



Methodist Welfare Services



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METHODIST WELFARE SERVICES  
ANNUAL REPORT FY2014/15

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CONNECTING JOURNEYS  
METHODIST WELFARE SERVICES ANNUAL REPORT FY2014/15

# CONNECTING JOURNEYS

HOPE • GRACE • STRENGTH • CARE • WARMTH

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Students of Daybreak  
Student Care Centre  
(DSCC) that provides after  
school care and guidance.



## VISION

To be a leading organisation that exemplifies God's love, enabling the poor and needy to have life to the full.

## MISSION

- Make the needs of the poor and needy known to all as enriched by our Methodist tradition.
- Make services available including unexplored, underserved opportunities to the poor and needy.
- Make resources available for Methodist churches to do social concerns.

## VALUES

- T**rust
- R**espect Worth and Dignity of People
- U**ncompromising Integrity
- S**ervice before Self
- T**eamwork
- S**ound Governance

# PATRON'S MESSAGE

## 赞助人致词

During this year of our Nation's Jubilee, the Methodist Church in Singapore (MCS) also celebrates its 130th Anniversary. The Methodist Welfare Services, with its historical and familial links to MCS, is partnering with Methodist churches and Methodists to help those in our community who are struggling with chronic debt.

In the Bible, being free from debt is an integral part of celebrating the Jubilee. At the height of our celebration, we remember those who have been brought low. This is a priority in the very heart of God. Even when we celebrate what God has done for us, our hearts go out to those who may not be as blessed as we are.

When we think of debts, we normally have money in mind. However, the Bible also refers to another kind. As the verse on the right points out, there is a debt of love. This is one which God does not want us to be free from.

Be indebted to another in love, not money. What that means is that we are to position ourselves in a way that when we give love to another, we do it as if we owe it to them. We can never reach a point in our lives where we can say that we have 'paid back' love fully to anyone.

The verse also points out that whenever we love others in this way, we have fulfilled the law. The "law" here does not mean rules and regulations as in the legislations passed by parliament. Rather it is pointing to the law of God, which consists essentially of what God expects us to live up to. Because God loves us, what He expects of us must be the best that He has for us. So fulfilling the law by loving others in this way is living out the best of God's plan for us.

As there are always people in need, of all kinds and not just money, we can never reach a point in our lives where we say that we have done enough. "I gave last year; why are you asking me again now?" "I have done my part already, I don't have to do it again this year!" Having such an attitude shows that we have not developed "love indebtedness". We can give support for all kinds of reasons, some noble, some selfish. But we can never say that we have done enough loving acts.

May there be a growing number of people in our midst who understand more of what it means to be in the debt of love.

Shalom.

### **Rev. Dr. Wee Boon Hup**

Bishop, The Methodist Church in Singapore  
Patron, Methodist Welfare Services



“ **Let no debt remain outstanding, except the continuing debt to love one another, for whoever loves others has fulfilled the law.**

Romans 13:8

**凡事都不可亏欠人，惟有彼此相爱，要常以为亏欠，因为爱人的就完全了律法。**

罗马书13:8

欣逢今年我国庆祝金禧国庆，新加坡卫理公会 (MCS) 也迎来了130周年纪念。卫理福利服务凭借它与新加坡卫理公会的历史和家族渊源，正与卫理公会各堂和信徒们携手合作，共同帮助在我们社会中饱受长期债务困扰的弱势族群。

在圣经中，免于债务是庆祝禧年的一个主要部分。在热烈欢庆之际，我们还心系着那些处于社会底层的人群。这是神心目中的优先考量。即使当我们庆贺神所恩赐给我们的美好一切时，我们的心也要飞出去关爱那些不如我们般幸福的贫困同胞。

一旦想到债务，浮上我们脑海的通常是金钱。然而，圣经也指向另一种债务，经文所指出的——爱的债务。这一种债务是神永远不希望我们逃离的。

亏欠别人的是爱，而非金钱。这意味着我们定位自己的方式，是当我们给予别人爱时，我们要抱着“亏欠了他们”的心态去这么做。我们一生中永远无法达到一个阶段，让我们可以说自己已经把爱全部“偿还”给任何人了。

经文还指出，每当我们以这种方式来爱别人时，我们就已经完全了律法。“法”在这里并不是指国会通过法案中的规则条例。反之，它意指神的律法，主要包含神期望我们在生活中信守的义行。因为神爱我们，祂对我们的期望绝对是祂恩赐给我们最好的一切。因此，通过这种方式来爱别人即可完全律法，并将神为我们计划的一切活出真义。

世间总有人需要各种各样的帮助，不只是金钱而已。我们一生中永远无法达到一个阶段，让我们可以说自己已经做得够多了。“我去年已经捐献，为什么您现在又再来向我要？”，“我已经完成自己的本份，我今年没必要再做一遍！”会有这样的态度，即表示我们还没有培养出“欠爱精神”。我们可以依各种理由来伸出援手，有的是高贵的，有的是自私的。然而，我们永远都不能说自己的爱心之早已足够了。

愿我们当中会有越来越多的人深切明了，背负爱的债务的真正含义。

愿您平安。

**黄文合牧师(博士)  
新加坡卫理公会会督  
卫理福利服务赞助人**

# CHAIRPERSON'S MESSAGE

## 主席致词

We thank God for enabling MWS to serve the poor and needy, and the elderly in our community in another record year. In FY2014/15, we have experienced His immense grace and blessings, serving over 12,000 beneficiaries, 1,000 more than the year before. This would not have been possible without the strong and faithful support of stalwart donors, Methodists, as well as foundations and corporates.

In August last year, we kick-started a community outreach programme to mark two milestones in 2015 – the Golden Jubilee of Singapore's Independence as well as the 130th anniversary of the Methodist Church in Singapore.

The Getting Out Of Debt – or GOOD – Programme exemplifies the Biblical Jubilee by setting people free from debt. We started by aiming to wipe off an average of \$2,000 of debt each from 850 families. These are debts incurred from daily living such as housing arrears, utilities and town council bills. I am extremely delighted and humbled by the tremendous show of heart and spirit in response to our appeals. As of the printing of this report, more than \$3 million has been raised. Not only are we now able to help these families, we can now reach out to greater numbers through continuing debt management programmes and give those who have cleared their debts the motivation to save. This is without doubt the extraordinary social impact that we had hoped for as a Methodist family.

To round off a year of transcending possibilities, MWS was honoured with the Charity Governance Award 2014 (Large Category). The award acknowledges charities that have adopted the highest standards of governance. We are encouraged by the award, which validates our unstinting efforts to promote transparency and accountability through the Board of Governance, Centre Governance Committees and Committees.

With greater responsibility and each new task entrusted to MWS, we hope to justify your inspiring support for our work by the power of God. We thank each and every donor and volunteer who gave selflessly and generously of your resources, time, and gifts and for believing in our causes. We look forward to another meaningful year of serving the last, the least and the lost with you!

We are grateful to all the members of our Board of Governance, Centre Governance Committees and Committees, for their commitment and leadership. We also thank our staff for their sacrifice and service. Our Ministry would not have been possible without their contributions.

Soli Deo Gloria!

**Mr David Wong**

Chairperson, Methodist Welfare Services



“ From everyone who has been given much, much will be demanded; and from the one who has been entrusted with much, much more will be asked.

Luke 12:48

谁被赐予的多，将来向谁索取的也多；托给谁多，将来向谁要求的也更多。”

路加福音12:48

我们感谢神，让卫理福利服务得以在另一个创纪录的年份里，为我们社会中贫困和有需要的弱势族群服务。在2014/15财政年度，我们已领受到祂巨大的恩典和祝福，为超过12,000名受益人提供服务，比前一年多出1,000名。没有众多团体强大而忠实的支持，我们无法取得这样的成果，其中包括忠诚大的捐助者、卫理公会成员，以及基金会和各企业。

去年8月，我们启动了社区外展计划以标识2015年的两大里程碑——新加坡独立50年金禧国庆，以及卫理公会在新加坡的130周年庆。

GETTING OUT OF DEBT (意即“逃离债务”)，或GOOD计划，通过替人消除债务来体现圣经禧年。我们一开始的目标是帮助850个家庭，每户平均解除2,000新元的债务。这些债务都是来自日常生活开销，如：拖欠的房租、水电费和市镇理事会账单。看到大家为了达成这一宏伟目标而展现的爱心和奉献精神，我感到非常欣喜雀跃，也自愧不如。于本报告印刷之时，我们已筹获超过300万新元。如今我们不仅能够帮助这些家庭，而且还可以通过持续的债务管理计划来触及更多家庭，并继续协助那些已消除债务的人士，使他们有动力去开始储蓄。作为一个卫理家庭，这无疑是我们一直以来都期待的卓越社会影响力。

卫理福利服务荣获2014年慈善治理奖(大组)，为这个突破各种可能性的年份划下完美句点。该奖项是表扬那些采纳最高治理标准的慈善机构。我们深受奖项的鼓舞，因为它证实了我们通过治理委员会、管理中心委员会和委员会，努力不懈地以高水平的透明度和承袭去完成我们的使命。

在神的力量带领下，随着卫理福利服务肩负的每项责任和任务越来越重大，我们希望能肯定您对我们工作的鼎力支持。我们诚挚感谢每一位捐助者和义工，感恩您们慷慨无私地奉献自己的资源、时间和礼物，而且相信我们的初衷。我们展望另一个意义非凡的年头，和您们一起去行善献爱，让温情满人间！

我们谨此向我们治理董事会、治理中心委员会和委员会的全体成员致以最高谢意，感恩他们的承诺智慧和英明领导。我们也衷心感激我们员工的牺牲付出和竭诚服务。没有他们的贡献，我们事工不可能圆满成事。

一切荣耀归于上帝！

黄昌福先生  
卫理福利服务主席

# GROUP EXECUTIVE DIRECTOR'S MESSAGE

## 集团执行董事致词

With each passing year since our inception in 1981, MWS has been privileged to connect with more and more poor and needy in Singapore and walk with them through their tribulations and challenges. Even when these journeys end, they never really do.

Indeed for many, MWS has seen two and three generations coming through our doors. Getting people out of poverty is a long and complex process and it is this belief that fuels our 360 degree multi-programme approach.

This past year, our services are made even more connected with the launch of two programmes, the Getting Out Of Debt (or GOOD) Programme and MWS HomeJoy, which aim to serve our beneficiaries in a more holistic and integrated manner.

Many families in need find it challenging to plan for the future, invest in their children's education or build assets and savings, when they are beset by mounting chronic debt. By clearing their debts, the GOOD Programme provides them with a fresh start, so they can take concrete steps out of the poverty cycle, such as getting rid of bad money habits, and starting to save.

A key role of MWS is our commission to advance social concerns by providing the resources for Methodists to serve the poor and needy. Last year, recognising the need for para-counselling and engagement of migrant workers in the Mandai area, Singapore Telugu Methodist Church partnered with MWS to establish SEVA. MWS now has 10 community outreach programmes in partnership with Methodist churches and agencies.

MWS HomeJoy was also launched in March this year to extend the continuum of care that we provide to our frail beneficiaries who may be referred through other MWS programmes such as Bethany Methodist Nursing Home, Agape Methodist Hospice (Homecare), Charis ACE and Wesley Seniors Activity Centre. Through MWS HomeJoy, we provide a suite of services to seniors who require assistance in their activities of daily living (ADLs) and instrumental activities of daily living (IADLs) and do not have adequate caregiving. This enables seniors to live at home for as long as possible, instead of being confined in institutionalised care. It also provides caregivers with some respite from their care-giving duties.

MWS will continue to strive and be the champion of the underserved, pioneer programmes to help our families and disadvantaged get out of the poverty cycle, and meet the increasing needs of elderly.

Looking forward, MWS will set up two new seniors activity centres – in Sims Place and Fernvale – in the coming financial year, adding on to the two we are currently operating. Not only will we serve more seniors in the face of our ageing population, we will also be able to engage Methodist churches and Methodists in these areas to reach out to these older persons.

Our connections with our donors, volunteers, and Methodist churches have been among our most precious resources. Your unstinting support and encouragement make us want to do more and do it better. Thanks be to God who makes all things possible.

**Mrs Jenny Bong**

Group Executive Director, Methodist Welfare Services



自我们于1981年成立以来，随着每一年过去，卫理福利服务有幸去联系越来越多的贫困和有需要者，并与他们并肩前进，跨越他们的艰难和挑战。即使这些征途结束了，他们也从来没有真正地终止苦难。

事实上，在我们受益人的当中，卫理福利服务已经看到两三代人走进我们的大门来了。让人们摆脱贫困是一项长期而复杂的过程，正是这种信念促使我们全方位推动多元计划的措施。

过去这一年，有赖于已推出的两项计划，我们的服务变得更加紧密联系。远离债务（或GOOD）计划和卫理福利服务家乐，其宗旨是以更全面和综合的方式来为我们的受益人提供服务。

当饱受长期债务的困扰时，许多有需要的家庭会觉得规划未来、投资于子女教育或建立资产和储蓄，这些都充满艰巨的挑战性。通过为他们消除债务，GOOD计划提供一个全新的开始，这样他们就可以采取具体步骤去摆脱贫困的恶性循环，如摆脱坏账的习惯，并开始储蓄。

卫理福利服务的关键角色，正是我们受托去促进社会关怀。通过为卫理公会提供资源来服务贫困和有需要者。去年，认知到万礼区的流动工人需要咨询辅导和参与感，泰卢国卫理公会与卫理福利服务携手合作建立SEVA。如今卫理福利服务已经与卫理公会和各机构紧密合作，成功推行10个社区外展计划。

卫理福利服务家乐也于今年3月份推出，旨在扩大我们对体弱受益人的照护，他们可能是通过其他卫理福利服务计划转介而来，如伯大尼卫理疗养院、爱加倍卫理关怀服务、松恩乐龄活动中心和卫斯理乐龄活动中心。通过卫理福利服务家乐，我们为没有受到恰当照顾的长者提供一系列的服务，包括在他们的日常活动和出门办事方面提供援助。这使得长者尽可能长久待在家，而无需限制在养老院之类的机构。它也惠及我们的照护者，让他们能暂离他们的照护职责，休憩放松。

卫理福利服务将继续努力，充当行善献爱的先锋，积极启动各项计划来帮助我们的家庭和弱势群体走出贫困的恶性循环，并满足老年人日益增长的需求。

展望未来，卫理福利服务将于下个财政年度在沈氏坊和芬微再设立两座乐龄活动中心，以进一步增援我们目前正在运行的两座中心。因应我国人口老龄化的趋势，我们不仅得以服务更多长者，而且也将能够招徕本地区的卫理公会教堂和卫理公会信徒积极投入参与，向这群长者伸出手。

我们与我们的捐助者、义工和卫理公会各堂的友好联系，一直是我们最宝贵的资源之一。您的大力支持和鼓励，让我们想要做得更多，做得更好。感谢神，是祂使一切事情成为可能。

**黄珍妮女士**  
集团执行主任

# BOARD OF GOVERNANCE



**MR DAVID WONG CHEONG FOOK**  
Chairperson



**REV DR DANIEL KOH KAH SOON**  
Vice-Chairperson



**MRS TAN EE LENG**  
Honorary Secretary



**MR GAN KOK BENG**  
Assistant Honorary Secretary



**MR JOSEPH TOH GUAN KIAT**  
Honorary Treasurer



**MRS FONG LOO FERN**  
Assistant Honorary Treasurer



**MR ROBIN CHEONG CHAK KHIONG**  
Assistant Honorary Treasurer



**MR ALBERT LIM SONG KHIANG**  
Board Member

## DETAILS OF KEY OFFICE HOLDERS (FY2014/15)

Chairperson	<b>Mr David Wong Cheong Fook, BBM, PPA, PBM</b> Independent Director	Honorary Treasurer	<b>MR JOSEPH TOH GUAN KIAT</b> Finance Director, Bata Shoe (Singapore) Pte Ltd
Vice-Chairperson	<b>REV DR DANIEL KOH KAH SOON</b> Methodist Pastor, Lecturer at Trinity Theological College	Assistant Honorary Treasurers	<b>MR ROBIN CHEONG CHAK KHIONG</b> Retired Accountant
Honorary Secretary	<b>MRS TAN EE LENG</b> Managing Director, Craftmark Singapore Pte Ltd		<b>MRS FONG LOO FERN</b> Managing Director, CYC Shanghai Shirt Company Co Pte Ltd
Assistant Honorary Secretary	<b>MR GAN KOK BENG</b> Director of Supply Chain, Drew Ameroid (S) Pte Ltd		



**DR DAVID FOO CHEE GUAN**  
Board Member



**DR LEE WEE LEONG**  
Board Member



**MRS LOH CHAY LENG**  
Board Member



**REV ANIL SAMUEL**  
Co-opted Board Member  
From 10/12/2014



**REV CHIA CHIN NAM**  
Co-opted Board Member



**MS DOROTHY LIM**  
Co-opted Board Member



**MR EUGENE TOH  
MING HONG**  
Co-opted Board Member



**MS IVY LAI SU CHIN**  
Co-opted Board Member



**MR WENDELL WONG  
HIN PKIN**  
Co-opted Board Member



**MR WINSTON YEO**  
Director, Finance, Administration  
& Programmes, The Methodist  
Church in Singapore  
From 01/09/2014

**NOT IN PHOTO**

**CO-OPTED BOARD MEMBERS**

Mr Aubeck Kam Tse Tsuen  
Mr Chan Kum Kit  
Ms Christine Pushpam Tambyah  
(from 26/09/2014)  
Mr Ronnie Gan Seow Khaw

**DIRECTOR, FINANCE,  
ADMINISTRATION & PROGRAMMES  
(THE METHODIST CHURCH IN SINGAPORE)**

Mr David Alexander Ong Liang Song, JP, FBM  
(Til 31/08/2014)

**CONFLICT OF INTEREST**

- All Board of Governance (BOG) members and Centre Governance Committee (CGC) members are required to declare any business, commercial or financial interest where such interest might be construed as being in conflict with their official duties in MWS and/or Centre.
- A declaration document is to be completed by all BOG and CGC members upon election/appointment to the Board or CGC.
- The procedures for handling all conflicts of interest are documented in the MWS Policy on Conflict of Interest.
- Conflicts of interest pertaining to employees are covered in the MWS Human Resource Policy.

# OVERVIEW

Total People Served

# 12,705\*



**1,202**  
Underprivileged  
Children



**24**  
At-Risk  
Youth



**10,305**  
Distressed  
Families



**845**  
Chronically Ill,  
Destitute and Frail



**329**  
Socially  
Isolated

\*Includes direct clients and service counts

## FUNDRAISING HIGHLIGHTS

In FY2014/15, MWS received donations and sponsorships amounting to \$11.04 million.

MWS kept its fundraising cost to 5% of funds raised, well below the 30% ceiling guideline set by the Charity Council.



## OUR INVALUABLE VOLUNTEERS

We would like to thank our faithful volunteers for giving their time, talent and skills, and sharing their love and care with our beneficiaries.



## OPERATING EXPENDITURE

**\$22.0** million



# CONNECTING JOURNEYS

## CIRCLE OF HELP

It started as another normal day at the construction site for Mr Lee Kim Seng, father of five. But it did not end that way. The crane he was operating that day tipped over and severely injured him. In those split seconds, life for him and his family changed. Out of work and physically disabled, the former breadwinner worried especially about his children's future.

When MWS entered the life of Mr Lee and his family, we were able to support their immediate need for financial assistance. Befrienders provided important socio-emotional support to alleviate their anxieties and channel them to community resources. The children were given MWS bursaries to help with essential educational expenses. While the family struggles on still, the children are his solace, the main reason for the family's solidarity and positivity.

**MWS adopts a 360° multi-programme approach that takes a long term and holistic view to help chronically poor and low income families get out of poverty. The channels of help include professional counselling, debt management, financial assistance, befriending support, and integrated programmes covering after-school care, tutoring and bursaries for their children.**



1

1. Mr Lee, beneficiary of the Walk with the Poor Programme, pictured with his wife.

## COMING FULL CIRCLE

Yun Ze's family had financial difficulties when he was younger. His journey with MWS started when he was a five-year-old attending D'Joy Children's Centre which offers child and after-school student care for disadvantaged children. Yun Ze remembered happy mealtimes and the Chinese language teacher who would persistently put him through his paces. Now more than 10 years later, he was back at D'Joy where he started, to volunteer and reach out to kids much like himself.

Life has taken him far from the modest centre that gave him his early foundation. He has since completed the International Baccalaureate and is looking forward to reading law at the National University of Singapore after National Service. "I see myself in them," he said of the children at D'Joy. "I want to help them, just as I had received help when I was younger."

**The focus of the MWS experience is to enrich our beneficiaries so that they in turn will be able to bless and inspire others like themselves.**



2

2. Yun Ze teaching music to a present D'Joy Children's Centre student.



3

3. Nurse Manager Moira Tan tends to her patient.

## TAKING A DIFFERENT PATH

Agape Methodist Hospice (Homecare) Nurse Manager Moira Tan faces many days that can down most people while caring for her patients with advanced illnesses. Recently awarded the MOH Nurses' Merit Award 2015 for outstanding performance and dedication to the nursing profession, the reward that means the most to her lies in something more intangible.

The unexpected seeds planted in the course of caring for her patients have borne beautiful new lives. A former patient's daughter has chosen nursing as her course of study. Another patient's daughter left her job in the banking sector to become a nurse. This is more than one can hope for in an honest day's work.

**MWS enables people with the passion to care and serve to do just that through our varied causes, beneficiary groups and environments.**



# HOPE

FOR A BETTER FUTURE

Once a five-year-old attending D'Joy Children's Centre, Yan Ze has since completed the International Baccalaureate and is looking forward to reading law at the National University of Singapore.





“

...GIVING A FUTURE  
AND A HOPE.

”

(Jeremiah 29:11)

# HOPE

## FOR A BETTER FUTURE



Nurtured

**1,202**

Underprivileged Children



**185**

CHILD & STUDENT CARE



**860**

BURSARIES



**77**

TUTORING PROGRAMME



**80**

PERFORMING ARTS PROGRAMME

The future can look bleak when things are not well at home. The underprivileged children served through our programmes come face to face with financial distress, marital and family conflict, neglect and even violence at home every day. While their school going years should be the best of times to develop their potential, they are oftentimes unable to concentrate well on their studies and experience severe doubt, emotional extremes of melancholy or aggression.

MWS focuses our programmes to provide underprivileged children with resources to advance their academic potential, develop character and life skills.

1. Kenny hones his skills in Mathematics under the watchful guidance of his tutor, who personalises her teaching methods for him.



### HOLISTIC DEVELOPMENT

A record number of 860 bursaries was awarded last year to disadvantaged students to help them with school-related expenses.

Another 77 benefitted from the MWS Tutoring Programme which provides individualised and professional coaching and employs tactile experiential techniques to help children grasp fundamental concepts.

80 students from Daybreak Student Care Centre and D'Joy Children's Centre were further enriched in their creative development through dance, drama and theatre classes. They were also able to pick up important life skills such as teamwork and discipline.

### AFTERSCHOOL SUPERVISION AND CHARACTER BUILDING

Young children need supervision and structure in their daily lives. These are missing from our young beneficiaries' lives as their parents or guardians work multiple jobs and long hours. Our afterschool programmes ensure that they have a safe environment to study and rest as well as get nutritious meals. Children also learn critical life skills through values-based learning programmes that inculcate teamwork, discipline and positive values.



2. Charles and Yi Ling (standing) learnt positive life skills and had opportunities to take leadership responsibilities at Daybreak Student Care Centre. (Story on page 21)

当家里诸事不顺利，未来会看起来黯淡无光。我们的计划所照顾的弱势儿童，每天在家都会面对财务困境、婚姻和家庭的冲突、忽视甚至暴力等问题。虽然求学时期应该是他们开发潜能的最佳时机，但他们在课堂上常常无法专心，而且还出现严重怀疑、极度忧郁或具有攻击性等症状。

卫理福利服务专注于我们的计划以提供资源给弱势儿童，从而增进他们的学术潜力、个性发展和生活技能。

### 全面发展

去年发放创纪录的860份助学金给弱势学生，以帮助他们支付学校的相关费用。

另外77名从卫理福利服务辅导计划中受益。它提供个性化的专业课业辅导，采纳触觉体验诀窍来帮助孩子们掌握基本概念。

来自晨光学生中心和天乐儿童中心的80名学生，通过舞蹈、戏剧和剧场班而获得创造性的发展。他们还能够掌握重要的生活技能，如团队精神和纪律。

### 课后督导和品格建立

年幼儿童在他们的日常生活中，极需要督导和教导。这是我们年幼受益人的生活所欠缺的，因为他们的父母或监护人身兼多职并长时间工作。我们的课后计划确保他们有一个安全的环境来在此好好学习和休息，并获享营养餐。价值导向的学习计划能培养团队合作精神、纪律和积极的价值观。通过参与这些计划，孩子们能学习到重要的生活技能。

# DAYBREAK

STUDENT CARE CENTRE 晨光学生中心



Nurtured  
**118**  
Children

Daybreak Student Care Centre (DSCC) nurtured 118 children aged 7 to 12 years old through holistic and values-based programmes in FY2014/15.

## SUPERVISED AFTER-SCHOOL CARE

Our teachers provided quality after-school supervision for our students. Apart from making sure that the students completed their school work, our teachers helped them to express their creativity through our enrichment curriculum, such as art and craft.

## CHARACTER BUILDING BEYOND ACADEMIC LEARNING

39 students received dance and singing training under the performing arts programme, to complement their holistic development.

Apart from receiving afterschool care, students were encouraged to give back to the community. Last year, our students contributed some of their pocket money for materials to craft pencil cases, pouches and shoe bags for other underprivileged children.

Our students visited MWS centres like Bethany Methodist Nursing Home, Christalite Methodist Home, Wesley Seniors Activity Centre and Charis ACE, bringing fun and cheer to elderly beneficiaries during Christmas. These boosted the children's self-esteem as they discovered their capacity to give.



2014/15财年, 晨光学生中心 (DSCC) 通过以价值观为主的全面方案计划, 培育118名7岁至12岁的儿童。

## 课后督导关怀

我们的教师已为我们的学生提供优质的课后督导服务。除了确保学生完成他们的学校作业, 我们的教师也通过我们的增益课程, 协助他们发挥自己的创意, 比如艺术和工艺。



1. Mealtime at DSCC after school.

## A PLACE TO BELONG

At 9 and 12 years old, siblings Yi Ling and Charles are latch-key kids, often left unsupervised at home. Their single-parent father could not care for them as he worked 14 hours during weekdays and odd jobs during weekends to make ends meet.

They would loiter till late in the night, and kept company with older youths. Yi Ling suffered from low self-esteem and did poorly academically, while Charles was verbally abusive.

The staff at Daybreak Student Care Centre became their surrogate parents, not only making sure that they did not stay out late, but also provided constant counselling to help the children make the right choices. They were also given leadership responsibilities in teambuilding programmes.

Staff have seen positive changes in their behaviour in the centre as well as at home, where they also helped out in household chores. Their school performances have also improved.

### 超越课业学习的品格建立

39名学生在特别表演艺术计划之下，接受舞蹈和歌唱课程的培训，以辅助他们全面发展。

除了接受课后关怀，学生们也受鼓励去回馈社会。去年，我们的学生贡献了他们的部分零用钱来购买材料，并手工制作铅笔盒、小袋及鞋袋以惠及其他弱势儿童。

圣诞节期间，我们的学生参观了卫理福利服务旗下的中心如伯大尼卫理疗养院、基督之光卫理关怀院、卫斯理乐龄活动中心和松恩乐龄活动中心，为乐龄受益人带来欢乐。这提高了孩子们的自尊，因为他们已意识到自己也有付出和奉献的能力。



2. Yi Ling and Charles with DSCC staff.

# D'JOY

CHILDREN'S CENTRE 天乐儿童中心

D'Joy Children's Centre (DJCC) served 67 children primarily from low-income families living in the Jalan Besar community in FY2014/15. 49 children (aged 2 to 6 years old) attended the childcare programme while 18 (aged 7 to 12 years old) benefitted from afterschool student care.



Nurtured  
**67**  
Children

## SUPERVISED CARE AND CHARACTER BUILDING

Besides providing supervised study, meals and rest, the full-day child and student care programmes included weekly moral education and character-building lessons that imparted life skills and traits, such as kindness, and helping others.

## EXPERIENTIAL LEARNING AND CREATIVE ENRICHMENT

Children learn best when they are having fun. To help the children develop good reading habits and literacy, fun reading and phonics programmes were devised to help the children with sentence constructions. 23 students also received dance and singing lessons under a special performing arts programme to complement their holistic development.

DJCC is a community outreach partnership of MWS and Hingwa Methodist Church.



1. DJCC children learning positive values through creative expressions.



## THE LITTLE BOY THAT COULD

Kenny has dyslexia and a short attention span. As a result, he struggled in all of his school subjects, except Mother Tongue. His parents work long hours and are unable to guide him in his school work.

He was placed in the MWS Tutoring Programme and given one-on-one weekly coaching by a professional tutor. Centre teachers collaborated by reinforcing his learning during revision and self-study sessions.

The affirmation and hard work paid off when he scored 65% in his Science examination last year, a significant improvement from previous fail grades. More importantly, he was able to score his biggest progress in focus and discipline which could only lead to further improvement.

2014/15年度，天乐儿童中心 (DJCC) 主要为67名来自低收入家庭并居住在碧兰勿刺社区的儿童提供服务。49名儿童参加了儿童托管计划 (2岁至6岁)，而18名 (7岁至12岁) 则从课后学生关怀计划中受益。

### 督导关怀和品格建立

除了提供督导学习、膳食和休息，全日制的儿童和学生关怀计划包括每周的道德教育和品格建立课程，以传授生活技能和美德，如慈爱等，并鼓励他们去帮助别人。

### 体验式学习和创新增益

儿童在玩得正开心时，往往能学习得最好。为了帮助孩子养成良好的阅读习惯和素养，我们设计了趣味阅读和音标计划以帮助他们掌握句子结构。23名学生也在特别表演艺术计划之下，接受舞蹈和歌唱课程的培训，以辅助他们全面发展。

卫理福利服务与卫理公会天道堂合作推行的一项社区外展计划。



# MWS BURSARY

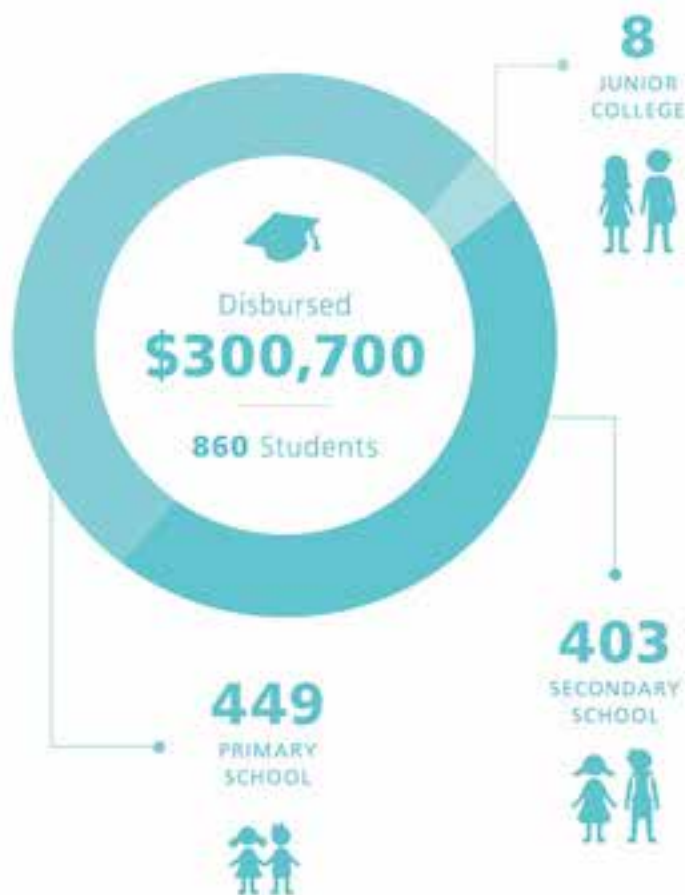
PROGRAMME 卫理福利服务助学金计划



Gave  
**860**  
Bursaries

Since 1986, the MWS Bursary Programme has been giving cash awards to students from disadvantaged backgrounds to cover school-related expenses such as fees, books, uniforms and shoes.

In FY2014/15, due to a greater demand, MWS increased the bursaries given to \$300,700, which benefitted 860 students compared to 765 students in the previous financial year.



## VISUALISING A BRIGHTER FUTURE

Massirah dreams of learning art and design, but her family struggled to pay for even basic educational needs on her father's delivery assistant salary. Receiving the MWS Bursary meant that she had enough allowances and could pay for things she needed for school. Being able to complete her secondary school education will bring Massirah one crucial step closer to fulfilling her dream to be a designer. MWS has also helped her older sister, Piteri, in the past to cover transport costs to go to school.



自1986年起，卫理福利服务助学金计划就已向来自弱势背景的学生发放现金奖励，以协助支付学校的相关费用，如学费、书本、校服和鞋子。

2014/15财年，由于需求增大，卫理福利服务助学金增至\$300,700新元并惠及860名学生，比起上一财年的765名学生。

# MWS TUTORING

PROGRAMME 卫理福利服务补习计划



Tutored

**77**

Children

Since 2011, the MWS Tutoring Programme has been supporting disadvantaged children who are underperforming in school. In FY2014/15, 77 Primary school students from various MWS programmes such as D'Joy Student Care Centre, Daybreak Student Care Centre, Daybreak Family Service Centre and the MWS Walk with the Poor Programme were placed on the Tutoring Programme.

自2011年起，卫理福利服务补习计划就支持在校表现不佳的弱势儿童。2014/15财年，来自各种卫理福利服务辅导计划如天乐学生中心、晨光学生中心、晨光家庭服务中心和卫理福利服务与贫困者同行计划的77名小学生，都获安排参与辅导计划。

## NURTURING A LOVE FOR LEARNING

Like other 12-year-olds, James\* found studying for PSLE to be an uphill task. He struggled to pass his subjects. In fact, his goal was just to pass.

James joined the MWS Tutoring Programme in 2014. After receiving constant coaching and affirmation, James discovered a love for learning, and as a result, became more diligent and motivated. He was often eager to finish his homework when he reached home. His positive learning attitude coupled with encouragement from his tutors enabled him to make marked improvements.

He scored Grade 2s in three of his subjects in his PSLE, and has secured a place in secondary school.



\*Not his real name

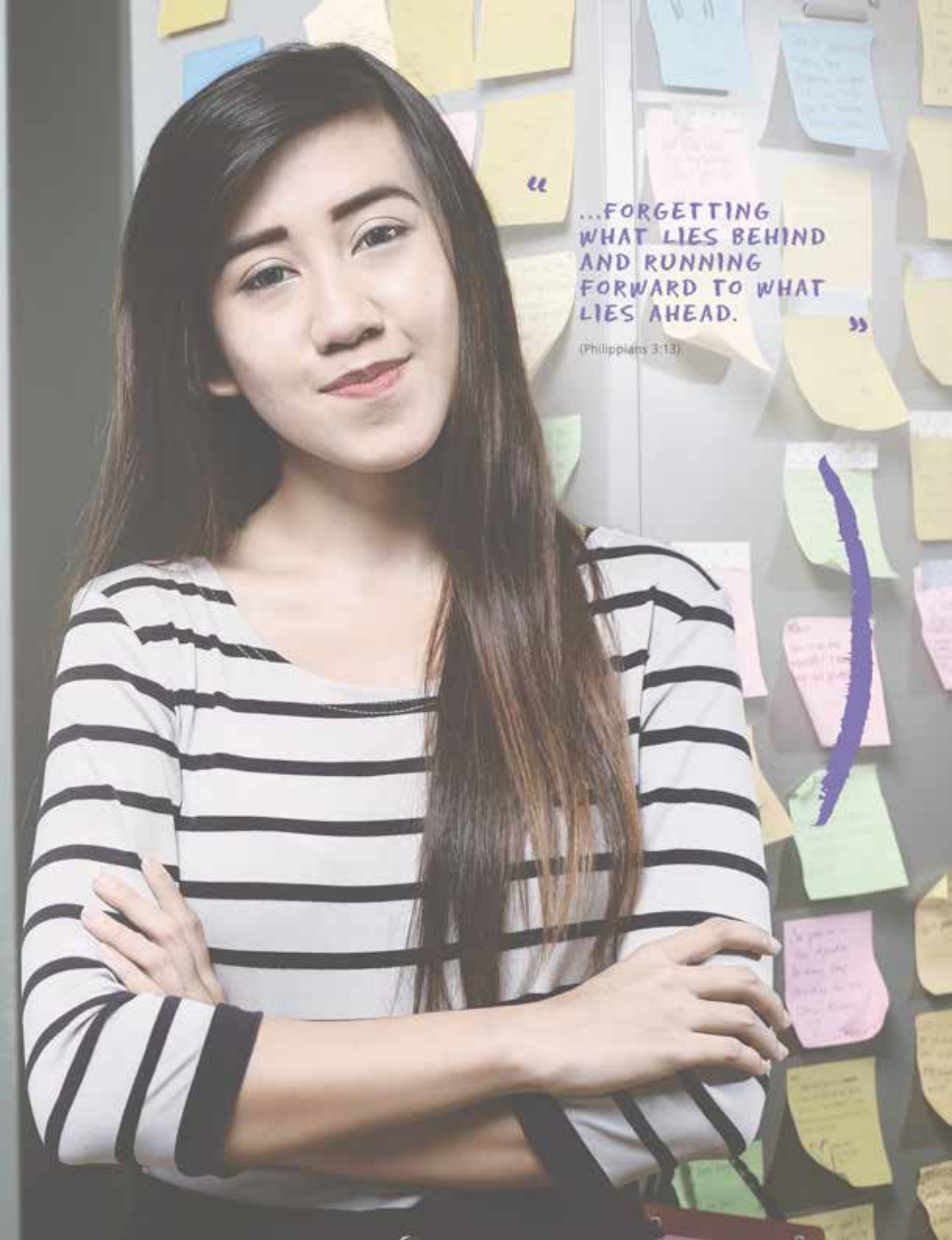


# GRACE

FOR A SECOND CHANCE

Our girls, like Shu Hui, at Residence @ St. George's are empowered to learn from their mistakes and to start life anew.

y  
o  
is it IMPORTANT  
CONTROL TEMPER?



“

...FORGETTING  
WHAT LIES BEHIND  
AND RUNNING  
FORWARD TO WHAT  
LIES AHEAD.

”

(Philippians 3:13)

# GRACE FOR A SECOND CHANCE

## RESIDENCE

@ST. GEORGE'S



24

Girls Received  
Second Chances



Youths who run afoul of the law may find themselves behind adult prison if not for centres like Residence @ St George's (RSG). The first of its kind in Singapore, RSG is a girls' hostel that rehabilitates probationers and other troubled teenagers, between 16 and 21 years old.

In FY2014/15, we guided 24 girls, of whom 15 have successfully completed their probation.

### COMPASSION-BASED REHABILITATION

Rehabilitation for our girls are based on the Social Emotional Learning Framework (or SELF), a structured and meaningful learning journey with our counsellors and caseworkers. They learn to understand and manage their emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

### NEW LIVES AND DREAMS

Many of our girls left school prematurely because of lack of interest or negative peer influence. We help them pick up their academic journey where they left off, or learn a new vocation that they are passionate about.

Our girls' journey towards a fresh start did not end when they completed their probation and rehabilitation course. They would need strong and positive support from their community, which was fostered by monthly counselling and bonding sessions for the girls and their families. We also continued to support the girls in a 6-month post care programme to ensure that they transit and reintegrate back to society as effectively as possible.

RSG is a community outreach partnership of MWS and General Conference – Women's Society of Christian Service.



1. Shu Hui conducts a workshop on empathy with her fellow residents.

如果不是有卫理福利服务圣乔治之家这类中心，违法的青少年可能发现自己终会被关进成人监狱中。作为新加坡同类机构中的先驱，圣乔治之家是一间女生宿舍，主要收容16至21岁之间的缓刑犯和其他问题少女。

2014/15财年，我们督导24名女生，其中15名已成功度过她们的缓刑期。

### 基于慈爱的改造

适用于我们女孩的改造措施，是根据社会情感学习框架（或SELF）而制定。我们的辅导员和社会陪同她们踏上这种结构化又意义非凡的学习之旅。她们学会理解和管理自己的情绪，设立和实现积极的目标，以谦逊之心来同情他人，建立和保持正向的关系，并作出负责任的决定。

### 新的生活和梦想

我们的许多女孩过早离开学校，因为缺乏兴趣或受到同侪的负面影响。我们帮助她们重拾已丢开的书包，或者学习她们热爱的一门手艺。

即使度过了她们的缓刑期和完成改造过程，我们女孩的新生之路并非就此结束。她们会需要来自本身社区的强力而正向的支持，当中包括为女孩们及其家人而设的每月辅导和凝聚课程。我们还继续通过一个6个月的后关怀计划来支持女孩们，以确保她们顺利过渡并尽可能有效率地重返社会。

卫理福利服务与基督教服务妇女协会总会合作推行的一项社区外展计划。

## THE MISSING PIECE

Nuraqisha grew up in a crowded home environment. At one point, she lived with more than 20 family members and relatives in a small flat and needed to work to help the family financially.

Feeling unloved and overlooked at home, she turned to friends who inducted her into a life of crime and drugs. She was arrested for housebreaking and drug abuse at 16.

The group work sessions and workshops at RSG helped her find self-acceptance, the missing piece in her life. She set meaningful goals and reached out to her family again. Nuraqisha also promised herself to stay away from crime and drugs, and people who had led her down that path.

Her efforts to reconnect with her family paid off. She communicates better with her parents now, often sharing about her life and happenings with them. She has also found a job and contributes financially to the family.



2. Nuraqisha (right) with RSG Head, Ms Sujeeta Menon



# STRENGTH TO OVERCOME

Elaine, a single mother and victim of family violence, is a beneficiary served by Covenant Family Service Centre. With financial assistance and emotional support, she has since adopted a positive outlook in life and is learning to bake to draw some income.



“

A JOURNEY OF A  
THOUSAND MILES STARTS  
WITH A SINGLE STEP.

”

(Lao Tzu)



# STRENGTH TO OVERCOME



Strengthened  
**10,305**  
Families



**2,015**  
COUNSELLING  
& CASEWORK



**4,676**  
PARTICIPATED IN  
PROGRAMMES



**3,151**  
INFORMATION  
& REFERRAL



**463**  
FINANCIAL  
ASSISTANCE

The road to healing for families in distress is a long and complicated one. They face multiple complex issues such as financial distress, family violence, parenting challenges, marital issues, emotional, mental, and chronic health conditions.

In FY2014/15, we empowered 10,305 families in distress towards resilience.



## COUNSELLING AND CASEWORK

MWS family services helped **2,015 families** resolve personal, social and emotional difficulties through intensive one-on-one counselling and family therapy.

## CONNECTING FAMILIES TO ASSISTANCE

In FY2014/15, our family service centres referred **3,151 families** to relevant and complementary networks of assistance within the community.

MWS also disbursed \$491,900 in financial assistance to 463 low-income families through the "Walk with the Poor" Programme.

## PROGRAMMES

Workshops, residential visitations and community bonding events were organised by our family service centres to generate awareness of the services available to residents in need.

1. Mr Lee, disabled during a workplace accident, supports his family of 7 with the help of various assistance offered by Methodist Welfare Services.



愁困家庭的愈合之路，是一趟漫长而复杂的旅程。他们面临着多重的复杂问题，如财务危机、家庭暴力、家长的挑战、婚姻问题、情绪、精神和慢性病状况等。

在2014/15财年，我们为10,305个愁困家庭增益，使他们振作向上。

#### 辅导与个案工作

卫理福利服务家庭服务通过一对一辅导和家庭治疗，协助2,015个家庭解决个人、社会和情绪方面的难题。

#### 连结家庭与援助管道

在2014/15财年，我们的家庭服务中心转介社区内3,151个家庭给互补的相关援助网络。

卫理福利服务也通过与贫困者同行计划来发放\$491,900的财务援助给463个低收入家庭。

#### 连结社区

家庭服务中心举办各种工作坊、住宅家访和社区团结活动，以提高有需要的居民对备有服务的认知。

#### KEY ISSUES FACED



2. DFSC staff counselling a client.

# COVENANT

FAMILY SERVICE CENTRE 誓約家庭服務中心

Covenant Family Service Centre (CFSC) was established in 1987, one of the earliest in Singapore. It reaches out to families in distress in the Hougang community. In FY2014/15, CFSC served 2,856 clients, slightly up from 2,725 in the previous year.



Served  
**2,856**  
People



**736**

COUNSELLING  
& CASEWORK



**1,117**

PARTICIPATED IN  
PROGRAMMES



**1,003**

INFORMATION  
& REFERRAL

## CONNECTING TO THE COMMUNITY

CFSC's team of social workers completed weekly home visitations over seven months. Through the engagements, they were able to identify residents interested in joining an organising committee to develop ground-up initiatives aimed at increasing community resilience. The committee started with 7 families living in the block, with each member taking up key roles from planning to distribution of event invites. The community event "Come Lah" was created and held on 7 February 2015, where 60 residents participated in a day of bonding fun.

CFSC also distributed supermarket vouchers and food items donated by YWCA and Paya Lebar Methodist Church to families in need.

## EMPOWERING THE DISTRESSED

736 families and individuals received counselling and assistance, mainly for financial and domestic violence issues. 130 individuals were helped under the Mandatory Counselling Programme to enhance their day-to-day problem solving and coping skills as well as their violence control and safety plans.



## LEAD IN INNOVATIVE DEBT MANAGEMENT PROGRAMME PILOT

In April 2014, CFSC piloted the Family Development Programme (FDP), to help low income families increase their net worth through the reduction of debts. 90 families were recruited from Covenant, Daybreak and Tampines Family Service Centres to participate in a year-long research in collaboration with National University of Singapore's Social Work Department. Preliminary results would be used to assess and fine tune this debt management programme.

## A community outreach partnership of MWS and Paya Lebar Methodist Church.



1. CFSC and FDP beneficiary Mdm Kong is glad to have cleared most of her chronic debt with help from MWS.

誓约家庭服务中心 (CFSC) 成立于1987年, 是新加坡最早类似机构之一。它向后港社区的困苦家庭伸出援手。2014/15财年, 誓约家庭服务中心服务2,856名案主, 略多于前一年的2,725名案主。

#### 连结社区

誓约家庭服务中心的社工团队完成每周一次的家访, 至今已超过七个月。通过投入其中, 他们能够识别有兴趣加入筹委会的居民, 以开发各种接地气的举措, 从而提高社区的韧劲。该筹委会以居住在该楼层的7个家庭作为起点, 每个成员都担任要角, 负责策划、分发活动邀请函等。他们创建了社区活动“来啦”并于2015年2月7日成功举行, 共有60名居民参与其盛, 在一天的玩乐中凝聚同心, 增进彼此的情谊。誓约家庭服务中心也向有需要的家庭派发超市购物券和食品, 这些物资由基督教女青年会和卫理公会巴耶利峇堂捐赠。

#### 增益困苦人士

736个家庭和个人接受咨询辅导和协助, 主要针对金融和家庭暴力方面的问题。130人在强制性咨询辅导计划下获得帮助, 以提高他们日常解决和处理问题的技能, 以及他们的暴力控制和安全计划。

#### 引领创新的债务管理试点计划

2014年4月, 誓约家庭服务中心启动家庭发展计划 (FDP) 这个试点项目, 以帮助低收入家庭通过减少债务来增加净值。招募自誓约、展光和淡滨尼家庭服务中心的90个家庭, 参加了一项为期一年的研究。该研究是与新加坡国立大学社会工作系共同协作。初步研究结果将用以评估和调整这项债务管理计划。

卫理福利服务与卫理公会巴耶利峇堂合作推行的一项社区外展计划。

## TURNING DEPRESSION INTO INSPIRATION

When retiree Mr Ng came to Covenant Family Service Centre for help two years ago, he was emotionally distraught. Estranged from his family, he developed heart problems and could not make ends meet.

Through counselling and emotional support from his caseworkers, he learnt to manage his emotional and debt issues. He was also motivated to adopt a healthier lifestyle.

Two years on, Mr Ng has walked out of depression and is empowered to enjoy his silver years. His doctors were so moved by his positive attitude that they invited him to share his story with other heart patients.



# DAYBREAK

FAMILY SERVICE CENTRE 晨光家庭服务中心



**708**

COUNSELLING  
& CASEWORK



Served

**2,504**

People



**819**

PARTICIPATED IN  
PROGRAMMES



**977**

INFORMATION  
& REFERRAL

Daybreak Family Service Centre (DFSC) has been serving families in the Yishun community since 2000. In FY2014/15, DFSC connected with 2,504 beneficiaries, up from 2,075 in the previous year.

## CONNECTING TO THE YISHUN COMMUNITY

DFSC collaborates with community partners such as Social Service Office (SSO), schools and other Voluntary Welfare Organisations (VWOs) to reach out to needy or vulnerable families.

## INNOVATIVE DEBT MANAGEMENT PROGRAMME PILOT

DFSC participated in the pilot of the Family Development Programme (FDP). Developed by MWS, the programme provided dollar for dollar matching of debts cleared by beneficiaries.



1. Families resolve conflicts and understand each other through counselling and various forms of family assistance.



## A GRANDPARENTS' SACRIFICE

In their advanced years, Mdm Tan\* and her husband were thrust into parenting for their 3 young grandchildren when their parents divorced and left the children behind. To make ends meet, the old couple had to work odd jobs.

DFSC stepped in and linked the family up with various community resources to help them cope. They obtained financial assistance for the children and food rations.

One of the children was placed on the MWS Tutoring Programme and achieved better grades. The children were also engaged in many children's programmes such as camps, workshops and excursions during the school holidays. These provided not only meaningful and positive memories but also met crucial social and developmental needs.

Today, the grandparents feel more empowered in their caregiving role as they know that help is always around the corner. They remain hopeful of the eventual return of the children's parents.

自2000年起，展光家庭服务中心一直为义顺社区的弱势家庭提供服务。2014/15财年里，展光家庭服务中心连结2,504个家庭，比前一年的2,075个显著增多。

### 连结社区

展光家庭服务中心向社区伸出援手，通过各种计划来帮助夫妇、家庭和贫困儿童，配合西北社里会、忠邦选区办公室和义安理工学院的配合，从而造福受益人和社区双方。

### 革新债务管理计划试点活动

展光家庭服务中心参与了家庭发展计划 (FDP) 的试点活动。这项计划由卫理福利服务开发，旨在以一元对一元的等额方式来协助受益人清偿债务。



# TAMPINES

FAMILY SERVICE CENTRE 淡滨尼家庭服务中心



Served

**3,629**

People

Tampines Family Service Centre (TFSC) is one of the pioneer family agencies in Singapore and has been serving residents in Tampines since 1991.

In FY2014/15, TFSC supported 3,629 clients.



**558**

COUNSELLING & CASEWORK

## CONNECTING WITH THE COMMUNITY

TFSC continued to run preventive, developmental, and remedial programmes for families and children to enhance life skills for individuals such as making informed choices and coping with pressures of today.



**1,900**

PARTICIPATED IN PROGRAMMES

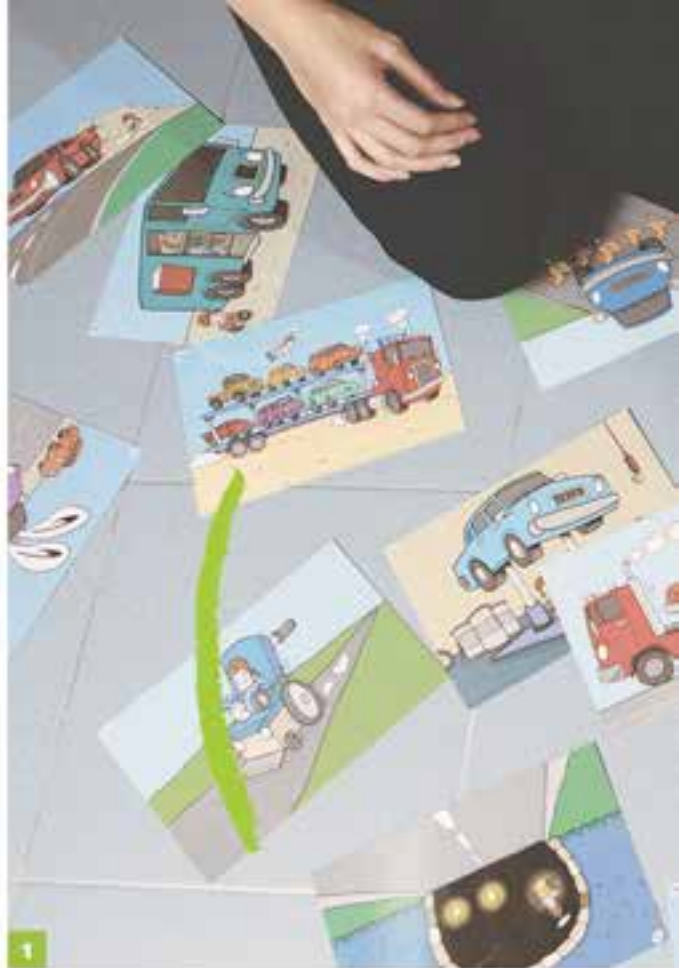
In the past year, the 44th Street Children's Club connected with 314 children between 6 and 12 years old who received life skills training, and enjoyed meaningful recreational activities after school.



**1,171**

INFORMATION & REFERRAL

TFSC is a community outreach partnership of MWS and Pentecost Methodist Church.



1. Trauma-therapy utilising picture cards to help children verbalise their internal thoughts and actions.



2. The 44th Street Children's Club helps children develop specific life skills addressed through therapeutic story telling.



## BRAVING THE ODDS

3 years ago, homemaker Jamilia\*, fled her home with her 3 children following a spate of domestic violence. Helpless and frightened, she approached Tampines Family Service Centre (TFSC) for assistance. The displaced family was then surviving on what little savings she had to get through day by day, moving from place to place.

TFSC provided much needed support and encouragement to Jamilia to rebuild her life. Her eyes were opened to support and helping networks available to her. She was able to obtain financial assistance, secure a roof over her head, and enrol her children in full-time day-care which freed her to work. Through intensive counselling, she has become more positive and plans for the future.

淡滨尼家庭服务中心 (TFSC) 是新加坡家庭福利机构的先驱之一，自1991年以来一直为淡滨尼的居民提供服务。

在2014/15财年，淡滨尼家庭服务中心资助3,629名案主。

### 与社区连结

淡滨尼家庭服务中心持续为家庭和儿童推展预防性、发展性及补救性的计划，以提高个人的生活技能，如作出明智的选择，以及应对当今的压力。

在过去的一年中，44街儿童俱乐部连结314名年龄介于6岁和12岁的儿童，他们接受生活技能培训的指导，并在课余时间享受极具意义的康乐活动。

卫理福利服务与卫理公会五旬节堂合作推行的一项社区外展计划。



3. Social worker at TFSC providing counselling and emotional support to help beneficiaries get back on their feet.

# FAMILYWORKS

COMMUNITY SERVICES 家庭工程社区服务

FamilyWorks Community Services (FWCS) was set up in 2011 to fill a social service gap in serving young and single parent families in the Punggol community. From counselling young children and at-risk youths, to parenting workshops for young families, FWCS seeks to empower the whole family towards restoration and fulfilment.

FWCS helped 853 clients in FY2014/15, up from 746 in the previous year.

## CONNECTING FAMILIES

14 Family Life Education workshops were held to strengthen family bonds.

## BRINGING ABOUT HEALING

Children who suffered the loss of a parent through divorce or other reasons need guidance to steer them towards positive self-esteem and away from self-blame.

FWCS ran the Rainbows Programme to help 13 children transit from 'guilt' to 'forgiveness', 'trust', and 'moving forward' in three schools.

FWCS is a community outreach partnership of MWS and Changi Methodist Church.

家庭工程社区服务(FWCS)成立于2011年,旨在填补社会服务的鸿沟以服务梧槽社区的年轻单亲家庭。从辅导幼儿和高危青少年,到为年轻家庭举办育儿工作坊,家庭工程社区服务致力于增益全家,助他们奋发向上并实现目标。

家庭工程社区服务于2014/15财年帮助853名案主,比前一年的746名明显增多。

### 连结家庭

14项家庭生活教育工作坊已成功举行,以加强家庭凝聚力。

### 带来愈合的力量

因离婚或其他原因而失去父母单方的孩子需要指导,以引领他们朝“正向的自尊”的方向迈进,并远离自责的负面思想。

家庭工程社区服务积极推动彩虹计划,帮助在三所学校的13名孩子从“愧疚”过渡到“宽恕”、“信任”和“勇往直前”。

卫理福利服务与卫理公会樟宜堂合作推行的一项社区外展计划。



Served  
**853**  
People



**13**  
COUNSELLING  
& CASEWORK



**840**  
PARTICIPATED IN  
PROGRAMMES

## GROWING UP WITHOUT MUM

Not having a mother in her life is naturally hard for 10-year-old Crystal. Her father is a taxi driver and spends long hours on the road, yet barely making enough to cover living expenses.

In 2014, Crystal joined the Rainbows Programme. Through the activities, Crystal and her father were able to spend quality bonding time together, and began to create new memories of her childhood.



1. FWCS volunteer supported Crystal through the Rainbows Programme.

# WALK WITH THE POOR

## PROGRAMME

### 与贫困者同行计划

#### Walk With the Poor (WWTP)

Programme was developed to help chronically poor families living on a per capita income of \$450 or less, and living in 3-room or smaller HDB flats.

In FY2014/15, the programme connected 463 beneficiaries with monthly financial assistance of \$125, and support from 317 volunteer befrienders.



Served  
**463**  
People

#### MEETING BASIC NEEDS

A common need among distressed families is financial assistance. More than \$400,000 was disbursed to help beneficiaries to meet basic needs such as food, rental, and children's educational expenses.

Volunteer befrienders visited the families every month to provide social-emotional support.

The Nutrition Programme also educated and gave subsidies to 33 families to adopt healthier diets by consuming more fresh fruits and vegetables.

与贫困者同行计划 (WWTP) 的开发, 是为了帮助长期贫困的家庭, 他们的人均收入为\$450 元或以下, 并居住在三房式或更小的政府组屋。

2014/15财年, 该计划连络463名受益人, 每月给予\$125 的财务援助, 并获得317名义工益友的支持。

#### 应付基本需要

困苦家庭之间的共同需要, 正是财务援助。超过40万新元已发放给受益人以帮助应付他们的基本需要, 如食物、租金和孩子的教育费。义工益友每月走访这些家庭以提供社交情感支持。营养计划也教育33个家庭并给予补贴, 让他们采纳更健康的饮食方式, 食用更多新鲜水果和蔬菜。

#### THROUGH THICK AND THIN

In 2011, Mr Lee Kim Seng, the primary breadwinner of his family of seven, was severely injured after a workplace accident. His wife had to step in to support the family, become the main caregiver of Mr Lee and their five children. Four of the children also suffer from various health issues, from heart, kidney, to skin ailments.

MWS supported this family with financial assistance and befriending support. Three children, Brian, Briana and Belinda received MWS bursaries, helping them cope with essential educational expenses.

Despite their medical issues, the children are active and gifted in sports. 18-year-old Brian plays in the National Tchoukball team and has achieved many accolades and medals. His siblings, Briana and Belinda play competitive netball and basketball in school. With ongoing support, this family has become stronger, and faces the future with positivity and hope.



1. The Lee siblings are also recipients of MWS Bursaries.



# CARE THROUGH THEIR PAIN

82-year-old Mr Yeong became wheelchair-bound after suffering several falls and a stroke. Through regular rehabilitation, he is now able to move around with a walking aid.



“

EVEN THOUGH I WALK  
THROUGH THE VALLEY OF  
THE SHADOW OF DEATH...  
YOU ARE WITH ME.

(Psalm 23:4)

”



# CARE THROUGH THEIR PAIN

Many of our chronically ill, destitute and frail beneficiaries require intensive nursing care and help in activities of daily living. In FY2014/15, we provided food, shelter, and medical and nursing care to 845 beneficiaries, an increase from 698 served in the previous year.



Cared for  
**845**  
Beneficiaries

## ALLEVIATING PAIN AND SUFFERING

431 residents at Bethany Methodist Nursing Home and Christalite Methodist Home received professional medical and nursing care, therapy and rehabilitation. Agape Methodist Hospice (Homecare) provided palliative end-life care for 414 terminally ill patients in the comfort of their own homes.

## MEETING INCREASING NEW DEMANDS OF AN AGEING POPULATION

An additional homecare service for the elderly frail and sick was started in March 2015. MWS HomeJoy offers a suite of services to seniors who have difficulties in activities of daily living such as toileting, feeding, bathing, dressing and walking. These seniors above the age of 55 either live alone or do not have adequate caregiving by family members. MWS HomeJoy Senior Care Associates provided hygiene care, grooming, medication reminders, and housekeeping services. Besides allowing the seniors to stay at home till a higher level of care is required, these home visits also gave respite to caregivers.

我们许多患有慢性疾病、贫困和体弱的居民都需要密集的护理，而且在日常生活的各种活动方面都急需帮助。2014/15财年，我们为845名居民提供医疗服务、护理、食物和住所，比前一年的698名明显增多。



1. Medical care for our chronically ill, destitute and frail beneficiaries.

## 减轻疼痛和折磨

伯大尼卫理疗养院和基督之光卫理关怀院431名居民，接受专业的医疗、护理、治疗和复建服务。爱加倍卫理慈怀服务（居家护理）为414名绝症患者提供姑息护理服务，让他们在自己舒适的家走完生命最后一程。

## 迎合老龄化人口日益增长的新需求

另一项为体弱多病的长者提供的额外居家护理服务，已于2015年3月启动。卫理福利服务家乐提供一整套服务给不便进行日常活动的长者，包括如厕、喂食、洗澡、穿衣和行走。这些55岁以上的长者大多独居，或家人无法给予适当的照顾。卫理福利服务家乐护理助理提供卫生保健、美容、服药提醒和家政服务。除了让老人一直留在家中居住直至有必要接受住院照顾，这些家访也让照护者有喘息的机会。

# AGAPE

METHODIST HOSPICE (HOMECARE) 爱加倍卫理慈怀 (居家护理)

Established in 2007, Agape Methodist Hospice (Homecare) (AMH) provides home-based palliative service to terminally ill patients who wish to spend their last days at home. Medical and nursing teams are on-call 24/7.

In FY2014/15, we served 414 patients and conducted 2,865 home visits, up from 2,457 in the previous year.

## LIVING AND LEAVING WELL

Our doctors, nurses and medical social worker focus on pain relief and psychosocial support to give the highest possible quality of life. Critical support is also given to caregivers or family members. Necessary equipment, such as wheelchairs, commodes, oxygen concentrators and hospital beds, are also loaned to beneficiaries free of charge.

爱加倍卫理慈怀 (居家护理) (AMH) 成立于2007年, 为身患绝症并希望在家里走完人生最后一程的病人提供居家型姑息服务。医疗和护理团队全天候随召随到。

2014/15财年, 我们服务414名患者, 并进行了2,865次家访, 比前一年的2,457明显增多。

## 活得安心而走得安详

我们的医生、护士和医务社工都将重点放在缓解疼痛和各种心理问题, 尽可能为他们带来最高的生活质量。另外亦为照护者或家属提供重要支持。患者所需要的设备如轮椅、便桶、制氧机和病床, 也以免费形式租借给受益人。



Cared for  
**414**  
Patients



Conducted  
**2,865**  
Home Visits

## SPENDING HER LAST DAYS WITH HER FAMILY

Madam Owyong Kuan Chong was diagnosed with olfactory neuroblastoma, a tumour that developed in the nose. Her daughter, Ms Connie Lee, chose AMH (Homecare) for her mother, trusting AMH to give the same comprehensive care that her deceased aunt received in her last days. "When the doctors suggested homecare for my mum, AMH was the first to come to mind, for the familiarity and the nurses' helpfulness," said Ms Lee.

Mdm Owyong was able to be present for family celebrations and gatherings. The precious time spent with loved ones, her husband, daughter, son-in-law and two young grandsons were memories that she and her family would treasure.



1. Ms Connie Lee with AMH staff.

# BETHANY

METHODIST NURSING HOME 伯大尼卫理疗养院

Established in 2001, Bethany Methodist Nursing Home (BMNH) is an oasis of love and care for sick, frail and elderly residents. Many of them are either destitute or from low-income families. BMNH's multi-disciplinary team runs holistic programmes for the residents. These includes medical, nursing and dental care, speech, occupational and physiotherapy, as well as recreational activities.

In FY2014/15, we served 258 residents, of which 71% needed heavy nursing care and help in all Activities of Daily Living (ADL) which include feeding, dressing, mobility, grooming and toileting.



Cared for  
**258**  
Residents



## RAISING THE BAR ON CARE PRACTICES

To meet Enhanced Nursing Home Standards (ENHS), BMNH implemented a pilot project named "Transforming Care" in November 2014 to provide resident-centric care. The multi-disciplinary team had since reviewed the outcomes and identified sustainable practices that could be implemented. These included ward-based resident engagement activities and improved workflow for dispensing medication.

While all residents received rehabilitation, 53 residents were placed on the intensive rehabilitation programme to maximise their potential. This group of residents has seen significant improvement in their functional capabilities.

To enhance our staff's capabilities to care for our residents, 22 staff attained certificates of training and attended study trips or conferences. These included areas of work in nursing, geriatric care, social work and rehabilitation.

## IMPROVING QUALITY OF LIFE

In December 2014, the Gardens of Bethany was officially opened by Bishop Dr Wee Boon Hup. This sensory garden was created to improve the residents' physical, cognitive, emotional, social and spiritual wellbeing.

20 residents who needed improvement in their mobility were put through twice-weekly wheelchair mobility training in the sensory garden in December 2014. The residents showed improvement in their functional abilities and gained confidence in movement.



1. BMNH cares for sick, frail and elderly residents.

## HE CAN WALK AGAIN

82-year-old Mr Yeong became wheelchair-bound after suffering several falls and a stroke. He chose to be cared for at BMNH in December 2014. Here, he can spend time with his only kin, a 92-year-old sister, who is also a resident. After a few months of regular rehabilitation, Mr Yeong has improved his balance and strength of his limbs. Now, he is able to move around with a walking stick under close supervision. More importantly, Mr Yeong finds great comfort in connecting with his sister once again, and having his every need taken care of. He frequently participates in activities organised at the Home and enjoys the occasional visits to the coffee shop nearby, shopping centres and places of interest.

### OUR INVALUABLE VOLUNTEERS

We are grateful for the strong support from our faithful volunteers, comprising 66 individuals and 54 groups, who helped to organise activities all year long to bring cheer and comfort to our residents.

Long-time volunteers, Madam Yeo Hwee Sim, Mr Tan Bie Guan, Mrs Jessie Foo and Mr Lim Siam Mong, were awarded the 10-year Long Service Award, while Ms Tan Siew Chu and Mr How Seen Yong received the 5-year award.

### ACCOLADES & ACHIEVEMENTS

- Nurses' Merit Award 2014 recipient, Senior Staff Nurse, Ms May Tan
- Singapore Health Award 2014 (Health Promotion Board) Bronze
- First Prize for Paper Presentation on Dental Hygiene Programme at SG50 Gerontological Social Conference 2015



伯大尼卫理疗养院 (BMNH) 成立于2001年, 是患病、体弱及年老居民的绿洲, 让他们在此享有爱和关怀。他们当中许多人都是贫困或来自低收入家庭。伯大尼卫理疗养院的多学科团队负责为住友推行整体计划。它们包括医疗、护理和牙科保健服务、语言、职业和物理治疗, 以及康乐活动。

2014/15财年, 我们服务258名居民, 其中71%需要大量护理和所有日常生活活动 (ADL) 方面的帮助, 如喂食、穿衣、行动、美容和如厕。

### 提高护理措施的标准

为了符合增强的老人院标准 (ENHS), 伯大尼卫理疗养院于2014年11月启动一项试点项目, 名为“转化护理”——在一个病房里提供以住友为中心的护理。此后多学科团队已经检讨成果, 并确定那些可在其他病房中实施的可持续措施。这些措施包括病房型住友参与的活动, 并改善配药的工作流程。

虽然所有住友都进行复建锻炼, 但另外53名住友则获安排参与密集的复建计划, 以最大程度发挥他们的潜能。这组住友已经在他们的功能能力方面表现出显著的改善。

为了提高我们员工的能力以更好地照顾我们的住友, 22名员工接受证书课程的培训, 并参与游学或会议。它们包括护理、老年护理、社会工作和复建等各领域的工作。

### 提高生活质量

2014年12月, 伯大尼的花园由会督黄文合牧师博士正式开幕。这种感官型的花园是为了增进住友在身体、认知、情感、社交和精神方面的良好状态。

2014年12月在感官花园里, 有需要在行动方面获得改善的20名住友获安排参与每周两次的轮椅行动培训。住友在身体机能方面表现出明显改善, 而且行动的信心也增强了。



1. BMNH staff feeding a resident.

### 我们宝贵的义工

我们非常感谢我们忠诚义工的大力支持, 他们由66名个人和54个小组所组成。一整年都协助举办各种活动, 为我们的住友带来欢乐和安慰。

长期义工Yeo Hwee Sim女士、Tan Bie Guan先生、Jessie Foo女士和Lim Siam Mong先生获颁10年长期服务奖, 而Tan Siew Chu小姐和How Seen Yong先生则获颁5年服务奖。

### 荣誉与成就

- 2014年护士优异奖得主, 高级职员护士May Tan小姐
- 2014年新加坡健康奖, (保健促进局) 铜牌奖
- 2015年SG50老年学社会会议的口腔卫生计划论文发一等奖

# CHRISTALITE

METHODIST HOME 基督之光卫理关怀院

The destitute with nowhere to go or have no one to turn to can find care and solace in the safe haven of Christalite Methodist Home (CMH) since 1997.

At CMH, case plans covering medical, therapeutic and psychological care are customised to residents' needs and carried out by our dedicated team of therapists, case managers and doctors.

In FY2014/15, we served 173 residents. 24 of them were eventually discharged, of whom 12 were successfully re-integrated back into the community. The other 12 residents were transferred to other institutions like nursing homes.



Sheltered  
**173**  
Residents



2. A CMH resident doing drawing as part of the Therapy Programme.

### CARE FOCUSING ON RESTORING WELLNESS

Residents took part in the Therapy Programme which aims to improve or maintain physical wellbeing and delay or prevent the onset of dementia. Through the programme, residents received support in increasing their ability to perform Activities of Daily Living (ADL).

More than 97% of the residents participated in these therapeutic activities which included Wii, Kinect and balloon badminton.

44 residents were identified for the Home Earning Scheme (HES). They were assigned simple chores such as folding laundry, gardening and cleaning tables in exchange for some allowance which they could use to purchase snacks and treats at the home-run 'kopitiam'. Participating in these activities gave residents a sense of self-worth and accomplishment.

### RE-CONNECTING TO THE COMMUNITY

11 residents on the HES with the aptitude and desire to re-integrate into the community were placed on the Day Release Scheme (DRS). CMH case managers found suitable workplace employment for 13 residents in FY2014/2015. They also met regularly with the residents and their employers to discuss the progress made and resolve issues. Residents were also counselled and trained on managing their finances to prepare them for independent living.

### OUR INVALUABLE VOLUNTEERS

More than 500 volunteers brought cheer to our residents through visits, performances and excursions. They came from partner church, Christ Methodist Church, other churches, schools, corporations and the community.

**CMH is a community outreach partnership of MWS and Christ Methodist Church.**

## FINDING A NEW PURPOSE

Ms Kang's\* mother passed away when she was just 17. She could not get along with her two stepisters and eventually left home. She was found by officers from the Ministry of Social and Family Development, and was sent to an intake centre and later brought to MWS' Christalite Methodist Home (CMH) in 2007. Initially, she had problems relating to the other residents and became depressed.

To help her find a purpose, Ms Kang was placed in the Home Earning Scheme (HES). Although she was reluctant at first, CMH team's patient counselling and encouragement turned her around. She began to embrace the new responsibilities, helping around the Home in exchange for some pocket money. Staff and residents alike have noticed a marked difference in her attitude and outlook.

Her hope is to move on to the Day Release Scheme.



\*Not her real name



1

1. Therapy and rehabilitative activities help our residents improve their mobility.

自1997年以来，穷困而无处可去或无人可倾诉的弱势族群，都可以在基督之光卫理关怀院（CMH）这个避风港找到安慰。

在基督之光卫理关怀院，个性化的个案计划涵盖医疗、治疗和心理健康服务，这些都因应住友的需求而定制，并由我们的治疗师、个案管理人和医生的专业团队执行。

2014/15财年，我们服务173名居民。他们当中24人最终出院，其中12人成功地重返社区。

基督之光卫理关怀院是卫理福利服务和卫理公会基督堂合作运作的一个社区外展机构。

#### 护理重点放在恢复健康上

住友参与的治疗计划旨在改善或保持身体健康，并延缓或预防老年痴呆症的发作。通过该计划，住友获得支持以提高他们执行日常生活活动（ADL）的能力。

超过97%的住友参与这些治疗活动，其中包括趣味游戏如Wii游戏机、Kinect和气球羽毛球。

44名住友获安排参与院内就业计划（HES）。他们被分配简单的家务，如叠衣服、园艺、洁净餐桌以换取一些津贴，他们可以用这笔零用钱在院内经营的茶店购买零食和甜点。参与这些活动能增强住友的自我价值和成就感。

#### 重新连结社区

院内就业计划中11名有能力并渴望重新融入社会的住友，在院内的计划下获准白天出院工作（DRS）。2014/15年，基督之光卫理关怀院的个案管理人为13名住友找到适合的就业职场。他们还定期会晤住友及其雇主以讨论住友所取得的进展，并解决问题。住友们也接受辅导和培训以有效管理自己的财务，为他们的独立生活做好准备。

#### 我们宝贵的义工

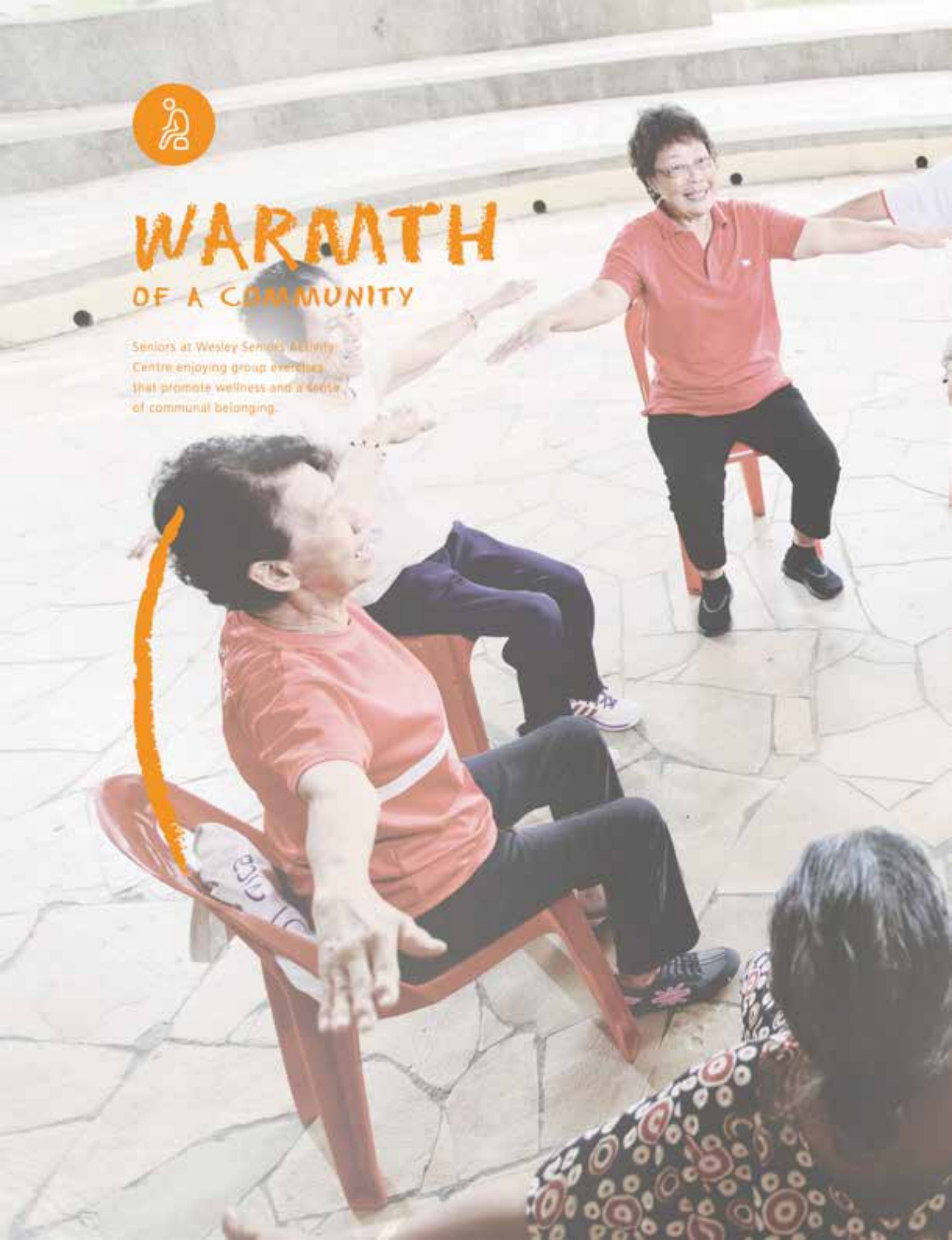
通过探访、表演和游览，超过500名义工为我们的住友带来欢乐。他们来自合作伙伴教会、卫理公会基督堂、其他教堂、学校、企业和社区。

卫理福利服务与基督卫理堂合作推行的一项社区外展计划。



# WARAATH OF A COMMUNITY

Seniors at Wesley Seniors Activity Centre enjoying group exercises that promote wellness and a sense of communal belonging.





“

**FRIENDSHIP IS A  
VERY COMFORTING  
THING TO HAVE.**

”

(A.A. Milne)

# WARMTH OF A COMMUNITY



Engaged

**329**

Seniors in the Community

The elderly are vulnerable to social isolation and depression when their social networks and health start to weaken. This usually happens as they retire, friends and spouse pass away and children leave home. This situation may bring on an early onset of health problems such as dementia. To enable our elderly to age-in-place, MWS runs programmes and activities to keep them engaged to the community.

In FY2014/15, we engaged 329 seniors in meaningful social activities, health and wellness programmes, and learning workshops.



## PROVIDING ENGAGING PROGRAMMES

Our seniors participated in programmes and activities such as karaoke, rummikub, baking and flower arrangement. They also had opportunities to go on excursions led by staff and volunteers.

## ONE STOP CENTRE FOR HEALTH AND WELLNESS

MWS partnered with hospitals and other service providers in organising health and wellness talks and workshops for our seniors. These were held at the Centres for the convenience of the seniors who live in the surrounding neighbourhoods. In addition, regular group and individual exercise sessions were also organised for the seniors. These activities and programmes helped our seniors better understand health and wellness issues.



1. Charis ACE seniors enjoying a game of rummy.

当社交人脉和健康状态开始减弱，长者很容易被社会孤立并感到抑郁。一旦退休，朋友们和配偶过世以及孩子离开家，他们往往就会发生这种情况。这种处境可能会导致早期发病的健康问题，如老年痴呆症。为了让我们的长者顺利步入晚年，卫理福利服务推行各项计划和活动以让他们保持活跃，投入社区生活。

2014/15财年，我们透过有意义的社交活动、健康和保健计划和学习工作坊，来连结329名长者。

#### 提供投入参与的计划

我们的长者积极参与各式计划和活动，如卡拉OK、拉密牌、烘焙和插花。他们也有机会在工作人员和义工的带领下出去游作乐。

#### 促进健康和保健的一站式中心

卫理福利服务与各医院和其他服务单位携手合作，为我们的长者筹办各种健康和保健讲座，以及工作坊。这些活动都在中心举行，以方便那些住在周围邻里的长者。此外也有为长者而打造的定期小组和个人锻炼活动。这些活动和计划帮助我们的长者更好地了解健康和保健议题。



2. Regular health screenings were organised at our Centres to help seniors better understand health and wellness issues.

# CHARIS ACE

颂恩乐龄活动中心

Charis ACE started in March 2014 and reaches out to lower middle to middle income seniors aged 55 years and above in the Geylang East neighbourhood.

In FY2014/15, the centre served 158 seniors.

Served  
**158**  
Seniors 

## STRESSING ON HEALTH AND WELLNESS PROGRAMMES

With a strong emphasis on health and wellness programmes, Charis ACE conducted daily morning exercise and weekly gym sessions which were supervised by a professional trainer and instructor. Monthly health talks, regular health screenings and blood pressure monitoring are also organised. These were conducted in partnership with hospitals and held at the Centre for the convenience of the seniors. Many have found these sessions useful in helping them understand their health and wellness issues, learnings that they have passed on to other seniors.

## FILLING THE SOCIAL CALENDAR

Daily recreational activities and programmes such as karaoke, ukulele, table tennis, table soccer, pool and rummikub allowed the seniors to interact with one another and be in the warm company of new friends.

## PICKING UP NEW SKILLS AND HOBBIES

Seniors were given opportunities to take up new hobbies or skills such as playing the ukulele, flower arrangement, cooking and Chinese calligraphy. The centre has formed a ukulele interest group which has performed at various internal and external events.

Charis ACE is a community outreach partnership of MWS and Charis Methodist Church.

## LESSENING THE PAIN OF LOST LOVE

75-year-old Uncle Chong Min used to work as a delivery man before his retirement. He joined Charis ACE in 2014 with his wife. A few months later, his wife unexpectedly passed away. Having a new network of friends and a place of belonging gave much timely comfort that filled the void left behind.



颂恩乐龄活动中心于2014年3月启用，惠及居住在芽笼东附近的55岁及以上、中低至中等收入的长者。

2014/15财年，该中心服务158名长者。

### 致力于健康与保健计划

颂恩乐龄活动中心极度重视健康与保健计划，全力推动每日晨练和每周健身课程，它们皆由专业教练和导师负责指导。另外亦举办每月健康讲座、定期健康检查和血压监测活动。这些都是与医院合作来推展，并在中心举行以方便那些住在周围邻里的长者。许多长者都觉得这些活动课程大有助益，帮助他们了解自己的健康和保健问题，而且也将所学传授给其他长者。

### 社交日程丰富充实

日常休闲活动和计划如卡拉OK、四弦琴、乒乓球、桌上足球、台球和拉密牌，让长者得以互动交流，其乐融融，而且享受新朋友的温暖陪伴。

### 培养新技能和爱好

长者有机会去接受新的爱好或技能，如玩四弦琴、插花、烹饪和中国书法。该中心已成立了一支四弦琴兴趣小组，并已在各种内外活动场合中登场表演。

卫理福利服务与卫理公会颂恩堂合作推行的一项社区外展计划。

# WESLEY

SENIORS ACTIVITY CENTRE 卫斯理乐龄活动中心

Established in 2010, Wesley Seniors Activity Centre (WSAC) runs day programmes and activities for elderly living in the Jalan Berseh neighbourhood.

In FY2014/15, the centre served 171 seniors.



Served

171

Seniors

## NEW CONNECTIONS

A new baking programme was initiated with the objective of teaching seniors how to bake and in turn, using this new skill to bless others. In March 2015, WSAC organised a SG50 Love Kids activity where the seniors baked for the young beneficiaries of Daybreak Student Care Centre, and enjoyed an afternoon of learning craft.

## LEARNING NEVER ENDS

Seniors also enjoyed learning conversational English and craftwork, and even helped Centre staff and volunteers run activities and programmes.

WSAC is a community outreach partnership of MWS and Wesley Methodist Church.

卫斯理乐龄活动中心 (WSAC) 成立于2010年, 为居住在惹兰白锡附近的长者推展日间计划和活动。

2014/15财年, 该中心服务171名长者。

## 新的连结

一项新的烘焙计划已启动, 目标是教长者如何烘焙, 进而使用这种新技能去造福他人。2015年3月, 卫斯理乐龄活动中心举办了SG50 LOVE KIDS活动, 让长者为晨光学生关怀中心的年轻受益人烘焙, 尽情享受一下午的学习手工艺好时光。

## COMING OUT OF HER SHELL

Since WSAC opened its doors in 2010, Madam Alice Lau, who lives in the rental block above the centre has been visiting the centre almost every day. A once quiet lady, Madam Lau is now the life of the party and frequently participates in baking, exercising, craftwork and karaoke sessions. She is also one of the centre's core volunteers and helps staff to operate the instant photo printer, decorate the notice board and take care of the centre's facilities.



## 学无止境

长者也很喜欢学习英语会话和工艺, 甚至帮助中心的工作人员和义工推动各种活动和计划。

卫理福利服务与卫理公会卫斯理堂合作推行的一项社区外展计划。

# THE MWS VOLUNTEERING EXPERIENCE



1. Mdm Rosy Oh leads residents at CMH in weekly music therapy sessions.

## FINDING A CAUSE CLOSE TO YOUR HEART

1,386 individual and 120 groups of volunteers from churches, schools, corporations and informal groups were drawn to MWS centres last year. At MWS, there is a cause for every passion. Our 17 centres and programmes care for more than 12,000 beneficiaries a year, covering five main causes and serving the young to old.

Volunteers offered their professional skills, used their interests or hobbies and mobilised their communities to serve our beneficiaries. Be it directly, like giving our nursing home residents a manicure to brighten their day, or indirectly, like volunteering their photography skills to help raise funds, our centres' diverse needs have been met by caring volunteers from all walks of life.



**1,386**  
Individuals

**120**  
Groups

“ You will be enriched in every way so that you can be generous on every occasion... your generosity will result in thanksgiving to God. ”

2 Corinthians 9:11



2. Ms Fun Yen San (right) and Ms Thang Cheong Fong (centre) started a group that conducts weekly light hand exercises at BMNH.

## MAKING REAL AND DIRECT IMPACT

Through our volunteers, the lives of our beneficiaries have been changed. 117 volunteers served in 21 committees last year. These volunteers represent our key stakeholders and have a symbiotic working relationship with MWS centres and head-quarters. They participated actively in the leadership of our centres in the delivery of services and provided constant and direct feedback in the process. Many other volunteers were engaged directly with the beneficiaries. From tutoring disadvantaged children, mentoring at-risk youths, giving socio-emotional support to needy families, organising morning exercises for seniors and escorting the ill for medical appointments, each effort, kind word and thoughtful deed, big or small, has contributed to enriching the lives of beneficiaries.

## BEING ENRICHED THROUGH VOLUNTEERING

Ms Fun Yen San has been visiting the residents of Bethany Methodist Nursing Home every week for the last nine years. With some other volunteers, she conducts weekly light hand exercises choreographed to upbeat music to help the elderly strengthen their limbs and mobility.

Strong bonds have been forged with the residents. She knows many of them by name, catching up with one another each time she visits.

But Yen San says she has received a lot from the residents as well. Her experience with them has led her to cherish health, and to serve whenever she can.

# FUNDRAISING EVENTS

## **Fellowship on the Greens (30 July 2014)**

MWS' annual Charity Golf Tournament – Fellowship on the Greens, was convened by Paya Lebar Chinese Methodist Church in 2014. It brought together 208 golfers and corporate sponsors for a day of fellowship among friends and fellow supporters of MWS, and raised over \$400,000. Fellowship on the Greens was pioneered in 1989 by the late Dr Tay Eng Soon and the late Mr Edwin Chan.

## **STEPS For A Cause (30 August 2014)**

Organised by the youths from the Chinese Annual Conference Board of Youth Ministry, STEPS For A Cause gathered more than 700 runners and raised more than \$150,000 for MWS' Walk With The Poor Programme. Beyond raising funds for MWS, STEPS also aimed to nurture compassion in the next generation to care about the needs of the underprivileged while grooming them for future leadership.

## **An Enchanted Evening (4 January 2015)**

It was an evening filled with slick ballroom performances, dancing and entertainment, as well as heartwarming fundraising for MWS beneficiaries. The charity ball raised more than \$300,000 for MWS' centres and programmes.

## **Hong Bao Drive (February 2015)**

Students from 17 schools and church kindergartens shared some of their hong bao money with the less fortunate during Chinese New Year, giving over \$69,000.



# ORGANISATION CHART

## BOARD OF GOVERNANCE



**SEATED**  
(LEFT TO RIGHT)

Florence Lim (CFSC Director), Kwok Siat Yee (WSAC Supervisor), Florence Ho (CMH Director), Jenny Bong (Group Executive Director), Teo Khoon Seng (Charis ACE Manager), Yap Lee Lee (Communications & Fundraising Director), Correen Chua (Human Resources Director)

**STANDING**  
(LEFT TO RIGHT)

Fong Mee Sim (Finance & Administration Group Director), Rev Irman Halim (FWCS Director), Rev Dr Norman Wong (Chaplain), Sujeeta Menon (RSG Head), Connie Ng (DFSC Director), Dr Yim Sau Kit (AMH & BMNH Director), Joachim Lee (TFSC Director), Julie Tan (DJCC Principal)

**NOT IN PHOTO**

Debra Mok-Chan (Service Planning & Development Director)

# THE MWS FAMILY



1. MWS Headquarters

2. Bethany Methodist Nursing Home

3. Charis Activity Centre For Elders

4. Covenant Family Service Centre

5. Wesley Seniors Activity Centre

6. Christalite Methodist Home

7. Agape Methodist Hospice (Homecare)



8. Daybreak Student Care Centre  
9. Residence @ St. George's

10. FamilyWorks Community Services  
11. Tampines Family Service Centre

12. Daybreak Family Service Centre  
13. D'Joy Children's Centre

# CENTRE GOVERNANCE COMMITTEES

## AGAPE METHODIST HOSPICE (HOMECARE)

Chairperson	Mr Chan Wing Leong
Vice-Chairperson	Dr Agnes Ng
Members	Dr Chen Ai Ju Dr Ting Wen Chang Mr David Row Ms Lai Bew Meng Mrs Tan Ee Leng

MWS Board of Governance (BOG) Rep.

## BETHANY METHODIST NURSING HOME

Chairperson	Rev Dr Daniel Koh Kah Soon
Members	Mr David Wong, BBM, PPA, PBM Dr David Foo Chee Guan Mr Chan Kum Kit Mr Andrew Lee Dr Chen Ai Ju Dr Ong Peck Leong Ms Mak Wei Munn Dr Esther Tan Dr Michael Ong Chin Cheong Mr David Ang (From 14 Feb 2015) Ms Audrey Lee (From 14 Feb 2015) Mr Dex Khor Teik Heng (From 14 Feb 2015)

## CHARIS ACTIVITY CENTRE FOR ELDERS

(Partner Church: Charis Methodist Church)

Chairperson	Prof Lionel Lee Kim Hock
Vice-Chairperson	Mr Robert Goh Say Hong
Secretary	Mr Richard Tan Keng Hee
Members	Mr Khoong Hock Yun Dr Tan Soh Cheok Rev Helen Hoe Chiew Ngin Dr Lee Wee Leong Dr David Foo Chee Guan Mr David Wong, BBM, PPA, PBM

## CHRISTALITE METHODIST HOME

(Partner Church: Christ Methodist Church)

Chairperson	Mr Ling Ting Soo
Secretary	Ms Florence Lee
Treasurer	Mrs Seow-Soon Yang San
Members	Col (Retired) Raymond Tan Mr Stanley Lee Dr Peter Ng Mr Freddy Wan Ms Anne Phan (From 14 Feb 2015) Mr Mark Chan Tuck Hoe (From 14 Mar 2015) Rev David Ho Gim Pin (Till 31 Dec 2014) Ps Barnabas Chong Chien Chih (From 1 Jan 2015) Mr Joseph Toh Guan Kiat

Ex-Officio

MWS BOG Rep.

## COVENANT FAMILY SERVICE CENTRE

(Partner Church: Paya Lebar Methodist Church)

Chairperson	Mr Choi Chik Cheong
Vice-Chairperson	Mr Keong Choon Jin
Treasurer	Mr Herbert Ng Choon Ling
Members	Mr Richard Yeo Lee Hock Mrs Magdalene Low Siah Ing Mr Jimmy Leong Yue Wah Ms Emily Kang Lay Hoon (Till 7 Dec 2014) Mr Jiang Ke-yue Mr Chan Kah Guan Mr Seow Chuan Bin (Till 16 Sep 2014) Rev Lynette Sathiasingam (Till 15 Apr 2014) Rev Irene Thung (From 16 Apr 2014) Mr Robin Cheong Chak Khiong

Ex-Officio

MWS BOG Rep.

## DAYBREAK FAMILY SERVICE CENTRE

Chairperson	Mr Albert Lim Song Khuan
Vice-Chairperson	Mrs Jocelyn Foo
Treasurer	Mr Yuen Chee Onn
Secretary	Mrs Teresa Kuek
Members	Mrs Linda Haverkamp-Heng Phok Lang Ms Lucy Ong Ms Goh Poh Gek

## D'JOY CHILDREN'S CENTRE

(Partner Church: Hinghwa Methodist Church)

Chairperson	Mr Yap Chee Heng (Till 30 Nov 2014) Mr Soon Kay Hock (From 1 Dec 2014)
Vice-Chairperson	Mr Soon Kay Hock (Till 30 Nov 2014) Mr Yap Chee Heng (From 1 Dec 2014)
Members	Mrs Maggie Khoo Mrs Mary Seah Mdm Yong Joo Yeap Rev Dr David Koh Ah Chye Mr Daniel Wong Dr Lee Wee Leong

Ex-Officio

MWS BOG Rep.

## FAMILYWORKS COMMUNITY SERVICES

(Partner Church: Changi Methodist Church)

Chairperson	Mr Freddie Chew
Vice-Chairperson	Mr Philip Ong Hui Leong
Members	Ms Faith Sing Mui Leng Mr Dennis Chua Teck Meng Mr Alvin Ng Tien Hock Rev Jasper Sim Shenq Chyi Mr David Wong, BBM, PPA, PBM

Ex-Officio

MWS BOG Rep.

## RESIDENCE @ ST. GEORGE'S

(Partner Agency: General Conference – Women's Society of Christian Service)

<b>Chairperson</b>	Mrs Lydia Sng
<b>Vice-Chairperson</b>	Ms Flora Chew
<b>Members</b>	Mrs Lydia Han Ho Yue Mrs Susan Thomas (Till 30 Sept 2014) Ms Connie Lim Hee Cheng (Till 30 Sept 2014) Ms Irene Leela (From 1 Oct 2014) Ms Emily Tan Leh Kwang (From 1 Oct 2014) Ms Ko Joan Chin Ms Dorothy Lim Mrs Fong Loo Fern
<b>Ex-Officio MWS BOG Rep.</b>	

## TAMPINES FAMILY SERVICE CENTRE

(Partner Church: Pentecost Methodist Church)

<b>Chairperson</b>	AP Debbie Ong Siew Ling (Till 15 Oct 2014) Mr Raymond Khoo (From 16 Oct 2014)
<b>Treasurer</b>	Ms Sandra Lee Siew Eng
<b>Members</b>	Dr Tan Kee Wang Mr Raymond Khoo (Till 15 Oct 2014) Mdm Tay Chor Lin Mr Leong Hoe Yin (From 1 Oct 2014) Rev Dr Daniel Koh Kah Soon
<b>MWS BOG Rep.</b>	

## WESLEY SENIORS ACTIVITY CENTRE

(Partner Church: Wesley Methodist Church)

<b>Chairperson</b>	Mr Daniel Chan
<b>Vice-Chairperson</b>	Mr Leow Kim Liat
<b>Members</b>	Ms Shirley Koo Mr Liew Yuen Loong Mr Tang Ang Cheong, PBM Mr Woo Sui Kee, BBM, PBM Mr David Wong, BBM, PPA, PBM Rev Dr Kow Shih Ming Ms Denise Phua Lay Peng
<b>MWS BOG Rep.</b>	
<b>Ex-Officio Adviser</b>	



1. Agape Methodist Hospice (Homecare)
2. Bethany Methodist Nursing Home
3. Charis Activity Centre For Elders
4. Christlike Methodist Home
5. Covenant Family Service Centre
6. Daybreak Family Service Centre
7. Day Children's Centre
8. FamilyWorks Community Services
9. Residence @ St. George's
10. Tampines Family Service Centre
11. Wesley Seniors Activity Centre

# COMMITTEES

## AUDIT COMMITTEE

Chairperson Mr Chan Kum Kit  
 Member Mr Ronnie Gan Seow Khaw

## BURSARY PROGRAMME STANDING COMMITTEE

Chairperson Mr Terence Wee Jin Zoo

## COMMUNICATIONS COMMITTEE

Chairperson Mrs Tan Ee Leng  
 Members Mr Leow Kim Liat  
 Ms Kim Faulkner  
 (Till 16 Feb 2015)  
 Ms April Lee

## FINANCE COMMITTEE

Chairperson Mr Joseph Toh Guan Kiat  
 Members Mrs Fong Loo Fern  
 Mr Robin Cheong Chak Khiong  
 Mr David Wong, BBM, PPA, PBM

## FUNDRAISING COMMITTEE

Chairperson Mr Albert Lim Song Kiang  
 Members Mr Gan Kok Beng  
 Mr Lee Chong Min  
 Mrs Fong Loo Fern  
 Mr Christopher Tay

## HUMAN RESOURCES COMMITTEE

Chairperson Mrs Loh Chay Leng  
 Members Mr Aubeck Kam Tse Tsuen  
 Mr Lim Tat  
 Mrs Elaine Chua

## INVESTMENT COMMITTEE

Chairperson Mr David Wong, BBM, PPA, PBM  
 Members Mr Yow Chi Mun  
 Mr Tung Siew Hoong  
 Mrs Fong Loo Fern  
 Mr Clifford Lee Hock Tan

## INFORMATION TECHNOLOGY COMMITTEE

Chairperson Dr Lee Wee Leong

## NOMINATIONS COMMITTEE

Chairperson Mr David Wong, BBM, PPA, PBM  
 Members Rev Dr Daniel Koh Kah Soon  
 Mr Albert Lim Song Kiang  
 Rev Chua Ooi Suah  
 Mr Han Hai Kwang  
 Mrs Tan Ee Leng

# DONATION FORM



## DONOR'S DETAILS

MR/MDM/MS/REV/DOR/PROF\*

NAME \_\_\_\_\_ NRIC/FIN NO \_\_\_\_\_ GENDER M/F# \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

OCCUPATION \_\_\_\_\_ PLACE OF WORSHIP (IF ANY) \_\_\_\_\_ EMAIL \_\_\_\_\_

CONTACT (H) \_\_\_\_\_ (O) \_\_\_\_\_ (M) \_\_\_\_\_ ADDRESS \_\_\_\_\_

## DONATION DETAILS

I AM PLEASED TO MAKE A CONTRIBUTION OF THE FOLLOWING AMOUNT **(ONE TIME DONATION)**

\$250  \$150  \$100  \$80  \$50 OTHER AMOUNT \_\_\_\_\_

I AM PLEASED TO MAKE A CONTRIBUTION OF THE FOLLOWING AMOUNT **(MONTHLY DONATION)**

\$80  \$50  \$20  \$10 OTHER AMOUNT \_\_\_\_\_

I WOULD LIKE TO MAKE MY DONATION THROUGH

CHEQUE NO \_\_\_\_\_ BANK \_\_\_\_\_  GIRO (PLEASE COMPLETE FORM BELOW)

VISA/MASTERCARD NO (MINIMUM \$10) \_\_\_\_\_ EXPIRY DATE \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

SIGNATURE \_\_\_\_\_

Your personal donation is eligible for 3 times tax deduction in 2015. Please provide us your particulars especially your NRIC/FIN No for submission to Inland Revenue Authority of Singapore for automatic tax deduction. For non-individual donors, please provide ACKM/EN No.

Please be assured that your personal information will be kept strictly confidential except that Methodist Welfare Services (MWS) may collect, use and disclose your personal data for the purposes of:  
(a) Administering your donations to MWS (including without limitation, disclosing to IRAS for tax deduction purposes);  
(b) Communications pertaining to your donations; and  
(c) Communicating and updating you on other charity initiatives or related activities including soliciting donations and volunteers for activities or programmes organised by MWS or other charitable organisations.

By submitting this form you hereby consent to MWS collecting, using and disclosing your personal data for the purposes set out above.

## GIRO APPLICATION FORM

PART 1: FOR DONOR'S COMPLETION

NAME \_\_\_\_\_ NRIC/FIN NO \_\_\_\_\_ DATE \_\_\_\_\_ BRANCH \_\_\_\_\_

TO: (NAME OF BANK) \_\_\_\_\_ NAME OF BILLING ORGANIZATION: **METHODIST WELFARE SERVICES**

- (1) Please refer to the instruction to process BO's instructions to debit my/bank account.
- (2) You are entitled to reject the BO's debit instruction if my/bank account does not have sufficient funds and charge my/bank a fee for this. You may also at your discretion allow the debit even if this results in an overdraft on the account and incurr charges accordingly.
- (3) This authorization will remain in force until terminated by your written notice sent to my/bank address last known to you or upon receipt of my/bank written revocation through Methodist Welfare Services.

MY/OUR# NAME(S) (AS IN ACCOUNT) \_\_\_\_\_ MONTHLY DONATION (PAYMENT LIMIT) \$ \_\_\_\_\_

MY/OUR# ACCOUNT NUMBER \_\_\_\_\_ MY/OUR# CONTACT (TEL/FAX) NO(S) \_\_\_\_\_

MY/OUR# COMPANY STAMP/SIGNATURE(S)/THUMBPRINT(S)\*  
(AS IN BANK'S RECORD)

PART 2: FOR MWS' COMPLETION

BANK	BRANCH	MWS ACCOUNT NO.														
7	1	7	1	0	3	3	0	3	3	0	1	6	5	6	9	2

BANK	BRANCH	ACCOUNT NO. TO BE DEBITED														

MWS CUSTOMER REFERENCE NO.																

PART 3: FOR BANK'S COMPLETION

TO: **METHODIST WELFARE SERVICES**

THIS APPLICATION IS HEREBY REJECTED FOR THE FOLLOWING REASON(S) (PLEASE INDICATE)

- SIGNATURE/THUMBPRINT\* DIFFERS FROM THE BANK'S RECORDS#
- AMENDMENTS NOT COUNTERSIGNED BY CUSTOMER
- ACCOUNT OPERATED BY SIGNATURE/THUMBPRINT\*
- SIGNATURE/THUMBPRINT\* INCOMPLETE/UNCLEAR#
- WRONG ACCOUNT NUMBER  OTHER#

NAME OF APPROVING OFFICER: \_\_\_\_\_ AUTHORISED SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

PLEASE MAIL THE COMPLETED FORM  
TO MWS HQ @ 70 BARKER RD, #05-01 S'POSSRE

\* For thumbprints, please go to the Branch with your identification documents  
# Please delete where is applicable

AK00

Please seal along the sides. Please do not enclose cash.

**At Methodist Welfare Services, we serve many individuals and families who struggle to get by. They need all the assistance they can get. A small gesture will make a big difference to their lives!**

- \$50 can help engage our seniors in meaningful programmes and activities
- \$360 can provide a disadvantaged student with a month's worth of tuition at our student care centre
- \$625 can provide financial assistance for five families under our "Walk with the Poor" Programme for a month
- \$2,000 can provide five students with financial support for their educational needs under the MWS Bursary Programme for a year

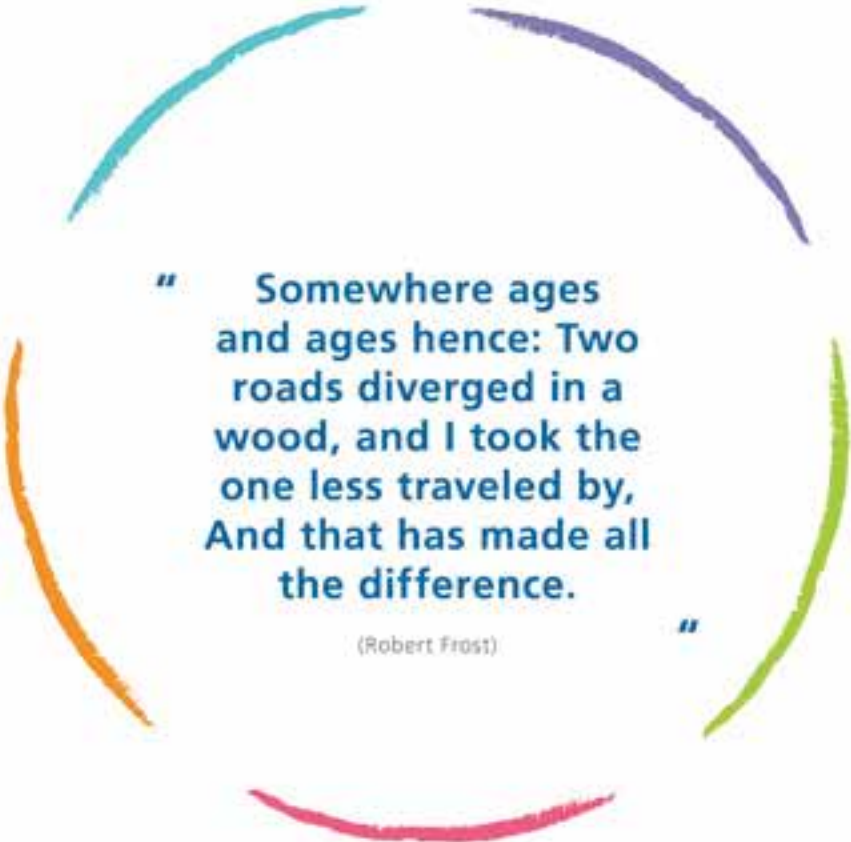


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METHODIST WELFARE SERVICES  
70 BARKER ROAD #05-01  
SINGAPORE 309936



**“ Somewhere ages  
and ages hence: Two  
roads diverged in a  
wood, and I took the  
one less traveled by,  
And that has made all  
the difference. ”**

(Robert Frost)



Thanks to you, we can continue our mission of caring for the poor and needy.  
We, and those we serve, deeply appreciate your generosity and support.

# MWS CENTRES AND OUTREACH SERVICES

## UNDERPRIVILEGED CHILDREN

### DAYBREAK STUDENT CARE CENTRE

7 Yishun Avenue 4 Singapore 769028

t 6100 1577 f 6757 0795

e dscc@mws.sg

### D'JOY CHILDREN'S CENTRE

1 Maude Rd #03-30 Singapore 200001

t 6294 9960 f 6294 9597

e djcc@mws.sg

### MWS BURSARY PROGRAMME (ADMINISTERED BY MWS HQ)

t 6478 4700

e admin@mws.sg

## AT-RISK YOUTH

### RESIDENCE @ ST. GEORGE'S

1 St. George's Lane Singapore 328047

t 6391 0567 f 6296 0942

e rsg@mws.sg

## DISTRESSED FAMILIES

### COVENANT FAMILY SERVICE CENTRE

613 Hougang Avenue 8 #01-432

Singapore 530613

t 6282 8558 f 6283 6361

e cfsc@mws.sg

### DAYBREAK FAMILY SERVICE CENTRE

855 Yishun Ring Road #01-3539

Singapore 760855

t 6756 4995 f 6752 4709

e dfsc@mws.sg

### TAMPINES FAMILY SERVICE CENTRE

470 Tampines Street 44 #01-194

Singapore 520470

t 6787 2001 f 6787 4459

e tfsc@mws.sg

## FAMILYWORKS COMMUNITY SERVICES

Sengkang Central Post Office P. O. Box

865 Singapore 915408

t 9769 5892

e fwcs@mws.sg

## WALK WITH THE POOR PROGRAMME (ADMINISTERED BY MWS HQ)

t 6478 4700

e wwtp@mws.sg

## CHRONICALLY ILL, DESTITUTE AND FRAIL

### AGAPE METHODIST HOSPICE (HOMECARE)

2 Kallang Avenue CT Hub #08-14

Singapore 339407

t 6435 0270 f 6435 0274

e amh@mws.sg

### BETHANY METHODIST NURSING HOME

9 Choa Chu Kang Avenue 4

Singapore 689815

t 6314 1580 f 6314 1576

e bmnh@mws.sg

### CHRISTALITE METHODIST HOME

51 Marsiling Drive Singapore 739297

t 6368 5179 f 6368 7127

e cmh@mws.sg

### MWS HOMEJOY (ADMINISTERED BY MWS HQ)

t 8799 7993

e hj@mws.sg

## SOCIALLY ISOLATED

### CHARIS ACE

125 Geylang East Avenue 1 #01-05

Singapore 381125

t 6842 0497 f 6842 0495

e cace@mws.sg

### WESLEY SENIORS ACTIVITY CENTRE

25 Jln Berseh #01-142 Singapore 200025

t 6298 0195 f 6298 0245

e wsac@mws.sg

# FINANCIAL HIGHLIGHTS

<b>FUNDRAISING EFFICIENCY RATIO</b>	<b>FY2014/15</b>	<b>FY2013/14</b>
	<b>\$</b>	<b>\$</b>
Donations	5,991,976	3,626,968
Fundraising Income	4,881,784	4,561,758
Sponsorships	165,679	79,021
<b>Total Donations and Sponsorships</b>	<b>11,039,439</b>	<b>8,267,747</b>
Direct Fundraising Expenses	172,245	216,051
Indirect / Allocated Costs	186,482	166,181
Sponsorships	165,679	79,021
<b>Total Fundraising Expenditure</b>	<b>524,406</b>	<b>461,253</b>
<b>Donations Channelled to Programmes/Centres</b>	<b>10,515,033</b>	<b>7,806,494</b>
<b>Fundraising Efficiency Ratio without sponsorship</b>	<b>3%</b>	<b>5%</b>
<b>Fundraising Efficiency Ratio with sponsorship</b>	<b>5%</b>	<b>6%</b>

*The basis of computation for Fundraising Efficiency Ratio has been amended to reflect fair deployment of manpower resources (under Indirect/Allocated Costs)*

## **GROSS ANNUAL SALARY BANDS WITH CORRESPONDING NUMBER OF EMPLOYEES AS AT 31 MARCH 2014**

<b>Gross Annual Salary Range (\$\$)</b>	<b>Number of Employees</b>	
	<b>FY2014/15</b>	<b>FY2013/14</b>
Up to \$100,000	349	345
\$100,001-\$200,000	8	7
\$200,001-\$300,000	1	0
<b>Total</b>	<b>358</b>	<b>352</b>