, parenting and housing/shelter.

Family violence cases saw the most significant increase compared to the previous year. SFSC collaborated with agency partners in the Ang Mo Kio Regional Family Violence Working Group to conduct outreach to targeted groups as preventive and remedial measures to help address family violence issues within the community.

Help for the low-income

- Straits Times Pocket Money Fund
- Emergency Relief Fund (by CCMC)
- Food rations (by Boys' Brigade)

"When I was at the lowest point in my life, I had someone who was willing to listen to me, journey with me and lend me a helping hand unconditionally."

– Ms Wee

三巴旺家庭服务中心为三巴旺及忠邦区的居民服务。它原本是一个由卫理福利服务及Covenant Community Methodist Church (CCMC) 合作的社区外展服务,直至2011年9月30日,它开始独立运作。

从2011年4月1日至2011年9月30日,三巴旺家庭服务中心为超过850名居民服务,其中464宗服务涉及资料查询及转介服务,另外386宗涉及个案辅导,后者最常见的问题是经济、家庭暴力、婚姻关系、亲子关系及住房。

与上一个年度比较,家庭暴力个案的增幅最大。三巴旺家庭服务中心与宏茂桥区域家庭暴力工作小组的机构伙伴合作进行外展服务,目的是针对社区内的家庭暴力行为采取预防及补救措施。

帮助低收入群

- 海峡时报学校零用钱基金
- 紧急救济基金 (由 CCMC负责)
- 分派粮食 (少年旅)

"当我在人生最低潮的时候,我很高兴有人无条件地聆听我的心声,与我同行并愿意帮助我走出伤痛。"

–黄女士

She approached SFSC for advice, and the counsellor helped her heal from her hurt and pain, especially after she chose to divorce. She is now managing better and is focusing on building a career.

她向三巴旺家庭服务中心求助,而辅导员帮助她从她的伤痛中走出来,尤其是当她选择了离婚后。她现在比较开心,并把焦点放在事业上。

*Not their real names *非本名

Tampines Family Service Centre

(A community outreach partnership of MWS and Pentecost Methodist Church)

淡滨尼家庭服务中心

Mrs Lee*, 50, is a single mother of a 15-year-old son, Peter*. He did not respect his mother, would hurl vulgarities at her, and even hit her when she brought up his smoking habit.

50岁的李太太*是一名单亲妈妈，她有一个15岁的儿子彼得*。彼得对妈妈不尊敬，并对她恶言相向，甚至当她要求他戒烟时，他还打她。

Tampines Family Service Centre (TFSC) served 930 clients in the past financial year, with close to 1900 enquiries and cases. It is a joint community outreach of Methodist Welfare Services and Pentecost Methodist Church.

The top issues were financial, marital, housing/shelter, parenting, family and mental health.

TFSC worked closely with many agencies and grassroots organisations in Tampines GRC. North East CDC and Tampines grassroots organisations, together with TFSC, assisted financially-needy individuals and families, and organised several events for them.

Key highlights

Children & youth programmes

- Partnered with United World College South East Asia (East Campus) for a cultural exchange programme. Our kids had the opportunity to interact and participate in creative programmes with kids from the international school.
- Children under the School Pocket Money Fund enjoy various programmes at 44th Street Children's Club and excursions
- Tuition for primary school kids thrice weekly in English, Mathematics and Science
- Guidance Programme helped 78 youths-at-risk and juvenile delinquents

Family programmes

- Stepfamilies in Progress: A support group for stepfamilies was conducted six times the past year
- Duets: Marriage Preparation Programme (MPP) for eight couples
- P.S. I Love You: MPP for three minor couples, aged 18 to 21 years
- Family Day: Promote family bonding and enhance relationships. Attended by 113 family members from financially disadvantaged backgrounds.

- The only agency in the East appointed by MCYS to provide the service of filing complaints to enforce Maintenance Orders via video conference with the Family Court

Community collaborations

- North East CDC - Koufu Back to School: Bata and Popular vouchers for primary school students
- Boys Brigade Share-a-Gift project & GRAINS project by HDB: Food rations for low-income clients
- North East and South East CDCs' Gift of Mobility Scheme: Covers cost of taxi-transfer services of clients who have mobility difficulties to get to medical appointments
- Our Director received the Friend of MCYS award for his active contribution and participation in the National Council in Problem Gambling

Our dedicated volunteers

They gave their time, talents and skills to support our programmes and services. We are grateful and would like to acknowledge the support of:

- Tuition volunteers who devoted precious time
- Tampines Junior College which runs children's programmes at our 44th Street Children's Club
- Corporate volunteers, especially DSTA, for their programmes and generous sponsorships
- Our partner church, Penetecost Methodist Church, for their dedicated volunteers

"Despite being faced with stumbling blocks, we still want to help. We strongly believe that by helping them, we're able to get them out of their troubles."

– Mr Joachim Lee, Director of TFSC

TFSC's social worker met with Peter, and explored his expectations of his mother and their communication patterns. Mother and son were also clear about their roles and responsibilities and adjustments required, to achieve their desired outcome. Peter is now more respectful to his mother and has stopped using vulgarities.

淡滨尼家庭服务中心的社工会见彼得并了解他对母亲的期望及他们之间的沟通方式。母子都清楚知道各自所扮演的角色及责任，以及他们为达到理想的结果而需要作出的调整。彼得现在对他母亲比较尊重，并且停止讲粗话。

*Not their real names *非本名



淡滨尼家庭服务中心在刚过去的财政年度里为930人提供服务, 咨询及个案辅导 接近1900宗。淡滨尼家庭服务中心是卫理福利服务与五旬节堂合作的社区外展计划。

最常见的问题包括经济、婚姻关系、住屋、亲子关系、家庭及心理卫生。

淡滨尼家庭服务中心与许多机构及淡滨尼集选区的基层组织密切合作。东北社理会及淡滨尼基层组织联同淡滨尼家庭服务中心为有需要的个别人士及家庭提供经济援助, 并为他们组织多项活动。

主要活动

儿童及青年计划

- 与东南亚联合世界学院(东部校舍)合作举办一个文化交流活动。来自低收入家庭的儿童有机会与国际学校的学生交流及参与有趣的活动
- 申领学校零用钱基金的儿童参加了在44街儿童俱乐部举行的各种活动及远足
- 为小学生每周三次补习英文、数学及科学
- 引导计划帮助了78名边缘少年

家庭计划

- 继亲家庭互动：这个专门帮助继亲家庭的支援小组在去年举办了6次活动
- 二人小组:为成年人而设的婚前辅导计划
- 请记住我爱你: 为年龄18至21岁、法律上未成年的三对情侣而设的辅导计划
- 家庭日: 促进家庭团结及改善彼此之间的关系
- 社会发展、青年及体育部在东部唯一的指定机构, 能通过视像会议, 向家事法庭提出控告申请, 以强制执行赡养费命令

社区合作

- 东北社理会 - 口福返校计划: 小学生获赠Bata 及 大众书局的优惠券
- 少年旅的爱心礼物计划及建屋发展局的谷粒计划
- 东北及东南社理会的爱心代步计划: 为行动有困难的人士支付来往复诊的德士费
- 我们的主任获颁发青年及体育部之友奖项, 因为他积极参与全国预防嗜赌理事会的工作

付出关怀与爱心的志愿工作者

他们为我们的计划及服务奉献出时间、才能和本领。我们十分感激以下人士对我们的支持和鼓励:

1. 付出宝贵时间来辅导孩子功课的志愿工作者
2. 为44街儿童俱乐部举办活动的淡滨尼初院学生
3. 为我们筹备各类项目和大力赞助的企业志愿工作者, 尤其是新加坡国防科学与技术局
4. 来自我们合作教堂, 五旬节堂, 诚心为我们服务的志愿工作者

“尽管我们面对不少的绊脚石, 我们仍然愿意付出努力帮助有需要的人。我们坚信我们所付出的努力必定可以帮助他们解决困难。”

- 李泰龙先生, 淡滨尼家庭服务中心主任

Walk With The Poor Programme

与贫困者同行计划

Mdm Seah* is single-handedly raising her two children, aged two and three. Her husband is in jail for drug-related offences and has used her and the children as drug mules before. But divorce would mean losing her children as she is a foreigner and will be repatriated to Indonesia.

谢女士*独立抚养她的2岁及3岁孩子。她的丈夫因为贩毒而坐牢，而她和孩子也曾经被丈夫利用携带毒品。谢女士是印尼人，她不愿意离婚，因为一旦离婚，她就会失去两个孩子，被遣返印尼。

The MCS125 Community Outreach Project, administered by Methodist Welfare Services (MWS) for the Methodist Church in Singapore (MCS) blessed over 1,025 families with financial aid and befrienders.

While the Project has concluded, the chronically-poor families remain in need of financial and social support. Hence, MWS set up a follow-up programme, Walk With The Poor (WWTP).

After a series of assessments, 486 families were eligible for the WWTP Programme. The Programme is cognizant of the multiple causes of poverty and the need for varied interventions to bring about sustainable outcomes. This Programme undertakes a three-prong approach:

1. Access to basic needs

Many families reported having to pay multiple arrears and are in low-paying jobs. With this 'in-work' poverty, families need help with their basic needs.

2. Investment in human capital

We provide resources and opportunities for children in these families to perform better in school, thus levelling the playing field with children from more well-to-do households.

3. Caring connections

Human touch is crucial in alleviating stress and providing support for these families, thus the importance of befriending support from the 46 Methodist churches and Preaching Points.

The WWTP Programme will run for six months, followed by periodic reviews. Each family receives \$100 monthly, disbursed by a befriender. In addition, the Programme equips befrienders with skills to enhance the helping process, through befriender training. It encompasses basic helping skills, knowledge of Singapore's social service system and ways to manage burnout.

The Programme relies on the support rendered by the referring agencies, particularly social service professionals, and befrienders who have given their time and effort for these families. Many befrienders feel that this is a good platform for them to share the love of God without conditions and in turn experience God's blessings in different ways.

"It is comforting to know that our interventions with these poor and needy families have yielded a positive experience for them. Also, it has been a fulfilling experience journeying along with these poor and needy families all this while."

– Martin Chok, Service Planning & Development Manager

Through WWTP, Mdm Seah received food rations, financial assistance and even counselling for her depression. She also learnt to be more certain of herself and her desires for herself and her children. She may still be tackling the issues in her life, but she is able to approach them with gusto and a positive outlook.

谢女士通过贫困者同行计划获得粮食配给、经济援助及针对她的忧郁症的辅导。她也对自己比较有信心及知道她和她的孩子想要走的路。她的生命中还有很多事情需要解决，但现在她可以用积极及乐观的态度来面对。



卫理公会125周年社区计划是由卫理福利服务为新加坡卫理堂执行的外展计划，它让1025个家庭接受经济援助及志愿工作者的关怀照顾。

虽然这个计划已经完结，但长期贫困的家庭仍需要经济上的援助及精神上的支持。因此，卫理福利服务成立了一个延续计划，名为与贫困者同行计划。

在经过一连串的评估后，486个家庭合格获得贫困者同行计划的帮助。这个计划的审理标准包括导致贫穷的原因是来自多方面因素，而贫穷家庭需要多方面的介入才能获得能恒久的果效。我们所实施的三管齐下方法是：

1 给予基本生活费用

很多家庭需要缴付多个欠款，而每月所取得的工资很低。这些‘在职’贫穷的家庭需要在基本生活费用方面获得补贴。

2 人力资本的投资

我们为这些家庭的孩子提供资源及机会，使他们在学校表现得更好，在某程度上，起码他们可以与来自小康家庭的孩子看齐。

3 关怀照顾

人情味对减轻贫穷家庭的压力及给予支持十分重要，因此46家卫理堂及布道站对这些家庭的关怀照顾至为紧要。

贫困者同行计划将会实施6个月，之后会作出定期评估。每个家庭每月获得\$100，由一名亲善员分派。此外，这个计划也会培训亲善员，让他们掌握一些基本技巧来为贫穷者服务。这些技巧包括基本的服务技巧、新加坡社会服务管道的知识及如何避免自己精疲力竭。

贫困者同行计划依赖转介机构，尤其是社会服务专业人士及亲善员的支持和帮忙。大部分亲善员认为对贫困家庭所付出的时间和精力是一个很好的平台，让他们无条件分享神的爱，而他们也藉不同体验来领受神的祝福。

“知道这些贫困家庭因我们的介入而能更积极面对人生，我们感到很欣慰。而且，与贫困家庭同行这段时期是很有意义的经验。”

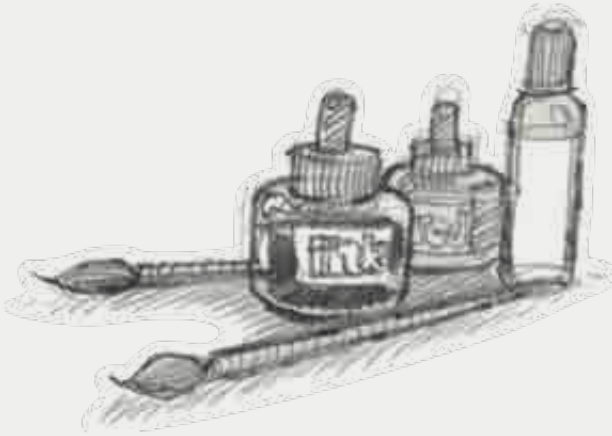
- 曹书铭, 服务规划及发展经理

SICK, ELDERLY AND DESTITUTE SERVICES



Helping Them Live With Dignity

In the past year, MWS continued to serve residents in our nursing home, destitute home and reach out to others through our seniors activity centre and hospice homecare service.



The Intermediate and Long term Care (ILTC) sector are multi-faceted and far-ranging to meet the long-term care needs of the community. This ranges from residential to community based healthcare services. In the past year, MWS continued to serve residents in our nursing home, destitute home and reach out to others through our seniors activity centre and hospice homecare service.

Our four services for the elderly currently cater to a spectrum of needs in the aged sector.

- **Ageing in the Community**

At one end of the spectrum, to cater to the elderly at risk of social isolation and to provide a link to the larger community, Wesley Seniors Activity Centre, a joint community outreach of MWS and Wesley Methodist Church, reaches out to the elderly especially those who are vulnerable living in the Jalan Berseh area, providing over 150 residents with recreational activities and a place for social interaction.

- **Palliative Homecare**

With the increase in chronic and terminal diseases, there are rising expectations and demand for palliative care services. Along with this is the need for palliative home care, which allows for patients with terminal illnesses to live out their last days at home. Agape Methodist Hospice Homecare, has a qualified medical team that provides palliative care to patients in their homes. A befriender also gives emotional and support to the patient and family members.



- **Nursing Home for the elderly and sick**

One of MWS's two residential homes, Bethany Methodist Nursing Home provides round the clock nursing care to about 300 sick, aged and needy patients, most of whom are bed-ridden or in wheel chairs. With a staff strength of almost 180, Bethany's services include the whole gamut of medical, nursing and social care.

- **Home for the Destitute**

One of MWS' two residential homes, Christalite Methodist Home provides a place where the destitute are cared for. About 70% of CMH's 200 residents are above 70 years of age and some suffer from dementia and mental illness.

Statistics show that by 2030, one in five of the population will be aged 65 and above, the semi-ambulant and ambulant will double in numbers and there will be a significant increase of the aged living alone. MWS continues to enhance and strengthen its services to meet the growing needs of the elderly poor and to plug the impending gaps in the sector.

Bethany Methodist Nursing Home

伯大尼卫理疗养院



Mr Rajiv* was admitted to a hospital due to seizures. He also suffered from intracranial haemorrhage and chronic alcoholism. Subsequently, he was admitted to Bethany Methodist Nursing Home as a patient who requires total supervision for Activities of Daily Living (ADLs).

拉杰先生*是因为癫痫发作而被送入医院，他也患有颅内出血及慢性酒精中毒。之后，他因为日常生活需要得到全面照顾而被送入伯大尼卫理疗养院。

Opened in 2001, Bethany Methodist Nursing Home (BMNH) is an oasis for up to 303 sick, frail and needy residents. They are mainly from low-income families and have no alternative care options.

Residents receive a high level of care from BMNH's staff team of healthcare professionals. Most of them need help in their daily activities like feeding and bathing. Its holistic programme includes medical, nursing and dental care, speech, occupational and physiotherapy and a range of recreational and social activities.

Highlights of the Year

1) Professional Care and Training

- Residents have their gums and teeth checked by a qualified dental assistant and team of volunteer dental surgeons on a regular basis
- 21 Nursing Aides attended the Palliative Nursing Care Course for Nursing Aides, organised by the Agency for Integrated Care and Duke-NUS Graduate Medicine School
- With Singapore Nursing Board accreditation achieved in December 2011, nursing students can be posted to BMNH for clinical attachments

*Not their real names *非本名

- BMNH is an established learning hub for the Intermediate and Long Term Care community, hosting professionals and students from hospitals and other learning institutions

2) Operational Upgrades

- Implemented an improved method of distribution (a partnership with Khoo Teck Puat Hospital) in November 2011 to minimise errors in medication packing and to improve productivity
- Food safety was enhanced with new equipment and the implementation of the NEA equivalent Food Handler and Kitchen Operations Standards
- A new van, funded by generous donors, was converted to accommodate wheelchair and stretcher bound patients, improving transportation for residents

3) Major Activities and Events

- Several Methodist churches provide Sunday worship sessions for residents throughout the year
- Staff turned BMNH into a Christmas wonderland with decorations made from recycled items and performances for the residents
- The dedication and contribution of BMNH nurses was celebrated on Nurses Day in August 2011

Our Valued Volunteers

BMNH would like to thank our medical volunteers, volunteers from Methodist and other churches, schools, corporations and hundreds of individuals who support the care professionals at the Home and provide activities for the residents.

"It's not about the manicure. It's about spending time with them. We're just a funnel for God's love to flow through."

– a BMNH volunteer who does manicure for the residents monthly

Age 年龄	Functional category 功能组别	Mobility 活动能力
<p>84% 60 years and above 60岁及以上</p> <p>16% 59 years and below 59岁及以下</p>	<p>72% require maximum nursing care and totally dependent on activities of daily living 需要最高度的护理, 日常活动都需要受协助</p> <p>26% require moderate nursing care and assistance in most of their activities of daily living 需要中度水平的护理, 大部份日常活动需要受协助</p> <p>2% require minimal nursing care and some assistance in activities of daily living 需要低水平的护理, 日常活动只需要一点协助</p>	<p>66% wheelchair-bound 需要坐轮椅</p> <p>32% bed-bound 需要卧床</p> <p>2% ambulant 行动自如</p>
<p>108 years old / 岁 Oldest resident 最老的住院者</p> <p>24 years old / 岁 Youngest resident 最年轻的住院者</p>		

伯大尼卫理疗养院在2001年起, 为303名患病、虚弱及有需要的住院者提供一个安居之所。他们大多数来自低收入家庭及没有其他家居护理选择。

住院者获得伯大尼的专业护理人员的细心关怀。他们大多数在日常生活上, 如进食及冲凉等, 需要受协助。它的全面服务项目包括医疗、看护、牙齿护理、言语治疗、职业治疗、物理治疗及一系列的康乐及社交活动。

过去一年的主要活动

1) 专业护理及训练

- 住院者的牙龈及牙齿定期获得合格的牙医助理及一组志愿牙医检查
- 21名助理护士参加了一个慈怀护理课程。这个课程是护联中心及杜克-新加坡大学研究院主办的。
- 2011年12月获得新加坡护士局的鉴定后, 护士学生将被派到伯大尼实习
- 伯大尼是一个被公认为中长期护理群体提供学习机会的中心。去年, 我们接待了从医院和其他教育机构前来学习的专业人士和学生。

2) 管理改善

- 在2011年11月实施一个新的派药方法(与邱德拔医院的合作计划), 以减低派药出现错误的机会及提高效率
- 安装新设备来提高食物安全水平。伯大尼也提高了食物处理员与厨房操作的水平, 以便与国家环境局的标准看齐。
- 改装了一部新客货车来改善住院者的接送服务。在捐助者的慷慨资助下, 这部车辆方便坐轮椅及需要担架进出病人使用。

3) 主要活动

- 在整个年度里, 多家卫理堂为住院者提供主日崇拜聚会
- 员工在圣诞节期间使用回收物品, 把伯大尼布置得美轮美奂, 就好像一个圣诞仙境, 并为住院者表演
- 在2011年8月举行的一个护士节庆祝会表扬伯大尼所有护士的辛劳和奉献

我们尊贵的志愿工作者

伯大尼想藉此机会感谢所有帮助我们的医疗志愿工作者、来自卫理堂及其他教会、学校、集团及其他上百位的个别的志愿工作者。他们奉献时间来协助院内的专业护理人员并提供活动。

“修指甲是小事, 与他们共渡快乐时光才是重要。我们只是一个漏斗, 把神的爱注入住院者的心中。”

——一位每月为伯大尼住院者修指甲的志愿工作者



Christalite Methodist Home

(A community outreach partnership of MWS and Christ Methodist Church)

基督之光卫理关怀院



Mr Tang*, 76, together with his daughter, 49, was abandoned by his wife in 2007. His wife sold their flat and emptied their joint savings account. As his daughter suffered from a psychiatric disorder, she was unable to work. Both father and daughter would stay at void decks, markets and public toilets.

76岁的唐先生*与其49岁的女儿在2007年被妻子遗弃。他的妻子把他们所住的屋子卖掉及把他们在联名户口内的钱全部提光。他女儿患有精神病，不能够工作。父女两人经常在组屋的地面层、巴刹及公厕流连。

Christalite Methodist Home (CMH), a community outreach of Methodist Welfare Services and Christ Methodist Church, provides care for the homeless, sick, and the aged found begging or living on the streets by offering medical attention, food, lodging and therapeutic services.

Approximately 70% of the Home's 200 residents are aged 70 years and above. About 36% of the residents suffer from psychiatric illness and about 27% are wheelchair-bound, requiring additional nursing care and special dietary arrangements.

CMH's occupational and physiotherapists support the residents with their cognitive and physical functions. Games such as Mahjong and Bingo, and activities like the Reality

Orientation Programme and Reminiscence Therapy, help to prevent or delay the onset of dementia.

Residents also get to enjoy social activities like group or individual outings and festive celebrations. To motivate and build residents' self-esteem, the Home Earning Scheme offers mobile and independent residents employment within CMH with cleaning, gardening, laundry and gate keeping duties. There are approximately 30 residents on this Scheme.

Past year's highlights

- CMH's landscape was enhanced with more plants, additional sheltered seating areas, and erection of a trellis in the central garden area. Residents can enjoy a recreational area to socialise with one another.
- Provided personal computers for seniors who wish to learn computer skills and for younger residents to seek employment. It is also used to foster intergenerational bonds between young volunteers and the Home's seniors through console or computer games.
- Additional physical activities like Tai Chi were introduced to encourage healthy lifestyles

"I believe that this group of elderly/destitute need our care and concern, and our ultimate goal is to show them that there are still people who care about them."

– Wen Qing, a CMH volunteer



基督之光卫理关怀院 是卫理福利服务 与基督卫理堂合作的社区外展计划, 它为那些无家可归、患病及年老的乞讨者及街头露宿者提供医疗护理、食物、住宿及治疗服务。

关怀院内的200名住院者大约有70%是70岁或以上。另外有大概36%的住院者患有精神病及约有27%需要坐轮椅、额外护理及特定的饮食。

基督之光卫理关怀院的职业治疗师及物理治疗师帮助住院者维持认知能力及身体功能, 而为了预防或延缓失智症发生, 我们为住院者安排打麻将及宾果等游戏及现实定向计划与回忆治疗等活动。

我们为住院者安排各式各样的社交活动, 如团体与个别出游及节日庆祝活动。为激励住院者及帮助他们重建自信, 我们为行动自如及不需依赖别人的住院者提供院内就业计划, 包括为疗养院打扫、园艺、洗衣及保安等工作。大约有30名住院者参与了这个计划。

过去一年的主要活动

- 基督之光卫理关怀院的景观大大改善, 除了种植更多树木外, 还加建了有遮盖的座椅及在花园中央树立了棚架, 让住院者可以拥有休闲社交的空间
- 为想学电脑的年长者及想找工作的年轻住院者提供个人电脑。年轻的志愿工作者及院内的年长者也可以通过机座或电脑游戏来消除彼此之间的代沟。
- 增加体能活动如太极来鼓励住院者过健康的生活

“我相信这群年老/被遗弃的住院者十分需要我们的照顾及关怀, 而我们最终的目标是希望他们知道仍然有人关心他们。”

- 文庆是基督之光卫理关怀院的志愿工作者

Mr Tang did not give up on life. At CMH, he managed to secure a cleaning job and learnt to be independent. He hopes that his daughter, who is presently institutionalised, will get better and they will be able to live together.

唐先生没有自暴自弃。在基督之光卫理关怀院内, 他获得一份清洁的工作并学习自食其力。他希望其目前入院治疗的女儿能够早日康复, 让他们可以再次一起生活。

Agape Methodist Hospice

爱加倍卫理慈怀



"I want to give back what I've received in my life. We often remind our patients to look ahead and focus on their blessings. Having a positive attitude definitely helps."

– Ms Winnie Choo, volunteer at AMH Homecare

爱加倍卫理慈怀是卫理福利服务的社区外展服务。它为不同年龄、种族及信仰的重病患者提供24小时的家居慈怀护理服务。我们的医疗团队包括了医生、护士、医疗社工及受过特别训练的志愿工作者。

中心为病人所提供的服务包括提供医疗和护理服务以控制病患的症状及给予情绪与精神上的支持。我们也会免费借出医疗设备，如病床、轮椅、活动盥洗台及氧气机等给病人使用。

在过去一年，爱加倍卫理慈怀为109个病人提供服务，家访次数总共为1,693次。我们大部分的病人居住在二房式至四方式的组屋。

爱加倍卫理慈怀的志愿工作者除了替病人办理琐碎的事情外，像接送他们复诊，他们也照顾病人在心理情绪及精神上的需要。在获得病人的同意下，他们会为病人及其家庭祈祷。爱加倍卫理慈怀是新加坡为数不多的基督教慈怀服务中心之一。

"我希望把我在生命中获得的恩典与其他人分享。我们会时常提醒病人要向前望，把注意力集中在他们所获得的恩赐上。持有积极的心态对病人肯定会有帮助。"

– 朱温妮女士，爱加倍卫理慈怀的志愿工作者

Mdm Lee, 64, was diagnosed with ureter cancer. She struggled financially as her three sons were low-income wage earners. Moreover, her eldest son has cancer too.

64岁的李女士患上了尿道癌，由于她的3个儿子都是属于低收入群，因此她的生活很困窘。更甚的是，她的大儿子也患上了癌症。

Agape Methodist Hospice (AMH Homecare), a community outreach of Methodist Welfare Services, provides 24-hour palliative home care services to those with advanced illnesses, regardless of age, race or religion. The medical team comprises doctors, nurses, a medical social worker and specially-trained volunteers.

Services include medical and nursing support for symptom control and nursing needs, and providing emotional and spiritual support. We also offer free loan of equipment such as hospital beds, wheelchairs, commodes and oxygen concentrators to our patients.

AMH Homecare served 109 patients the past year and made 1,693 home visits. Most of the patients were staying in two-to four-room HDB flats.

In addition to running errands like fetching patients to medical appointments, AMH Homecare's volunteers address psycho-emotional and spiritual needs. With the patient's consent, they pray for the patients and their families. AMH Homecare is one of the few Christian hospice homecare providers in Singapore.

Seeing her three-year-old granddaughter growing up day-by-day gives Mdm Lee a strong will to live. AMH Homecare provides her with free pain-control medication, food rations, and is applying for financial aid. In addition to having a strong will to live, she now faces each day with hope and joy.

李女士看到3岁的孙女一天一天地长大，她有很强的生存意志。爱加倍卫理慈怀为李女士免费提供止痛药、配给粮食、并为她申请经济援助。除了拥有强烈的生存意志外，李女士现在以希望及欢乐来迎接每一天的到来。

Wesley Seniors Activity Centre

METHODIST WELFARE SERVICES 2012

(A community outreach partnership of MWS and Wesley Methodist Church)

卫斯理乐龄活动中心



"It is good to have WSAC here—it is very convenient for me. I have made new friends, so it is really nice to have people to meet and talk to everyday."

– Mr Wong

卫斯理乐龄活动中心在2010年开始投入服务, 它专门为老人家提供一个聚脚点, 让他们可以进行社交和娱乐活动。

中心成立的目的是让住在惹兰白锡一带的老人家不会被社会隔离, 并为年长者提供社区支援服务而方便协调。中心的服务对象是60岁及以上的老人家。

中心为其170个年长者提供多样化的服务, 包括:

- 每天齐来做早操
- 早餐、茶点
- 桌上游戏 (拉密牌、多米诺、宾果、纸牌、下棋、拼图)
- 卡拉OK
- 家庭探访 (由职员及志愿者进行)
- 生日及节日庆祝会
- 国内出游
- 读信/写信服务
- 转介服务

特别项目

- 健康步行活动: 每个月举办一次, 每次大约有50个乐龄人士, 会去新加坡其中一个公园漫步。在2012年3月, 一大班老人家在职员及志愿者的陪同下前往拉柏多自然保护区漫步。
- 人民协会 Brighthomes 计划: 这是一个由新加坡中区社会服务局资助的服务学习计划, 80名来自义安理工学院的学生轮流与卫斯理乐龄活动中心的老人家共同参与一个有意义的活动 (总共分10次举行)。他们参观过的地方包括滨海堤坝、植物公园及甚至新加坡的金融中心。

"在这里开设卫斯理乐龄中心实在太好了, 对我来说十分方便。我结交了很多新朋友, 每天能够与朋友见面聊天真是一件乐事。"

– 郭先生

Mr Wong*, 85, lives alone in a two-room rental flat. He used to be a rag and bone man, and was helping a friend sell second-hand goods along Sungei Road.

85岁的郭先生单独住在一个两房式的租赁组屋。他之前以收买破烂为生, 并帮朋友在双溪路卖二手货。

Opened in 2010, Wesley Seniors Activity Centre (WSAC) is a drop-in centre catering to the social and recreational needs of the seniors. It aims to decrease social isolation of the elderly living in Jalan Berseh and to facilitate better co-ordination in the provision of community-based support services to the seniors. The Centre reaches out to seniors aged 60 and above.

The Centre conducts a host of services for its 170 senior citizens:

- Daily morning exercise
- Breakfast, tea breaks
- Table games (Rummikub, Dominoes, Bingo, Cards, Chess, Puzzles)
- Karaoke
- Home visits (by staff and volunteers)
- Birthday and ethnic celebrations
- Local excursions
- Letter reading/writing
- Referral services

Special programmes

- Walk for Health: Once a month, a group of up to 50 seniors will walk in one of Singapore's parks. A group went to Labrador Nature Reserve in March 2012, accompanied by staff and volunteers.
- PA Brighthomes Project: A service learning project funded by Central Singapore CDC, 80 Ngee Ann Polytechnic students took turns (over 10 sessions) to engage in a meaningful activity with WSAC's seniors. They have visited places like Marina Barrage and Botanic Gardens.

Since February 2012, Mr Wong began coming to WSAC daily and joins in for the morning exercise. He has made many new friends from neighbouring flats, and they will interact over morning tea at the Centre.

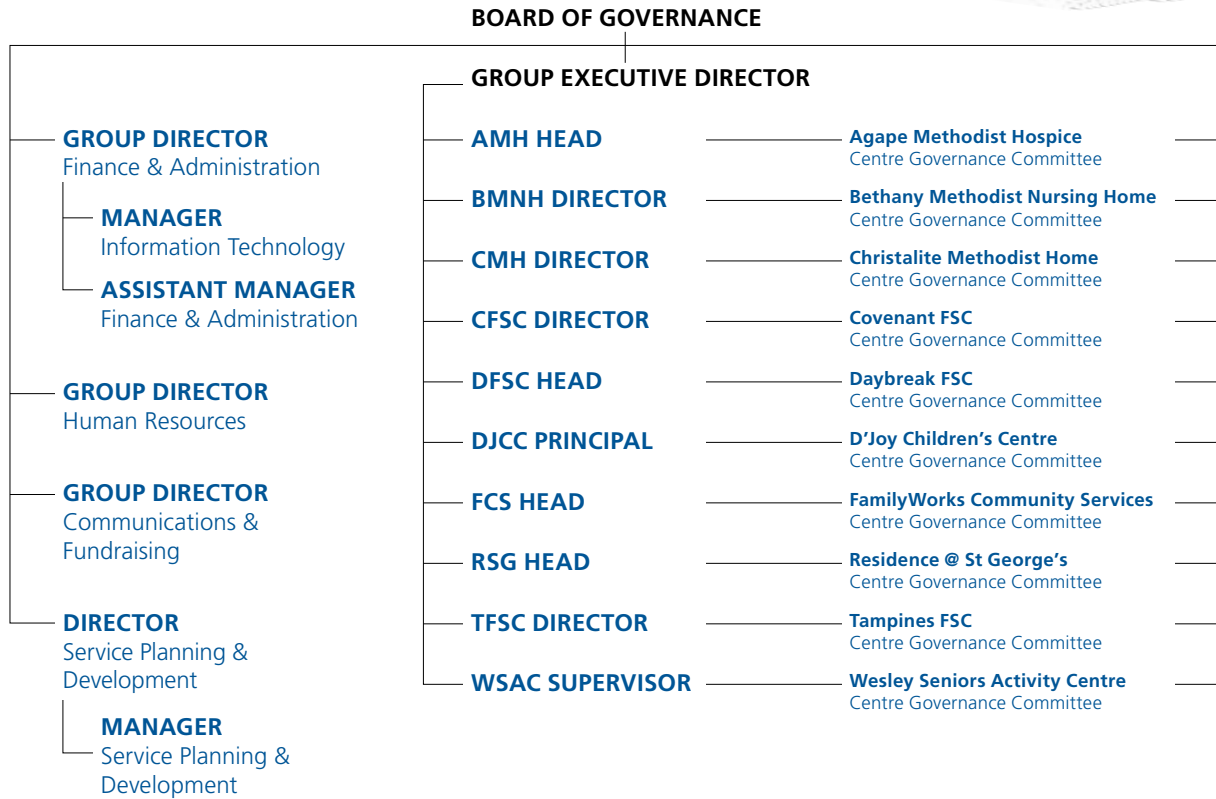
自从2012年2月开始, 王先生每天都前来卫斯理乐龄中心, 与大家一起做早操。他结交了很多住在邻里的新朋友, 并常常在中心喝茶聊天。

*Not their real names *非本名

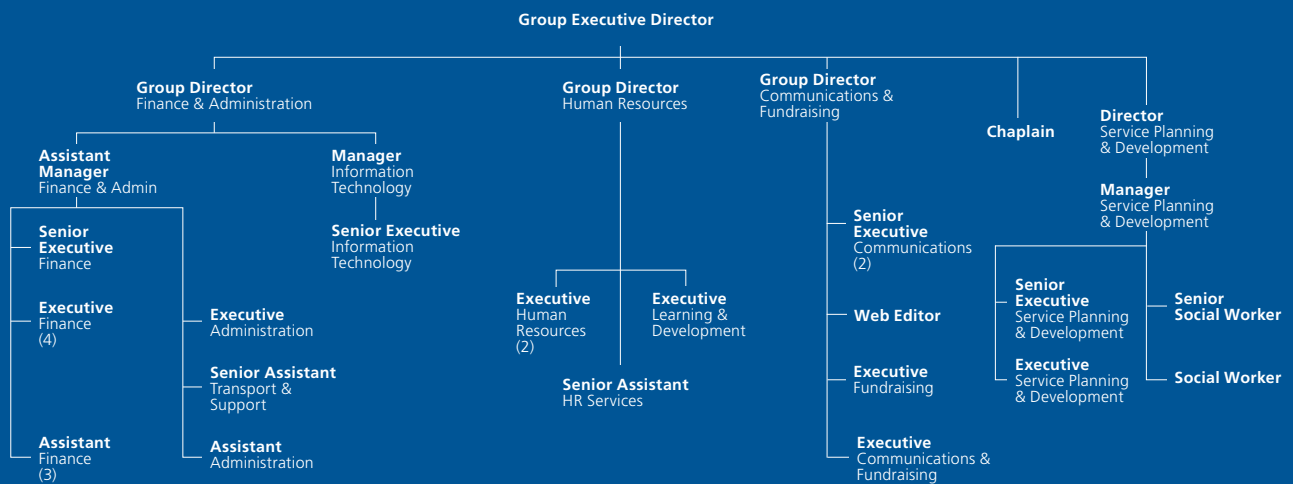
Organisation Charts



MWS



MWS HQ





MWS Heads of Centre and Group Directors

Back Row (Left to Right) :

Ms Sujeeta Elizabeth Menon, Ms Fong Mee Sim, Ms Janet Leong, Ms LesValene Ngion, Mrs Florence Lim, Mrs Connie Ng

Front Row (Left to Right) :

Ms Kwok Sian Yee, Ms Pearl Lee, Mr Joachim Lee, Mrs Jenny Bong, Mr Walter Lee

Not in pic: Mrs Florence Ho



MWS HQ Staff

The MWS Family



Bethany Methodist Nursing Home staff



Tampines Family Service Centre staff



Covenant Family Service Centre staff



Residence @ St. George's staff



FamilyWorks Community Services staff



Daybreak Family Service Centre and Daybreak Student Care Centre staff



Wesley Seniors Activity Centre staff



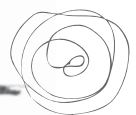
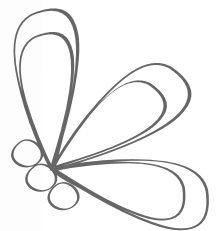
Agape Methodist Hospice (Homecare) staff



D'Joy Children's Centre staff



Christalite Methodist Home staff



Centre Governance Committees



AGAPE METHODIST HOSPICE

Chairperson	Mr Chan Wing Leong
Vice-Chairperson	Dr Agnes Ng
Members	Dr Chen Ai Ju Dr Ting Wen Chang Mr David Row Mrs Catherine Lam Ms Lai Bew Meng Dr Carole Willard Mrs Tan Ee Leng

BETHANY METHODIST NURSING HOME

Chairperson	Mr Chan Kum Kit <i>(Till 31 Oct 2011)</i> Rev Dr Daniel Koh Kah Soon <i>(Effective from 1 Nov 2011)</i>
Treasurer	Mr Vincent Fong <i>(Till 31 Oct 2011)</i>
Members	Mr Andrew Lee Dr Chen Ai Ju Dr Ong Peck Leong <i>(Till 31 Oct 2011)</i> Mr Albert Lim Song Khiang Mr Chim Howe Lai Mrs Ng Soo Kheng Dr Cynthia Chee Bin Eng Mdm Doren Lerh Beng Har Mrs Lauren Ong <i>(Effective from 1 Nov 2011)</i> Mr David Wong, BBM, PPA, PBM Dr David Foo Chee Guan Mr Eugene Toh Ming Hong Mr Chan Kum Kit Ms Mak Wei Munn Ms Lee Pak Kheng Dr Esther Tan

CHRISTALITE METHODIST HOME

(PARTNER CHURCH: CHRIST METHODIST CHURCH)

Chairperson	Col (Retd) Raymond Tan
Secretary	Ms Florence Lee
Treasurer	Mrs Seow-Soon Yang San
Members	Mrs Heng-Lim Gaik Kee Ms Gloria Ong Mr Stanley Lee Dr Peter Ng Mr Dennis Wee Mr Joseph Toh Guan Kiat Mr Ling Ting Soo
Ex-Officio	Rev Tay Kay Leong Mr Alvin Teh

COVENANT FAMILY SERVICE CENTRE

(PARTNER CHURCH: PAYA LEBAR METHODIST CHURCH)

Chairperson	Mr Choi Chik Cheong
Vice-Chairperson	Mr Keong Choon Jin
Treasurer	Mr Herbert Ng Choon Ling
Members	Mr Richard Yeo Lee Hock Mrs Magdalene Low Siah Ing Mr Jimmy Leong Yue Wah Ms Emily Kang Lay Hoon Mr Jiang Ke-yue <i>(Effective from 1 Nov 2011)</i> Mr Chan Kah Guan Mr Robin Cheong Chak Khiong

DAYBREAK FAMILY SERVICE CENTRE

Chairperson	Mr Ronnie Gan Seow Khaw <i>(Till 31 Oct 2011)</i> Mr Albert Lim Song Khiang <i>(Effective from 1 Nov 2011)</i>
Vice-Chairperson	Mrs Jocelyn Foo
Treasurer	Mr Yuen Chee Onn
Secretary	Mrs Teresa Kuek
Member	Mrs Linda Haverkamp-Heng Phek Lang

D'JOY CHILDREN'S CENTRE

(PARTNER CHURCH: HINGHWA METHODIST CHURCH)

Chairperson	Mrs Maggie Khoo <i>(Till 31 Oct 2011)</i> Mr Yap Chee Heng <i>(Effective from 1 Nov 2011)</i>
Vice-Chairperson	Mr Soon Kay Hock <i>(Effective from 1 Nov 2011)</i>
Hon. Treasurer	Mrs Agnas Au <i>(Till 31 Oct 2011)</i>
Member	Mrs Mary Seah Mdm Yong Joo Yean Mr Raymond Ng Kok Hui Mrs Maggie Khoo <i>(Effective from 1 Nov 2011)</i> <i>(Till 31 Oct 2011)</i> Mrs Betty Yen Mr Soon Kay Hock Mr Yap Chee Heng Mr Poh Peng

FAMILYWORKS COMMUNITY SERVICES

(PARTNER CHURCH: CHANGI METHODIST CHURCH)

Chairperson	Mr Freddie Chew
Vice-Chairperson	Mr Philip Ong Hui Leong
Members	Dr Mah Yeow Beng Ms Faith Sing Mui Leng Mr David Wong, BBM, PPA, PBM Rev Jasper Sim Shenq Chyi
Ex-Officio	

ICONNECT STUDENT CARE

(PARTNER CHURCH: TOA PAYOH METHODIST CHURCH)

Chairperson	Mr Andrew Tan
Members	Mr Albert Yeo Yong Huat Mr Egbert Yau Kam Chan Mr Peter Ong Siew Kwee Ms Sarah Lim Mr Joseph Toh Guan Kiat

RESIDENCE @ ST GEORGE'S

(PARTNER: GENERAL CONFERENCE – WOMEN'S SOCIETY FOR CHRISTIAN SERVICE)

Chairperson	Mrs Lydia Sng
Vice-Chairperson	Ms Florence Cheong Foong Ping
Members	Ms Anne Xavier Mrs Lydia Han Ho Yue Ms Katherine Foo Sin Yong Ms Ko Joon Chin Mrs Fong Loo Fern



AMH CGC

Bethany CGC

CMH CGC

CFSC CGC

TFSC CGC

DFSC CGC

D'Joy CGC

FamilyWorks CGC

WSAC CGC

SEMBAWANG FAMILY SERVICE CENTRE
(PARTNER CHURCH: COVENANT COMMUNITY METHODIST CHURCH)

Chairperson Ms Jacqueline Khoo
 Vice-Chairperson Mrs April Ong
 Treasurer Mr Peter Tan S.C.
 Members Ms Rosalind Sun
 Ms Wee Ghim Choo
 Mr Chay Kim Fun
 Ms Anita Fam

Ex-Officio

TAMPINES FAMILY SERVICE CENTRE
(PARTNER CHURCH: PENTECOST METHODIST CHURCH)

Chairperson AP Debbie Ong Siew Ling
 Treasurer Ms Sandra Lee Siew Eng
 Members Dr Tan Kee Wang
 Mr Raymond Khoo
 Mrs Khoo Chor Lin
 Rev Dr Daniel Koh Kah Soon

WESLEY SENIORS ACTIVITY CENTRE
(PARTNER CHURCH: WESLEY METHODIST CHURCH)

Chairperson Mr Daniel Chan
 Vice-Chairperson Mr Leow Kim Liat
 Members Ms Shirley Koo
 Dr Ng Chee Keong
 Mr Tang Ang Cheong, PBM
 Mr Woo Sui Kee
 Mr Chim Howe Lai
 Mr David Wong, BBM, PPA, PBM
 Rev Melvin Huang
 Ms Denise Phua

Ex-officio

Adviser

Sub-Committees

AUDIT SUB-COMMITTEE

Chairperson Mr Chan Kum Kit
Members Ms Winnie Liew
Mr David Wong Cheong Fook
(Till 31 Oct 2011)
Mr Christopher Tay
(Effective from 16 Jan 2012)

BURSARY STANDING COMMITTEE (TILL 30 NOV 2011)

Chairperson Mr Terence Wee Jin Zoo
Members Ms Dorothy Lim
Mrs Lee Siew Choo
Mrs Christine Ho
Mrs Pauline Tan
Mrs Amy Chan
Mrs Irene Chan
Mrs Lauren Ong
Mr Gan Kok Beng
Mr Leow Kim Liat
Mr Kulandaisamy Premkumar Sagayaraj

COMMUNICATIONS SUB-COMMITTEE

Chairperson Mrs Tan Ee Leng
Members Mr Lam Wei Choong
(Till 31 Oct 2011)
Mr Terry Ng
(Till 31 Oct 2011)
Mrs April Ong
(Till 31 Oct 2011)
Mr Leow Kim Liat
Ms Kim Faulkner
Ms April Lee
(Effective from 1 Nov 2011)

FINANCE SUB-COMMITTEE

Chairperson Mr Joseph Toh Guan Kiat
(Effect from 1 Nov 2011)
Mr Chim Howe Lai
(Till 31 Oct 2011)
Members Mr Chay Kim Fun
(Till 31 Oct 2011)
Mrs Ng Soo Kheng
(Till 31 Oct 2011)
Mr Albert Lim Song Kiang
(Till 31 Oct 2011)
Mrs Fong Loo Fern
(Effective from 1 Nov 2011)
Mr Robin Cheong Chak Khiong
(Effective from 1 Nov 2011)

FUNDRAISING SUB-COMMITTEE

Chairperson Mr Albert Lim Song Kiang
Members Mr Rodney Tan
Mr Gan Kok Beng
Mr Lee Chong Min
Mrs Fong Loo Fern
Mr Christopher Tay
Mr Aubeck Kam Tse Tsuen
(Till 31 Oct 2011)

HUMAN RESOURCE SUB-COMMITTEE

Chairperson Mrs Loh Chay Leng
Members Mr Aubeck Kam Tse Tsuen
Mr Koh Juan Kiat
Mrs Heng-Lim Gaik Kee
(Till 31 Oct 2011)
Rev David Wee CS
(Till 31 Oct 2011)

INVESTMENT SUB-COMMITTEE

Chairperson Mr David Wong Cheong Fook
Members Mr Joseph Toh Guan Kiat
(Till 31 Oct 2011)
Mr Yow Chi Mun
Mr Tung Siew Hoong
(Effective from 1 Nov 2011)
Mrs Fong Loo Fern
(Effective from 1 Nov 2011)

INFORMATION TECHNOLOGY SUB-COMMITTEE

Chairperson Dr Lee Wee Leong
(Effective from 1 Nov 2011)
Mr Lam Wei Choong
(Till 31 Oct 2011)

NOMINATION SUB-COMMITTEE (TILL 17 SEPTEMBER 2011)

Chairperson Mr Albert Lim Song Kiang
Members Rev William Sam Kin Leong
Mr Joseph Toh Guan Kiat
Mrs Loh Chay Leng
Mrs Tan Ee Leng
Rev Dr Daniel Koh Kah Soon
Rev David Wee CS



Donation Form

RESPONSE FORM

Mr/Mdm/Ms/Rev/Dr/Prof # _____

Name _____

NRIC/FIN No _____ Sex M/F # _____

Address _____
 _____ (S _____)

Date of Birth _____

Contact (Home) _____ (Office) _____

(Mobile) _____

Occupation _____

Email _____

Place of Worship (if any) _____

I am pleased to make a contribution of the following amount

One Time Donation

\$250 \$150 \$100 \$80 \$50
 Other Amount _____

Monthly Donation

\$80 \$50 \$20 \$10
 Other Amount _____

I would like to make my donation through

Cheque No _____ Bank _____

Visa/Mastercard No (minimum \$10)

 Expiry Date Signature

GIRO (Please complete form below)

Please be assured that your personal information will be kept strictly confidential. Your personal donation is eligible for two and a half times tax deduction. Please provide us your particulars especially your NRIC/FIN No for submission to Inland Revenue Authority of Singapore for automatic tax deduction. For non-individual donors, please provided ROC No/ROB No.

GIRO APPLICATION FORM

PART 1 : FOR DONOR'S COMPLETION

Date _____

To: (Name of Bank) _____

Branch _____

- I/we^e hereby instruct you to process BO's instructions to debit my/our^e account.
- You are entitled to reject the BO's debit instruction if my/our^e account does not have sufficient funds and charge me/us^e a fee for this. You may also at your discretion allow the debit even if this results in an overdraft on the account and impose charges accordingly.
- This authorisation will remain in force until terminated by your written notice sent to my/our^e address last known to you or upon receipt of my/our^e written revocation through Methodist Welfare Services.

My/Our #Name(s) (as in account) _____

Monthly Donation (Payment Limit) \$ _____

My/Our #Account Number: _____

My/Our #Contact (Tel/Fax) No(s) _____

Name of Billing Organisation: **Methodist Welfare Services**

Customer Name _____

NRIC/FIN No _____

 My/Our Company Stamp/Signature(s)/Thumbprint(s) # (as in bank's record)

PART 2 : FOR MWS' COMPLETION

Bank	Branch	MWS Account No.
7	1	7 1 0 3 3 0 3 3 0 1 6 5 6 9 2

Bank	Branch	Account No. to be Debited

MWS Customer Reference No.

PART 3 : FOR BANK'S COMPLETION

To: Methodist Welfare Services
 This application is hereby rejected for the following reason(s) (please indicate)

- Signature/Thumbprint # differs from the Bank's records
- Amendments not countersigned by customer
- Wrong account number
- Account operated by Signature/Thumbprint #
- Signature/Thumbprint* incomplete/unclear #
- Others

Name of Approving Officer _____ Authorised Signature _____ Date _____

* For thumbprints, please go to the branch with your identification documents
 # Please delete where applicable

ARGD

PLEASE SEAL ALONG THE SIDES. PLEASE DO NOT ENCLOSE CASH.

Postage will
be paid by
addressee.
For posting in
Singapore only

BUSINESS REPLY SERVICE
PERMIT NO. 02007

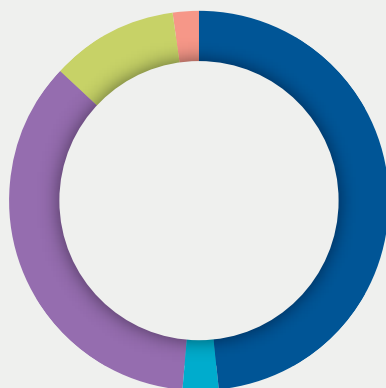


METHODIST WELFARE SERVICES
70 BARKER ROAD #05-01
SINGAPORE 309936

Financial Highlights

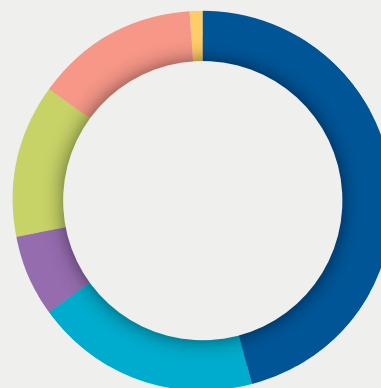
For the financial year ended 31 March 2012

Sources of Income Total \$20.671 million



- Government Grants & Subsidies (49%)
- NCSS Grants (3%)
- Funds Raised (35%)
- Programme & Service Fees (11%)
- Interest and Miscellaneous Income (2%)

Operating Expenditure Total \$16.302 million



- Sick & Frail (46%)
- Families & Community (19%)
- Children & Youth (7%)
- Destitute (13%)
- Management & Shared Services (14%)
- Elderly (1%)

Fundraising Efficiency Ratio

	2012	2011
	\$	\$
Donations	4,229,487	4,057,032
Sponsorships	10,538	70,593
Total donations and sponsorships	4,240,025	4,127,625
Direct fundraising expenses	133,324	337,069
Sponsorships	10,538	70,593
Indirect / Allocated Costs	2,079	1,689
Total fundraising expenditure	145,941	409,351
Surplus	4,094,084	3,718,274
Fundraising Efficiency Ratio before sponsorship	0.03	0.08
Fundraising Efficiency Ratio with sponsorship	0.03	0.10

Gross Annual Salary Bands with Corresponding Number of Employees as at 31 March 2012

Gross Annual Salary Range (\$\$)	Number of Employees	
	2011/12	2010/11
< 50,000	289	296
50,000 - 100,000	37	45
100,001 - 150,000	7	5
Total	333	346

Remuneration and Benefits received by Board Members for the financial year ended 31 March 2012

	Remuneration	Benefits
Board Members	0	0

MWS CENTRES & OUTREACH SERVICES

CHILDREN & YOUTH

- A D'Joy Childcare & Student Care Centre**
Blk 1 Maude Road #03-30 Singapore 200001
☎ 6294 9960 ✉ admin@djoy.mws.org.sg
- B Daybreak Student Care Centre**
7 Yishun Avenue 4 Singapore 769028
☎ 6757 2907 ✉ dfscsc@daybreak.mws.org.sg
- C Residence @ St. George's**
1 St. George's Lane Singapore 328047
☎ 6391 0566 ✉ admin@stgeorges.mws.org.sg
- MWS Bursary Programme**
☎ 6478 4700 ✉ admin@mws.org.sg

FAMILIES

- D Covenant Family Service Centre**
Blk 613 Hougang Ave 8 #01-432 Singapore 530613
☎ 6282 8558 ✉ admin@covenant.mws.org.sg
- E Daybreak Family Service Centre**
Blk 855 Yishun Ring Road #01-3539 Singapore 760855
☎ 6756 4995 ✉ admin@daybreak.mws.org.sg
- F FamilyWorks Community Services**
Sengkang Central Post Office PO Box 865 Singapore 915408
☎ 9769 5892 ✉ irmanhalim@familyworks.mws.org.sg
- G Tampines Family Service Centre**
Blk 470 Tampines St 44 #01-194 Singapore 520470
☎ 6787 2001 ✉ admin@tampines.mws.org.sg
- Walk With the Poor Programme**
☎ 6478 4700 ✉ wwtp@mws.org.sg



SICK, ELDERLY & DESTITUTE

- H Agape Methodist Hospice**
70 Barker Road #05-03 Singapore 309936
☎ 6478 4725 ✉ admin@amh.mws.org.sg
- I Bethany Methodist Nursing Home**
9 Choa Chu Kang Ave 4 Singapore 689815
☎ 6314 1580 ✉ admin@bethany.mws.org.sg
- J Christalite Methodist Home**
51 Marsiling Drive Singapore 739297
☎ 6368 5179 ✉ admin@cmh.mws.org.sg
- K Wesley Seniors Activity Centre**
Blk 25 Jalan Berseh #01-142 Singapore 200025
☎ 6298 0195 ✉ sianyeek@wesleymc.org

To be a leading organisation that exemplifies God's love, enabling the poor and needy to have life to the full.



Methodist
Welfare
Services

MWS is a Member of NCSS
IPC Status has been renewed until 30 September 2014
Charity Registration No: 00166
UEN: S81SS 0088H

MWS Headquarters

70 Barker Road #05-01 Singapore 309936
T: 6478 4700
F: 6478 4701
E: admin@mws.org.sg
W: www.mws.org.sg